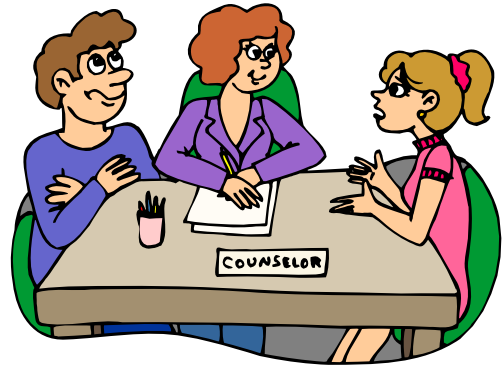


# School Psychologists, Counsellors and Social Workers:



## Resources to Meet Your Needs

*A list of professional materials available for borrowing  
from the Stewart Resources Centre – September 2008*

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## The STF Stewart Resources Centre – CHECK US OUT!

In order to serve you better, we have compiled the following list of resources that directly address some of your professional needs. We hope you find this publication helpful, and we would be pleased to hear from you if you would like us to continue producing more specialized resource lists, or if you have suggestions on how we can improve our service to you. We want to serve you better!

We make it easy for you to use the Stewart Resources Centre:

- For schools outside of Saskatoon, we mail our resources directly to you and provide a postage-paid mailing label for you to use to mail the resources back to us. (Audio-visual resources are excluded from the Canada Post library mailing rate, so you will need to pay postage to return these items.)
- For schools in Saskatoon, your resources arrive at your school through the weekly inter-school mail delivery. Materials may also be returned to us using this courier system.
- You don't need to know the exact titles for resources you need. Provide a topic and an approximate grade level at which you would like to use the materials, and we will do the rest!
- We are accessible 24 hours a day through the STF website: [www.stf.sk.ca](http://www.stf.sk.ca) You may search our catalog online or e-mail us your resource requests at: [src@stf.sk.ca](mailto:src@stf.sk.ca)
- Call us! STF members may call the Stewart Resources Centre toll-free at 1-800-667-7762, ext. 202, or we can be reached at 373-1660, ext. 202 for local calls.
- Visit us in person! We are open 8:30 a.m. to 5:00 p.m. from Monday to Friday.





372.14 K53

**Academic advisement program for grades 4-6 : lessons, activities, games and reproducible forms & handouts to help students become more successful in school / King, Lisa.**

Chapin, SC: YouthLight, 2006.

Subjects: Counseling in elementary education. Study skills.

Summary: What programs are being implemented in your counseling program to meet the needs of academically at-risk students? If you need a program to fill this need at your school, this book is for you. Here, you will find an easy-to-implement outline of an academic advisement program for grades 4-6. This program is a combination of group and individual sessions and includes: an orientation session, five group sessions, and three individual sessions. Competencies covered in this program are: stress management, goal-setting, procrastination, organization, motivation, testing skills, learning styles, and more.

371.93 D931

**ADHD in the schools : assessment and intervention strategies (2<sup>nd</sup> ed.) / DuPaul, George J. Stoner, Gary D.**  
New York: Guilford Press, 2003.

Subjects: Attention-deficit-disordered children - Education. Attention-deficit hyperactivity disorder - Diagnosis.

Summary: This popular reference provides essential guidance for school-based professionals meeting the challenges of ADHD at any grade level. Comprehensive and practical, the book includes several reproducible assessment tools and handouts.

152.47 K19



**Anger management : the complete treatment guidebook for practitioners /**  
Kassinove, Howard. Tafrate, Raymond Chip.

Atascadero, CA: Impact Publishers, 2002.

Subjects: Anger. Conflict management.

Summary: This detailed manual for practitioners presents a comprehensive state-of-the-art anger management program. The authors are distinguished researchers, teachers and practitioners in the field of anger management, and their book offers a detailed, research-based and empirically validated "anger episode model."

This indispensable resource for human service professionals emphasizes how to help clients understand, manage, and prevent unhealthy anger. The book is packed with detailed procedures, examples, exercises, and client handouts.

616.8589 S128

**Art therapy and AD/HD : diagnostic and therapeutic approaches / Safran, Diane Stein.**

London, England: Jessica Kingsley, 2002.

Subjects: Attention-deficit hyperactivity disorder. Art therapy.

Summary: Demonstrates how art therapy can assist with diagnosis and provides a means of helping to improve skills such as concentration and focus, boost self-esteem, and cope with impulsivity. Explores ways of using art therapy and setting up art therapy groups, and offers detailed guidance on sessions.

371.91 B347

**Assisting students with disabilities : a handbook for school counselors (2<sup>nd</sup> ed.) / Baumberger, Julie P.**  
Harper, Ruth E.

Thousand Oaks, CA: Corwin Press, 2007.

Subjects: Students with disabilities - Counseling of.

Summary: This handbook revisits the important role that school counselors play in the personal, social, academic, and career development of students with disabilities. This new edition provides: tips for observing and gathering data on students; guidelines for designing services collaboratively with other school staff and parents; strategies for integrating the needs of individual students in comprehensive school counseling programs; and more.

\* Annotations have been excerpted from book descriptions provided by the publishers.

618.928588 A939

**Autism [DVD] : the road back**

Montreal, QC: National Film Board, 2006.

Subjects: Autism in children

Summary: This film charts the personal journey of three BC families with children who have been diagnosed with Autism Spectrum Disorder. It talks to parent service providers and experts in the field about assessment, diagnosis, and options available for treatment, and provides guidance for families trying to navigate their way through the challenges of ASD in the first six years of their child's life.

371.94 A939

**Autism methodologies : best practices and legal trends** / Bevilacqua, Stephen. Norlin, John W.

Horsham, PA: LRP Publications, 2004.

Subjects: Autistic children - Education. Autistic children - Education - Law and legislation.

Summary: This booklet provides advice for school districts and parents on how to help students with autism. The first section of this booklet, "Methodology and the IEP" addresses some program pitfalls and other pertinent advice about IEP meetings. The second section addresses individual programming for students with autism. The third section sheds light on statements that can jeopardize school-to-parent relationships.

618.928982 A939

**Autism spectrum disorders and the SCERTS model [DVD] : a comprehensive educational approach /**

Prizant, Barry M.

Port Chester, NY: National Professional Resources, 2005.

Subjects: Autism in children. Autistic children - Rehabilitation. Developmental disabilities.

Summary: SCERTS refers to the core components of the model: Social Communication (SC), Emotional Regulation (ER), and Transactional Supports (TS). This multidisciplinary, research-based model was developed by a team including Barry Prizant, Amy Wetherby, Emily Rubin, Amy Laurent and Patrick Rydell. This video series provides an overview of the SCERTS model and demonstrates its application in classroom, community, and home environments for children in early intervention through the primary school grades.

371.93 L985

**The behavior disorder IEP companion : objectives, interventions, and strategies** / Brown, Molly Lyle.

East Moline, IL: LinguSystems, Inc., 2003.

Subjects: Behavior modification. Problem children - Behavior modification. Problem youth - Behavior modification. Individualized instruction. Learning disabled children - Behavior modification. Learning disabled youth - Behavior modification.

Summary: The Behavior Disorder IEP Companion is designed for use with students who exhibit behaviours that keep them from fitting into and succeeding in the regular classroom and in handling "normal" everyday social situations. This includes students with a variety of disabilities such as: learning disabilities, attention deficit disorder, mild mental disabilities, autism, and language. You'll get: behaviour monitoring charts, problem-solving sheets, suggestions for setting up a positive classroom environment, and handy tips for diagnosing and assessing behaviour disorders. Your students will learn: self-management strategies, problem-solving skills, and self-control techniques. All of this works together to help your students get along with and gain acceptance from their peers and others.



371.9 B573

**Beyond F.A.T. city [DVD] : a look back, a look ahead** / Lavoie, Richard D.

Alexandria, VA: PBS Video, 2005.

Subjects: Learning disabilities. Learning disabled children. Children with disabilities - Education. Special education.

Contents: 1 DVD and 1 viewer's guide.

Summary: Offers practical strategies and inspirational advice for teachers and parents of children with learning disabilities who constantly struggle with Frustration, Anxiety, and Tension (F.A.T.).

617.481 P886

**The brain injury workbook : exercises for cognitive rehabilitation** / Powell, Trevor J. Malia, Kit. Headway (Organization).

Bicester, Great Britain: Speechmark, 2003.

Subjects: Brain damage - Patients - Rehabilitation. Group counseling.

Summary: This is comprehensive workbook that contains over 140 cognitive rehabilitation exercises, tailored for memory, thinking skills, executive functions, awareness and insight, and emotional adjustment. It provides more than 40 information sheets on key problem areas, with questions for the reader, designed to educate and stimulate thinking and discussion, and it is suitable for use with both individuals and groups. This book also includes questionnaires for clients to complete with or without help and quizzes to evaluate and encourage information retention.

371.82694 N426

**Breaking the learning barrier for underachieving students : practical teaching strategies for dramatic results** / Nelson, George D.

Thousand Oaks, CA: Corwin Press, 2006.

Subjects: Learning disabled children - Education. Learning strategies. Students with disabilities - Education.

Summary: Provides a strong theoretical understanding of learning styles, focusing on at-risk, or "dramatic" learners, and why traditional teaching methods fail to meet their educational needs. Offering innovative yet practical teaching strategies, disciplinary policies, and lesson plans designed to engage even the most reluctant learners, the author demonstrates the importance of the principles that guide his groundbreaking work with at-risk students: learning requires active involvement, participation, and effort from the learner; learners need dramatic elements to gain meaning and inspiration; teachers must consider the values and preferences of the learner; and learning must be fun.

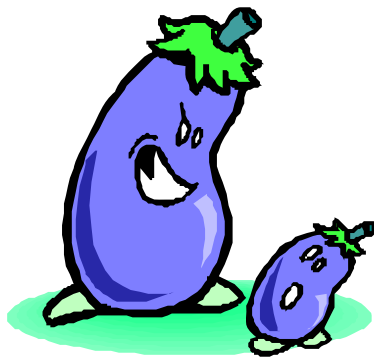
155.937 G619

**Breaking the silence : a guide to helping children with complicated grief - suicide, homicide, AIDS, violence, and abuse (2<sup>nd</sup> ed.)** / Goldman, Linda.

Philadelphia, PA: Brunner-Routledge, 2001.

Subjects: Grief in children. Bereavement in children. Grief therapy.

Summary: This book is designed for mental health professionals, educators, and the parent/caregiver. It provides specific ideas and techniques to work with children in various areas of complicated grief. It presents words and methods to help initiate discussions of these delicate topics, as well as tools to help children understand and separate complicated grief into parts. These parts in turn can be grieved for and released one at a time.



371.58 W722

**The bully, the bullied and beyond : help for bullies, victims and bystanders : grades 5-12** / Williams, Esther.

Chapin, SC: YouthLight, 2005.

Subjects: Bullying. Bullying - Prevention.

Summary: This book will provide you with a comprehensive set of lessons that will help eliminate bullying in your school. It includes nearly 300 pages of insights and skill-building activities for children who are bullies, bully victims, and bystanders.

372.372 C271 OVERSIZE

**The c.a.r.e. kit [kit] : challenge abuse through respect education : a personal safety program for children ages 5-9**

Ottawa, ON: Canadian Red Cross, 2002.

Subjects: Child sexual abuse - Prevention - Study and teaching (Primary). Touch - Study and teaching (Primary). Hugging - Study and teaching (Primary). Body, Human - Study and teaching (Primary).

Summary: A personal safety program with a focus on child sexual abuse prevention, also encompassing family and relationship violence, peer harassment, abuse and harassment in sports, recreation and culture.

372.14 H884

**The caring counselor's book of reproducibles** / Hudgins, Maryann.

Chapin, SC: YouthLight, 2005.

Subjects: Counseling in elementary education.

Summary: Includes more than 100 lively, professional-quality printables for children, school staff, and parents relating to elementary school counseling. The entire collection is easy to reproduce and will give your developmental guidance program a creative edge.

649.64 M966

**Changing children's behavior by changing the people, places, and activities in their lives** / Munger, Richard L.

Boys Town, NE: Boys Town Press, 2005.

Subjects: Child development. Child psychology. Problem children - Behavior modification. Behavior disorders in children - Prevention.

Summary: The author makes the case that the environments in which a child lives, plays, and studies are even more important than personality in shaping the child's behaviour - for good or bad. So, he says, making changes in the people, places, and activities in a child's life can have profound effects on his or her behaviour.

618.928521 G816

**Child trauma handbook : a guide for helping trauma-exposed children and adolescents** / Greenwald, Ricky.

New York: Haworth Press, 2005.

Subjects: Psychic trauma in children - Treatment. Psychic trauma in adolescence - Treatment. Post-traumatic stress disorder in children - Treatment. Post-traumatic stress disorder in adolescence - Treatment.

Summary: A comprehensive plain-language guide to the treatment of trauma-exposed children and adolescents and those with trauma or loss-related issues. This no-nonsense manual helps the reader understand how and why kids' behaviours can be related to their history of trauma while teaching practical hands-on clinical skills and interventions.

372.146 B885

**Children in turmoil : activities to help during family transition** / Brozovich, Richard. Chase, Linda.

Austin, TX: PRO-ED, 2007.

Subjects: Stress in children - Study and teaching. Life change events - Study and teaching. Self-esteem - Study and teaching. Social interaction in children - Study and teaching.

Summary: Disruptions in family life occur at an alarming rate, and children experience emotional distress. This book provides a set of clinically-proven activities to engage children in behaviours that will improve their social and emotional health. The authors have blended powerful cognitive-behavioural techniques, social learning theory, and practical clinical experience to create these therapeutic activities. The activities enable you to engage children in practicing developmentally-appropriate behaviours that target specific goals. Included are activities designed to: increase behaviours linked to improved self-esteem; provide practice in positive social interactions; learn behaviours to control anger; change perceptions from negative to positive; and promote positive thinking through positive actions.



371.4 R125

**Classroom and small group activities for teachers, counselors, and other helping professionals : vol. I : pre-K-12 and beyond** / Radd, Tommie R.

Omaha, NE: Grow With Guidance, 2003.

Subjects: Educational counseling. Group work in education.

Summary: Volume I includes activities for the self and for decision-making/problem-solving.



371.4 R125

**Classroom and small group activities for teachers, counselors, and other helping professionals : vol. II : pre-K-12 and beyond / Radd, Tommie R.**

Omaha, NE: Grow With Guidance, 2003.

Subjects: Educational counseling. Group work in education.

Summary: Volume II includes activities for other awareness, self-control, and group cooperation.

618.9289 M129

**Clinical interviews for children and adolescents : assessment to intervention / McConaughy, Stephanie H.**  
New York: Guilford Press, 2005.

Subjects: Interviewing in child psychiatry. Interviewing in adolescent psychiatry.

Summary: Crafted to meet the day-to-day needs of school psychologists and other practitioners working with children, this book offers guidelines for interviewing children of different ages - as well as their parents and teachers - and for weaving the resulting data into multi-method assessment and intervention planning.

Coverage encompasses school issues, peer and family relations, problem behaviour, and more, with special chapters on assessing suicidality and violence risks. The book also includes many detailed case illustrations and reproducible interview tools.



155.4 B545

**Common parenting issues : handouts for professionals working with children & families / Betoin, Cathy.**

Bicester, England: Speechmark, 2005.

Subjects: Child psychology. Adolescent psychology. Parenting.

Summary: A series of masters for professional-looking leaflets. Covering the range of issues encountered by parents of children aged 0-16, the leaflets provide clearly written guidance on how to help children with some common problems.

371.425 L274

**Counseling activities for life skills and career development / Langelier, Judy. Schwallie-Giddis. Valier, Claire.**

Austin, TX: PRO-ED, 2003.

Subjects: Vocational guidance. Educational counseling. Career development.

Summary: This book offers a comprehensive resource of ready-to-use lessons and reproducible student activities. Full of motivating experiences, these counseling activities provide you with a step-by-step life skills program for teaching the social, interpersonal, and workplace skills students need to be successful and to get along with others.

372.14 G259

**Counseling by Power Point : a CD-ROM and leader's guide containing 7 dynamic PowerPoint presentations for Elementary School Counselors / Gatewood, Betts H.**

Chapin, SC: YouthLight, Inc., 2005.

Subjects: Counseling in elementary education. Educational counseling.

Summary: Contains 7 presentations on a variety of topics.

Presentation titles are: Elementary School Counselors Have HEART; SELECT : A Collection of Useful and Effective Strategies for Parents; A Picture of Your School Guidance Counselor; How to 'Tend' a Friend; Understanding Being Sad; Cumulus Learns to Control His Anger; and Can You Spell WINNER?. CD-ROM is Windows and Macintosh compatible.



616.855 L973

**Counseling persons with communication disorders and their families (handbook and instructor's manual)** / Luterman, David M.

Austin, TX: PRO-ED, 2001.

Subjects: Communicative disorders - Patients - Counseling of. Rehabilitation counseling.

Summary: Speech-language pathologists and audiologists receive little formal training in dealing with the emotional issues that will confront clients who have communication disorders. The families of those clients also need support in addressing emotions concomitant with communication disorders. Often, the humanistic elements of treatment are superficially addressed, if at all. How therapists deal with these issues, however, has an enormous impact on the effectiveness of their clinical efforts. Luterman addresses this lack of attention to emotions in his *Counseling Persons with Communication Disorders and Their Families*.



370.114 S933

**Cultivating kindness in school : activities that promote integrity, respect, and compassion in elementary and middle school students** / Stuecker, Ric.

Champaign, IL: Research Press, 2004.

Subjects: Kindness - Study and teaching (Elementary). Kindness - Study and teaching (Middle school).

Summary: Promotes a positive school environment, lowers tension among groups, decreases the number of disciplinary reports, and teaches students the social skills they need to be successful adults.

371.58 D279

**Dealing with name-calling** / Gay and Lesbian Educators of B.C.

Vancouver, BC: GALE-BC, 2005.

Subjects: Teasing - Prevention. Bullying - Prevention. Homophobia in schools - Prevention.

Summary: This resource addresses name-calling (homophobic slurs in particular) in the school context, with an important legal update, and various strategies and tips for educators and administrators. It offers six lesson plans that can be adapted for any grade level from 2 to 10, and excellent lists of helpful books, videos and websites.

371.425 B959

**Developing career and living skills** (text & student activity book) / Burkhardt, Mary.

Indianapolis, IN: JIST Works, 2005.

Subjects: Career education. Life skills - Study and teaching (Secondary).

Summary: This program helps students learn: methods for studying; their personality type; strategies for solving problems; the types of skills needed in the workplace; ways to research careers; where to look for jobs; how to apply and interview for jobs; and how to design the lifestyle they will want as adults.

371.4 L264

**Developing children's coping skills : more than 150 ready-to-use strategies for teachers and counselors** / Landy, Lois J.

Indianapolis, IN: KidsRights, 2006.

Subjects: Group guidance in education.

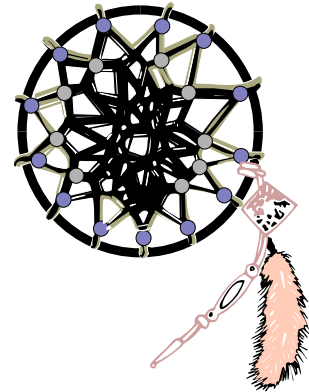
Summary: So many issues - chronic medical conditions, loss, stress, and more - affect the learning and behaviour of today's children. This book provides up-to-date, conveniently presented information and strategies that will strengthen the children whose lives you touch. Through these engaging and field-tested strategies, you can help children develop emotionally and socially, which in turn will help them become more successful academically. You can use the strategies in this book with large groups, small groups, or individuals. The strategies can serve as lessons in the classroom or in counseling sessions. Topics include: academic fitness, anger management, bullying, chronic medical conditions, interpersonal relationships, loss, self-concept, stress, and wellness.

371.425 L749

**Dream catchers : developing career and educational awareness** / Lindsay, Norene.  
Indianapolis, IN: JIST Works, 2004.

Subjects: Career education - Study and teaching (Middle school). Vocational guidance - Study and teaching (Middle school).

Summary: This program uses a nice mix of concepts, stories, and activities to help students gain knowledge of: career clusters and basic career concepts; the relationship between academic skills and occupations; their skills and how they can identify their skills; and how their skills, interests, and abilities tie to the world of work.



371.425 L749

**Dream catchers : teacher's guide : developing career and educational awareness** / Lindsay, Norene.

Indianapolis, IN: JIST Works, 2004.

Subjects: Career education - Study and teaching (Middle school). Vocational guidance - Study and teaching (Middle school).

Summary: The teacher's guide includes at least one lesson plan for each activity in *Dream Catchers*, each with an objective and independent, small group, or class activities. Includes suggestions for integrating reproducible activity sheets into lesson plans. Step-by-step format reduces preparation time.

371.192 W671

**80 creative strategies for working with challenging parents : a resource for elementary, middle & high school professional educators** / Wilde, Jerry.

Chapin, SC: YouthLight, 2005.

Subjects: Parent-teacher relationships. Home and school. Conflict management.

Summary: This book is designed to help professional educators connect with and work more effectively with challenging parents. It provides 80 easy-to-follow strategies, hints, and suggested activities designed to promote effective communication and improve cooperation. First, the book provides insights that will help educators understand the motivations of challenging parents. Suggestions are also offered on methods of working with parents who are: angry and hostile; inconsistent in parenting; oppositional; blaming; and disconnected from school. Practical strategies are also offered for working with parents who exhibit: mental health difficulties; alcohol/drug problems; limited follow-through; and negative reactions due to unsuccessful school experiences. Finally, suggestions are provided to help educators: conduct successful parent conferences; build parental support; manage their anger; help parents own their responsibilities; and stay out of legal difficulties.

646.7 E93 OVERSIZE

**Everyday life skills [kit]**

Circle Pines, MN: American Guidance Services, 2001.

Subjects: Life skills - Study and teaching (Secondary). Youth - Life skills guides.

Contents: 6 videotapes and 4 books.

Summary: A comprehensive, career development program for high school students making the transition to post-secondary life.

649.1 E92

**Family matters : how schools can cope with the crisis in childrearing** / Evans, Robert.

San Francisco, CA: Jossey-Bass, 2004.

Subjects: Child rearing. Home and school. Children - Social conditions. - United States

Summary: Robert Evans addresses perhaps the toughest job for our schools today - coping with the enormous changes in students and their parents. This important book invites us to rethink school accountability and shows how schools can help themselves and their families improve the raising and schooling of children.

618.3268 F248

**F.A.S. [DVD] : when the children grow up**

Montreal, QC: National Film Board, 2006.

Subjects: Fetus – Effect of drugs on

Summary: This program tells the stories of adults living with fetal alcohol syndrome and fetal alcohol effects – some who were diagnosed early and others who were not – and the events, programs, and people who made a difference in their lives.

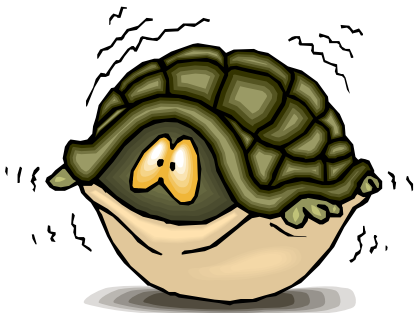
323.3264 F469

**50 ways to support lesbian and gay equality : the complete guide to supporting family, friends, neighbors - or yourself / Maran, Meredith. Watrous, Angela.**

Maui, HI: Inner Ocean Publishing, 2005.

Subjects: Gay rights - United States. Lesbians - Legal status, laws, etc. - United States. Gays - Legal status, laws, etc. - United States.

Summary: A compendium of informative, joyful, and poignant personal stories, each promoting understanding while suggesting simple actions. From defining terminology to exploring family issues, the book deftly navigates workplace, family, cultural, and human rights issues.



155.41246 F471

**Fighting their fears [DVD] : child and youth anxiety**

Montreal, QC: National Film Board, 2006.

Subjects: Anxiety in adolescence.

Summary: For many children, anxiety disrupts everyday life, interfering with their ability to make friends or go to school. Through interviews with experts and three young people, this compelling documentary outlines the causes, symptoms, and treatments for anxiety disorders and emphasizes the importance of early identification and intervention.

371.93 J65

**Getting behavioral interventions right : proper uses to avoid common abuses / Johns, Beverley H.**

Horsham, PA: LRP Publications, 2005.

Subjects: Problem children - Education. Problem children - Behavior modification. Behavior disorders in children.

Summary: Examines a variety of effective behavioral interventions that - though common - are often misunderstood or used inappropriately, resulting in continued behavioural problems. This resource offers an easy-to-follow formula for understanding interventions and how they can be used correctly and incorrectly. You will learn how to apply specific interventions including: positive reinforcement, point systems, in-school suspension, one-on-one aides, and many more.

302.34 G427

**Ghosts in the hall [DVD] : the aftermath of bullying**

Pleasantville, NY: Sunburst, 2004.

Subjects: Bullying - Psychological aspects.

Summary: Explores teen bullying and the impact of cruel labeling. This powerful dramatization presents the story of Jim, who reaches the edge of violence after being the victim of repeated bullying at school. Jim's family life, dominated by his self-absorbed, insensitive father, is contrasted with his classmate Jenny's, whose family engages in healthy confrontation as they cope with their concerns following Jenny's period of depression. Grades 7-12.

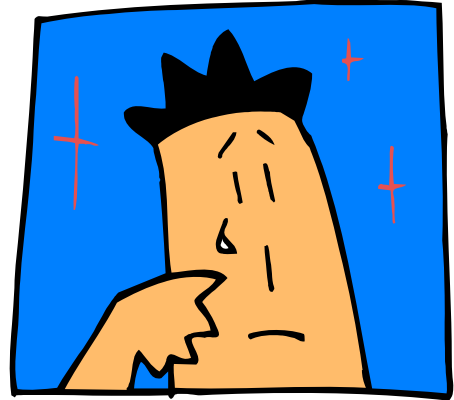
155.937 F828

**Good grief : a kid's guide for dealing with change and loss /**  
Frank, Kim "Tip."

Chapin, SC: YouthLight, 2004.

Subjects: Grief in children - Juvenile literature. Loss (Psychology) in children - Juvenile literature. Children - Counseling of.

Summary: This book contains a story, discussion guides, and activities for children who are going through the difficult journey of grief after the loss of a loved one. The story of William's grief is accompanied by rich illustrations and real-life questions. Of special focus in this book are five "stages of grief." Children and teens will be able to see how their behaviours and feelings are normal as they progress through the stages of grief. This book is best-suited for kids grades 3-8 and can be read individually or in a small group setting.



371.4 B856

**Group counseling for school counselors : a practical guide (2<sup>nd</sup> ed.) /** Brigman, Greg. Goodman, Barbara Earley.

Portland, ME: J. Weston Walch, Publisher, 2001.

Subjects: Group counseling for children. Counseling in elementary education. Counseling in secondary education.

Summary: Get guidance for preteen and adolescent issues with this resource. Addresses topics such as social skills, academic support, conflict resolution, and more. Applies group plans for each academic level - elementary, middle, and high school. Presents lessons in an easy-to-follow and developmentally-appropriate style.

371.4 C312

**Guidance giveaways : 55 reproducible topic-based handouts you can pass on to teachers and parents /**  
Carr, Tom.

Chapin, SC: YouthLight, 2006.

Subjects: Educational counseling.

Summary: This book will give you copy-masters of guidance topic handouts from which you can make unlimited photocopies for parents and teachers of students in your elementary, middle, or high school. These two-page handouts cover 50 topics and provide more than 900 insights, hints, and strategies for you to give away. Topics include: ADHD, anger management, organization, bipolar, bullying, divorce, cheating, stealing, study skills, pet loss, fears & phobias, safety online, stress reduction, and more.

808.6637 B811

**A handbook for writing effective psychoeducational reports /** Bradley-Johnson, Sharon. Johnson, C. Merle. Austin, TX: PRO-ED, 2006.

Subjects: School reports. Report writing. Educational tests and measurements. Psychodiagnostics. School psychology - Authorship.

Summary: This comprehensive book shows how to write useful reports once assessment information has been attained. You'll get procedures for improving drafts of reports, suggestions for organizing information, a detailed description of a successful format for each section of a report, a discussion of common style problems, and a checklist for evaluating reports.

362.76 H236

**Handbook for the treatment of abused and neglected children /** Talley, P. Forrest (Ed.).

New York: Haworth Press, 2005.

Subjects: Child abuse - Treatment. Abused children - Rehabilitation. Child psychotherapy. Child welfare.

Summary: This handbook highlights major areas of practice as they apply to maltreated children: medical findings, clinical assessment; individual, group, and family therapy; testifying in court; and the role of medication in treatment. This book puts the information in context, with a "big picture" overview of how the therapist fits into the larger system into which the child has been swept up - children's services, legal proceedings, medical issues, disputes regarding custody, etc.

371.93 H236

**Handbook of individualized strategies for building resiliency in at-risk students** / Selig, W. George.

Los Angeles, CA: Western Psychological Services, 2006.

Subjects: Children with social disabilities - Education. Youth with social disabilities - Education.

Underachievers - Education. Resilience (Personality trait).

Summary: This handbook shows teachers how to build resilience in students who are at risk for educational failure. By assessing a student's needs, behaviour style, and current level of resilience, teachers can create an individualized plan to help the student respond to the adversity and environmental stress that places him at risk. The handbook is intended for teachers with the following populations: students who are classified as at-risk, or who may lack social competence, communication skills, or a sense of purpose; students who have a history of failure and are no longer willing to try; students who come from environments that offer little support or encouragement; and special education students who are being mainstreamed into regular classrooms. It is particularly helpful to first-year teachers and school personnel who have not been trained to provide encouragement and support for at-risk students.

618.928522 L349

**Help for worried kids : how your child can conquer anxiety and fear** / Last, Cynthia G.

New York: Guilford Press, 2006.

Subjects: Anxiety in children. Anxiety in children - Treatment.

Summary: Drawing on 25 years of clinical practice and research, the author vividly illustrates the different forms that childhood anxiety can take and offers practical solutions specific to each. For example, Dr. Last shows how to schedule worry time to ease generalized anxiety, and explains why reassurance is often counterproductive for kids with obsessive-compulsive disorder. The book emphasizes strategies for preventing episodes before they begin, demonstrates how to intervene when one is in progress, and offers tips on how to keep anxiety from worsening as a child matures.

616.8900835 H483

**Helping adolescents at risk : prevention of multiple problem behaviors** / Biglan, Anthony.

New York: Guilford Press, 2004.

Subjects: Conduct disorders in adolescence. Conduct disorders in children.

Summary: Written by leading authorities, this comprehensive volume reviews current knowledge about multiple problem behaviours in adolescence, focusing on "what works" in prevention and treatment. Cutting-edge research is presented on the epidemiology, development, and social costs of four youth problems that frequently co-occur: serious antisocial behaviour, drug and alcohol misuse, tobacco smoking, and risky sexual behaviour. A framework for reducing these behaviours is outlined, drawing on both clinical and public health perspectives, and empirically supported prevention and treatment programs are identified.



615.8516 S958

**Helping children with feelings series** / Sunderland, Margot.

Bicester, England: Speechmark, 2000.

Subjects: Loss (Psychology) - Juvenile fiction. Love - Juvenile fiction.

Emotions - Juvenile fiction.

Summary: Includes a series of children's storybooks with titles such as: *The Day the Sea Went Out and Never Came Back*, *Teenie Weenie in a Too Big World*, *Willy and the Wobbly House*, *A Nifflemoo Called Nevermind*, *A Pea Called Mildred*, *Ruby and the Rubbish Bin*, *A Wibble Called Bipley (and a Few Honks)*, *How Hattie Hated Kindness*, and *The Frog Who Longed for the Moon to Smile*.

618.3268 H483

**Helping families - helping children [videorecording] : part 2** / Yellowknife Films.

Yellowknife, NWT: Yellowknife Association for Community Living, 2001.

Subjects: Fetal alcohol syndrome. Parents of children with disabilities.

Contents: 1 videotape.

Summary: The video shows children affected by FAS and partial FAS with their families and in the elementary school system, and demonstrates ways that they can be supported to achieve success. Designed primarily for parents, the video will also provide insight to teaching and health professionals.

303.69 H891

**Helping kids handle conflict : teaching self-control :**

**intermediate version** / Huggins, Pat. Shakarian, Lorraine.

Longmont, CO: Sopris West, 2004.

Subjects: Conflict management - Study and teaching (Elementary).

Self control - Study and teaching (Elementary). Interpersonal relations - Study and teaching (Elementary).

Summary: Teaches skills that help students use creative responses to conflicts rather than destructive or coercive behaviours. Presenting the successful *Stop, Think, Pick a Plan* process, this program focuses on teaching students anger management skills like de-escalation, problem-solving, negotiation, and compromise. Also includes information on bullying.



372.37 A315

**Helping kids make wise choices and reduce risky behavior** / Akin, Terri. Dunne, Gerry. Schilling, Dianne.

Austin, TX: PRO-ED, 2000.

Subjects: Decision making - Study and teaching (Elementary). Problem solving - Study and teaching (Elementary). Health education. Social skills - Study and teaching (Elementary).

Summary: This book is based on two beliefs: (1) that making wise choices is a teachable, learnable process, and (2) that developing the skill (and habit) of wise choice-making automatically reduces the incidence of risky behaviour. Focusing on key ingredients like self-esteem and personal strength, the authors provide essential health and safety information and guidelines while teaching vital decision-making skills. Activities are fun and engaging, yet packed with enough important information and skill practice to put all your students on a speedy path to wise choice-making. Grades 3-6.



618.928527 M568

**Helping students overcome depression and anxiety : a practical guide (2<sup>nd</sup> ed.)** / Merrell, Kenneth W.

New York: Guilford Press, 2008.

Subjects: Depression in children - Treatment. Depression in adolescence - Treatment. Anxiety in children - Treatment.

Anxiety in adolescence - Treatment. Students - Counseling of.

Summary: This guide provides expert information and clear-cut strategies for assessing and treating internalized problems in school settings. More than 40 specific psychoeducational and psychosocial intervention techniques are detailed, with a focus on approaches that are evidence-based, broadly applicable, and easy to implement. Including 26 ready-to-use worksheets, this edition has been updated throughout to ensure its currency and clinical

utility. Coverage of psychiatric medications has been extensively revised with the latest developments and findings. A new chapter addresses prevention-oriented social and emotional learning curricula for the classroom.

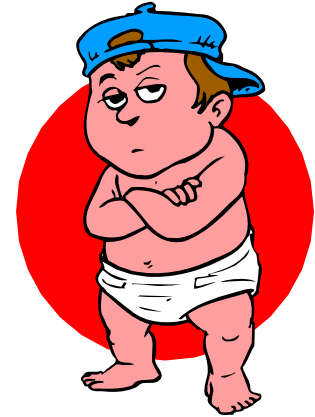
649.64 M167

**Helping the noncompliant child : family-based treatment for oppositional behavior (2<sup>nd</sup> ed.)** / McMahon, Robert J.

New York: Guilford Press, 2005.

Subjects: Family psychotherapy. Child rearing. Conduct disorders in children.

Summary: This treatment manual presents an empirically validated program for teaching parents to manage noncompliance in 3- to 8-year-olds. Practitioners are provided with step-by-step guidelines for child and family assessment, detailed descriptions of parent training procedures, effective adjunctive treatment strategies, and complete protocols for conducting and evaluating the program. Also included are dozens of reproducible handouts and forms, including assessment instruments, parent handouts, and recordkeeping sheets.



306.874 S674

**How it feels to have a gay or lesbian parent : a book by kids for kids of all ages** / Snow, Judith E.

Binghamton, NY: Harrington Park Press, 2004.

Subjects: Children of gay parents - Juvenile literature. Gay parents - Juvenile literature. Homosexuality - Juvenile literature.

Summary: In their own words, children of different ages talk about how and when they learned of their gay or lesbian parent's sexual orientation and the effect it has had on them.

371.93 R553

**How to reach and teach children with ADD/ADHD : practical techniques, strategies, and interventions** / Rief, Sandra F.

San Francisco, CA: Jossey-Bass, 2005. 2<sup>nd</sup> ed.

Subjects: Attention-deficit-disordered children - Education. Hyperactive children - Education. Classroom management.

Summary: Sandra Rief offers myriad real-life case studies, interviews, and student intervention plans for children with ADD/ADHD. In addition, the book contains best teaching practices and countless strategies for enhancing classroom performance for all types of students from Grades K-12.

370.1524 B397

**If you choose not to hit : a dozen skills that make kids powerful problem-solvers** / Beckwith, Kathy.

Minneapolis, MN: Educational Media Corporation, 2001.

Subjects: Problem solving - Study and teaching (Elementary). Conflict management - Study and teaching (Elementary). Interpersonal conflict - Study and teaching (Elementary).

Summary: Children can learn a better way of problem solving if they are encouraged to do it, shown how to do it, and see that it really works. In this book, elementary age children will find other kids who deal effectively with real-life, challenging scenarios. The author also treats us to rollicking rhymes and a cast of charming animal characters that combine to make the learning fun. The book's twelve powerful skills are clearly explained so children can use them immediately.

781.36 W662

**Improvisation : methods and techniques for music therapy clinicians, educators and students** / Wigram, Tony.

London: J. Kingsley Publishers, 2004.

Subjects: Improvisation (Music) - Instruction and study. Music therapy.

Summary: Tony Wigram's practical, comprehensive guide and CD will prove indispensable to students, teachers, therapists and musicians as a book of musical techniques and therapeutic methods. Beginning with an overview of developing, teaching and analysing the skills of improvisation, Wigram describes techniques ranging from warming up to mirroring, rhythmic grounding, containing and holding. With specific sections on piano improvisation, chordal and 2-, 3- and 4- note improvisation are covered, in addition to advanced skills such as frameworking and transitions. Wigram also includes techniques for thematic improvisation, group improvisation and outlines methods for analysing and reporting improvisational processes.



372.146 B787

**Individual counseling activities for children : grades K-6** / Bowman, Robert P. Bowman, Susan C. Chapin, SC: YouthLight, 2005.

Subjects: Counseling in elementary education.

Summary: This resource is a fun, engaging collection of activities to be used in one-to-one counseling sessions with children. Designed around 11 developmental guidance topics, it can be used as a needs assessment tool or provide a catalyst that can help you and a child approach a topic that might be emotionally sensitive to him/her. Topics include: anger, friendship, character development, conflicts, alcohol, drugs, future careers, etc.



371.94 I39

**Individualized supports for students with problem behaviors : designing positive behavior plans** / Bambara, Linda M. Kern, Lee. New York: Guilford Press, 2005.

Subjects: Children with disabilities - Education. Behavior modification. School psychology.

Summary: This book focuses on the nuts and bolts of designing positive behaviour support plans for students with autism, learning disabilities, and emotional/behavioural disorders. Strategies are provided for addressing individual behavioural problems at all levels of severity. Filled with illustrative examples, the book shows how to conduct a functional assessment and develop an overall support plan, using a team-based approach.

371.543 P226

**Interventions for in-school suspension** / Pardue, Catherine. Chapin, SC: YouthLight, Inc., 2005.

Subjects: Student suspension. School discipline.

Summary: The goals of this program are to positively impact change by instructing students about their behaviour, providing activities for them to understand the behaviours and giving them steps to improve. Also included are worksheets, reproducible activities, case scenarios, suggestions and strategies, contracts and other helpful information for students. Grades 4-12.

371.5 G679

**It's all about we : rethinking discipline using restitution** / Gossen, Diane Chelsom. Saskatoon, SK: Chelsom Consultants, 2004.

Subjects: School discipline. Control (Psychology).

Summary: Based on the science of Control Theory and the restorative philosophy of Aboriginal people, this book artfully outlines a carefully developed process that will reduce incidents of discipline, improve grade scores, and be a pleasure for adults to use to help youth. This book outlines how we can weave between the monitor of the rules and the manager of beliefs.

362.28 I89

**It's never too late [DVD] : stopping teen suicide** / Schloat, Anson W. Mount Kisco, NY: Human Relations Media, 2005.

Subjects: Teenagers - Suicidal behavior. Suicide - Prevention.

Contents: 1 DVD and 1 teacher's resource book.

Summary: Armed with the latest statistics and facts on teen suicide, this video/print program teaches viewers how to recognize and respond to the risks of teen suicide. Viewers will learn the differences between normal "blues" and the symptoms of severe depression. Grades 7-Adult.



362.76 J33

**It's not your fault : a guide for children to tell if they're abused** / Jance, Judith A.

Indianapolis, IN: KidsRights, 1997.

Subjects: Child sexual abuse - Juvenile literature. Child sexual abuse - Prevention - Juvenile literature.

Sexually abused children - Psychology - Juvenile literature.

Summary: This booklet has been designed to be read to children ages 4-11 and is recommended by experts. In it you will find: a read-aloud section for children; a non-threatening presentation; and class or family discussion questions.

618.9289 K97

**Kids in the syndrome mix of ADHD, LD, bipolar, and more! : the one stop guide for parents, teachers, and other professionals** / Kutscher, Martin L.

Philadelphia, PA: Jessica Kingsley, 2006.

Subjects: Attention-deficit hyperactivity disorder. Learning disabled children. Autism in children. Manic-depressive illness in children.

Summary: This book is a concise, scientifically up-to-date, all-in-one guide to the whole range of often co-existing neuron-behavioural disorders in children - from attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder, and bipolar disorder to autistic spectrum disorders, nonverbal learning disabilities, sensory integration problems, and executive dysfunction. Dr. Kutscher provides accessible information on causes, symptoms, interactions with other conditions, and treatments. He presents effective behavioural strategies for responding to children who display traits of these disorders - whether at home, at school, or in other settings - along with case vignettes and practical tips.

371.58 L649

**Let's get real [DVD] : the powerful documentary where youth speak up about name-calling and bullying**

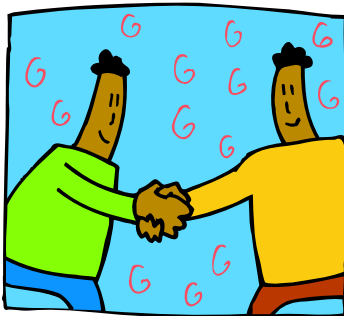
/ Chasnoff, Debra. Cohen, Helen S. Stille, Kate. Women's Educational Media.

Harriman, NY: New Day Films, 2003.

Subjects: Bullying. Bullying in schools.

Contents: 1 DVD and 1 curriculum guide.

Summary: Examines issues that lead to taunting and bullying in middle schools, including racial differences, perceived sexual orientation, learning disabilities, religious differences, sexual harassment and others. Students who have been the targets of bullying, as well as students who do the bullying, describe their experiences and how they feel.



613.0433 M175

**Life skills : 225 ready-to-use health activities for success and well-being (grades 6-12)** / McTavish, Sandra.

San Francisco, CA: Jossey-Bass, 2004.

Subjects: Health education. Teenagers - Health and hygiene. Life skills - Study and teaching.

Summary: This is a practical resource that gives teachers 225 ready-to-use worksheets that cover a wide variety of key life skills. The book addresses topics such as drug and alcohol use, sex, relationships, stress, food-related issues, and self-esteem.

302.54 R188

**Mean girls : 101 ½ creative strategies and activities for working with relational aggression** / Randall, Kaye. Bowen, Allyson A.

Chapin, SC: YouthLight, 2007.

Subjects: Aggressiveness in children. Girls - Psychology.

Summary: Provides professionals with resources, insights, strategies and reproducible worksheets for working with girls who are relationally aggressive (RA) and young people who have been victimized by this type of bullying. It can be used to help all youth to learn about RA and what they can do to help alleviate it. The strategies in this book are designed to increase awareness of RA, encourage empathy and tolerance, and improve self-control and coping skills.

371.71 M489

**Medical problems in the classroom : the teacher's role in diagnosis and management** / Haslam, Robert H.A. Valletutti, Peter J. (Eds.)  
Austin, TX: PRO-ED, 2004.

Subjects: School health services. School children - Health and hygiene. Children with disabilities - Health and hygiene. Children - Diseases - Diagnosis.

Summary: School staff members are faced with an increasing number and variety of students with special needs. This book will help teachers, psychologists, social workers, occupational and physical therapists, and daycare workers play an integral part in the successful management of medical difficulties. They can provide, in collaboration with the physician, an important contribution to the diagnosis and long-term care goals of a variety of medical conditions in the classroom setting. *Medical Problems in the Classroom* encourages interactive communication on health issues between the parent, health professional, and educator.

649.64 P538

**More 1-2-3 magic [videorecording] : encouraging good behavior, independence and self-esteem** / Phelan, Thomas W.

Glen Ellyn, IL: ParentMagic, 2004.

Subjects: Discipline of children. Child rearing.

Contents: 1 videocassette.

Summary: Clinical psychologist Thomas W. Phelan explains how to get children to do the good things you want them to do, such as getting up and out in the morning, eating, going to bed and picking up after themselves. Contains practical, down-to-earth strategies for encouraging children's growing independence and for promoting reasonable, healthy self-esteem.

155.937 L523

**Mourning child grief support group curriculum : middle childhood edition : grades 3-6** / Lehmann, Linda. Jimerson, Shane R. Gaasch, Ann.

Philadelphia, PA: Brunner-Routledge, 2001.

Subjects: Grief in children - Study and teaching. Bereavement in children - Study and teaching. Children and death - Study and teaching. Loss (Psychology) in children - Study and teaching. Children - Counseling of - Study and teaching.

Summary: Intended for use with late elementary-school-aged and middle-school-aged children who have experienced the death of someone special, this book contains lesson plans for 10 sessions that include age-appropriate activities. These fun and engaging activities enable young children to approach highly sensitive and painful topics. The authors provide detailed instructions and learning objectives to guide users throughout the curriculum.

155.518 U57

**Nurturing hidden resilience in troubled youth** / Ungar, Michael.  
Toronto, ON: University of Toronto Press, 2004.

Subjects: Problem youth - Psychology. Problem youth - Behavior modification. Resilience (Personality trait).

Summary: This is the first text in its field to examine resilience as a social construct; it offers a comprehensive theory of resilience and a model for the application of this theory to direct practice with high-risk youth in clinical, residential, and community settings. Ungar's analysis of resilience and approach to intervention focuses on the unique group of youth who are labeled dangerous, deviant, delinquent, and disordered. He explores how these youth discover and maintain well-being through discursive empowerment. Using detailed case studies, Ungar finds that high-risk youth explain their problematic behaviours, such as gang affiliations and drug and alcohol use, as strategic ways to compose healthy stories about themselves that bring them experiences of control and acceptance. Unlike most literature on risk and resiliency, Ungar's text provides a novel and fresh approach to the resiliency construct and, perhaps more importantly, gives voice to the adolescents themselves.



371.90475 W413

**Off to work : a vocational curriculum for individuals with neurological impairment** / Wehman, Paul. Sherron, Pamela.

Verona, WI: Attainment Company, Inc., 2001.

Subjects: Brain damage - Patients - Rehabilitation. People with disabilities - Vocational guidance. People with disabilities - Employment. People with disabilities - Services for.

Summary: The *Off to Work* book helps you prepare people with disabilities to succeed at competitive or supported employment. Covers finding a job, job placement, keeping a job, job training, and advocacy. Dozens of reproducible forms are included. Focuses on neurological disabilities.



372.146 F728

**101 creative strategies for helping children with high stress levels : a practical resource of insights, approaches, activities and reproducible worksheets (PK-8)** / Forrest, Donna. Rodgers, Brandie.

Chapin, SC: YouthLight, 2005.

Subjects: Stress in children. Stress management for children.

Summary: This book provides a collection of strategies (including reproducible student worksheets) specifically designed for you to use to help highly stressed children to: learn about what are normal anxious feelings; explore how to cope with the stressors that lead to these feelings; identify and express specific current and past fears; and learn and practice appropriate coping skills.

371.782 W832

**The Peace Train : a school-wide violence prevention program : counselor's training manual : structured programs for peer mediator/helper training, staff and colleague training, school-wide student training** / Wittmer, Joe. Thompson, Diane W. Sheperis, Carl.

Minneapolis, MN: Educational Media Corporation, 1999.

Subjects: School violence - Prevention. Conflict management - Study and teaching (Elementary). Peer counseling of students.

Summary: Administrators, teachers, staff, and students are invited to ride the peace train throughout the year to reduce conflicts and violence in their school. The curriculum contains structured programs for peer mediation training, staff and colleague training, and school-wide guidance activities.

371.94 M129

**Practical ideas that really work for students with ADHD : grade 5 through grade 12** / McConnell, Kathleen. Ryser, Gail R.

Austin, TX: PRO-ED, 2005.

Subjects: Attention-deficit-disordered children - Education. Attention-deficit-disordered youth - Education.

Summary: This resource provides teachers with practical and sensible solutions for students' problems with inattention, hyperactivity, and impulsivity. It can assist: teachers, behaviour specialists, psychologists, counselors, and administrators who must document interventions; IEP committees who are charged with developing accommodations for students with ADHD; and prereferral intervention teams, who plan strategies for students before their placement in specialized programs.

371.94 M129

**Practical ideas that really work for students with ADHD : preschool through grade 4** / McConnell, Kathleen. Ryser, Gail R.

Austin, TX: PRO-ED, 2005.

Subjects: Attention-deficit-disordered children - Education.

Summary: This resource provides teachers with practical and sensible solutions for students' problems with inattention, hyperactivity, and impulsivity. It can assist: teachers, behaviour specialists, psychologists, counselors, and administrators who must document interventions; IEP committees who are charged with developing accommodations for students with ADHD; and prereferral intervention teams, who plan strategies for students before their placement in specialized programs.

371.94 M129

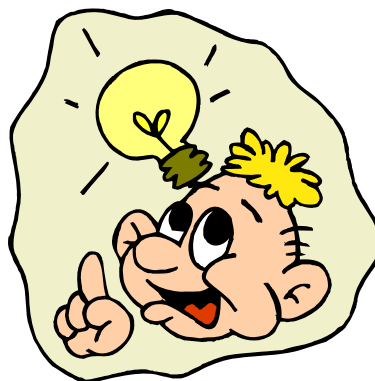
**Practical ideas that really work for students with Asperger syndrome**

/ McConnell, Kathleen. Ryser, Gail R.

Austin, TX: PRO-ED, 2005

Subjects: Autistic children - Education. Autism in children. Asperger's syndrome - Patients - Education.

Summary: Contains 34 instructional strategies that can be used to improve students' social skills, organization, and communication. The ideas in the manual are presented in an easy-to-use format that includes: a one-page explanation of each idea or instructional strategy; handy tips to increase each idea's effectiveness; helpful illustrations and examples; and reproducible masters for most ideas.



371.93 M129

**Practical ideas that really work for students with disruptive, defiant, or difficult behaviors : preschool through grade 4**

/ McConnell, Kathleen. Patton, James R. Ryser, Gail.

Austin, TX: PRO-ED, 2002.

Subjects: Problem children - Behavior modification. Classroom management. Problem children - Study and teaching (Primary).

Contents: 1 book and 10 forms.

Summary: Includes two components: a book of practical ideas, containing suggestions for interventions, explanations of strategies, reproducible forms, and helpful illustrations and examples; and an easy-to-use evaluation form to rate a student's behaviour, select and plan for appropriate interventions, and document progress.

371.93 M129

**Practical ideas that really work for students with disruptive, defiant, or difficult behaviors : grade 5 through grade 12**

/ McConnell, Kathleen. Patton, James R. Ryser, Gail.

Austin, TX : PRO-ED, 2002.

Subjects: Problem children - Education (Middle school). Classroom management. Problem children - Education (Secondary).

Contents: 1 book and 10 forms.

Summary: Includes two components: an easy-to-use evaluation form to rate a student's behaviour, select and plan for appropriate interventions, and document progress; and a book of practical ideas, containing suggestions for interventions, explanations of strategies, reproducible forms, and helpful illustrations and examples.



371.4 P964

**Professional school counseling : a handbook of theories, programs and practices**

/ Erford, Bradley T.

Austin, TX: CAPS Press, 2004.

Subjects: Educational counseling - Handbooks, manuals, etc.

Summary: Professional School Counseling is a comprehensive, single source for information about the urgent issues facing school counselors today. Key chapters include: integrating theory and practice into an outcomes-driven approach; ethical and legal considerations for school counselors; needed assessment competencies for school counselors; educational planning - helping students build lives by choice not chance; school counseling services for children with special needs and disabilities; helping students who have been physically/sexually abused; systemic crisis intervention in schools; and transition programming for school counselors.

362.8292 P967

**Protecting children from domestic violence : strategies for community intervention** / Jaffe, Peter G. Baker, Linda L. Cunningham, Alison L.

New York: Guilford Press, 2004.

Subjects: Family violence. Child abuse. Family services.

Summary: This forward-thinking volume brings together leading mental health, legal, educational, and social services professionals from the U.S. and Canada to demonstrate how the problem of violence in the home can best be mitigated through community collaboration. The book provides an understanding of the effects of childhood exposure to domestic violence; considers the most promising assessment approaches; and examines specific interventions with victims and offenders, ranging from individual and group approaches to broader efforts involving schools, police, courts, and the media.

371.782 R177

**Rampage : the social roots of school shootings** / Newman, Katherine S.

New York: Basic Books, 2004.

Subjects: School violence - Social aspects - Kentucky. School violence - Social aspects - Arkansas. Youth and violence - United States.

Summary: The author focuses on Heath, Kentucky, and Westside, Arkansas, about three years after those small towns suffered the widely publicized ordeals of shooting rampages at local high schools. Newman draws on interviews with 163 people in both communities, including friends and families of the victims and shooters, students at the schools, teachers, lawyers, reporters, and psychologists. She also examines studies of similar rampage shootings in the last 30 years and offers theories about what pushes youth into such violence.

371.94 O28

**Reaching and teaching stressed and anxious learners in grades 4-8 : strategies for relieving distress and trauma in schools and classrooms** / Oehlberg, Barbara E.

Thousand Oaks, CA: Corwin Press, 2006.

Subjects: Mentally ill children - Education (Elementary). Mentally ill children - Education (Middle school). Stress in children - Treatment. Anxiety in children - Treatment.

Summary: This important resource helps educators understand how trauma and stress interfere with cognitive skills, and how classroom and school activities can be used to restore feelings of safety, empowerment, and well-being. Topics include: neurobiology of the developing child and how cognitive lock-out from the neocortex occurs during stress responses; strategies for reactivating cognitive skills, memory, and the ability to learning following stress responses; how acting-out behaviours are linked to stress and trauma; and how to generate a united effort on school safety and violence-prevention issues.

372.14 C436

**Reaching young children : active guidance lessons for the pre-kindergarten through primary classroom** / Chalberg, Amie R.

Austin, TX: PRO-ED, 2007.

Subjects: Counseling in elementary education. Active learning. Motivation in education.

Summary: This counseling activity book incorporates movement and fun games, creating an optimal hands-on learning experience. Because they are having fun while learning, children are more inclined to explore, solve problems, and build relationships. Counselors, teachers, occupational therapists, and activity leaders will have just as much fun teaching these lessons as their students are learning them! Grades PreK-3.



362.1989283 R288

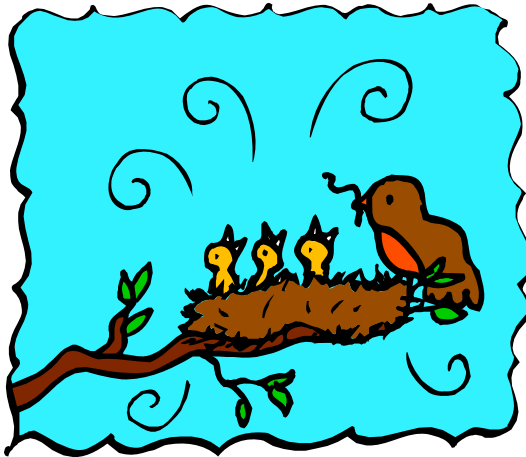
**The real world of Tourette Syndrome [videorecording] : helping teens talk about life with Tourette Syndrome.**

Silver Spring, MD: Danya International, 2003.

Subjects: Tourette syndrome in adolescence.

Contents: 1 videotape and 1 book.

Summary: Provides a straightforward and factual look at Tourette Syndrome from the perspective of teenagers. The video was filmed with the help of 10 teens with the condition who not only developed the concept, but also star in the video. Grades 9-10.



370.114 G664

**Roots of empathy : changing the world, child by child / Gordon, Mary.**

Toronto, ON: Thomas Allen, 2005.

Subjects: Roots of Empathy (Program). Caring in children. Caring in children - Study and teaching (Elementary).

Empathy - Study and teaching (Elementary).

Aggressiveness in children - Prevention. Parenting.

Summary: Mary Gordon creates a rich, rewarding classroom experience that fosters empathy within children. Bringing babies and children together creates a symbiotic loving environment that reduces aggression in children while increasing tolerance and emotional literacy. An interactive experience for parents, teachers, and children, the Roots of Empathy program aims to solve current and future problems in our society by teaching emotional literacy now. The

author shares her vision of a nation of compassionate and caring children who will pass on their legacy of empathy to their own children.

004.678 R795

**A rose for Livvy [DVD] : a story about internet safety for teens**

Pleasantville, NY: Sunburst, 2003.

Subjects: Internet and teenagers. Internet - Safety measures. Online dating - Safety measures.

Summary: Livvy is the new girl in town, bored, and cut off from friends and family. Her technology teacher uses a local incident of a missing girl to inform his students about the risks of internet chat rooms. Livvy ignores the advice. She begins to exchange messages with a stranger she meets in a chat room and this leads to a dangerous encounter. This engaging and positive story teaches students the essential safety rules to protect themselves on the internet. Grades 7-12.

371.58 T243

**Salvaging sisterhood : a small group counseling and classroom curriculum for relationally aggressive girls (grades 5-12) / Taylor, Julia V.**

Chapin, SC: YouthLight, 2005.

Subjects: Aggressiveness in adolescence. Girls - Psychology. Girls - Conduct of life. Self-esteem in adolescence. Interpersonal conflict in adolescence. Educational counseling.

Summary: Designed to teach relationally aggressive girls how to effectively communicate with one another, as opposed to about one another. This book explores the important dynamics of female friendships and will: raise awareness about relational aggression; help girls develop empathy; lessen incidences of gossip, rumour spreading, and backstabbing; teach girls how to stand up for themselves, without involving a third party; help girls develop a strong sense of self; teach healthy conflict; and more.

371.4 K67

**School counseling and school social work homework planner** / Knapp, Sarah Edison.

Hoboken, NJ: John Wiley & Sons, 2003.

Subjects: Educational counseling. School social work.

Contents: 1 book and 1 CD-ROM.

Summary: Contains 71 ready-to-copy homework assignments that can be used to facilitate therapy with students. Homework assignments and exercises are keyed to the behaviourally-based presenting problems from *The School Counseling and School Social Work Treatment Planner*. Assignments may be quickly customized using the accompanying CD-ROM.

371.4 K67

**School counseling and school social work treatment planner** / Knapp, Sarah Edison. Jongsma, Arthur E.

Hoboken, NJ: John Wiley & Sons, 2002.

Subjects: Educational counseling. School social work. School psychology.

Summary: This timesaving resource features: treatment plan components for 30 behaviourally-based presenting problems; a step-by-step guide to writing treatment plans; over 1,000 prewritten treatment goals, objectives, and interventions; and a handy workbook format with space to record your own treatment plan options.

371.4 S372

**School counselor consultation : developing skills for working effectively with parents, teachers, and other school personnel** / Brigman, Greg.

Hoboken, NJ: J. Wiley & Sons, 2005.

Subjects: Educational counseling. Student counselors - Professional relationships.

Summary: Represents the most comprehensive resource available for understanding the entire consultation process, emphasizing proven practice techniques. These include: what to say to parents and teachers about referring students to the school counselor; what to ask teachers to assist in formulating successful interventions; how to make the most of parent conferences; how to plan for, execute, and follow-up on consultation sessions; a five-step approach to conducting an individual consultation; and how to plan and present psycho-educational workshops to parents and teachers.

616.8582 B787

**See my pain! : creative strategies and activities for helping young people who self-injure** / Bowman, Susan. Randall, Kaye.

Chapin, SC: YouthLight, 2005.

Subjects: Self-mutilation - Treatment.

Summary: This book provides a description of self-injury in young people and its underlying causes. Then, an overview of therapeutic approaches is presented along with suggestions for professional counselors/social workers/psychologists, teachers, and parents. Sample assessment questions and activities are included.

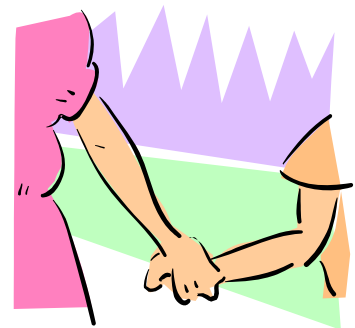
618.928522 E36

**Separation anxiety in children and adolescents : an individualized approach to assessment and treatment** / Eisen, Andrew W. Schaefer, Charles E.

New York: Guilford Press, 2005.

Subjects: Separation anxiety in children. Separation anxiety in adolescence. Parent and child.

Summary: This book begins with an exploration of the nature of separation anxiety, distinguishing it from school refusal behaviour and from typical separation-related fears. The authors then outline their comprehensive treatment model and provide step-by-step guidelines for managing the entire process of therapy, from intake and assessment through coping skills training, cognitive-behavioural therapy interventions, relapse prevention, and booster sessions.





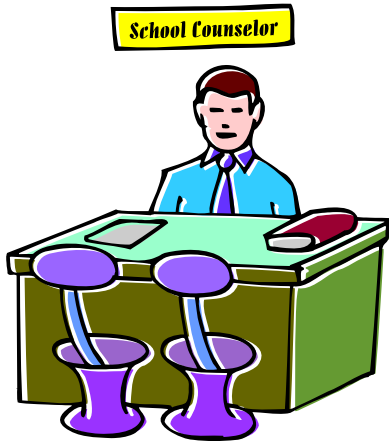
158.3 E28

**The skilled helper : a problem-management and opportunity-development approach to helping (7<sup>th</sup> ed.) / Egan, Gerard.**

Pacific Grove, CA: Brooks/Cole Publishing, 2002.

Subjects: Counseling. Helping behavior.

Summary: Presents the collaborative nature of the helper-client relationship and leads the reader step-by-step through the counseling process. Uses a three-stage model and emphasizes hope and optimism, and a self-healing approach.



618.92891 B655

**Skills training for children with behavior problems : a parent and practitioner guidebook / Bloomquist, Michael L.**

New York: Guilford Press, 2006.

Subjects: Behavior disorders in children - Treatment. Problem children - Education.

Summary: The revised edition of this popular guide addresses a broader array of behaviour and adjustment difficulties and has been rewritten to be even more user-friendly. A wealth of practical tools are provided to build self-control in struggling children and teens; get social, emotional, and academic development back on track; and reduce family stress.

372.14 S478

**Small group counseling for children : grades 2-5 / Senn, Diane S.**

Chapin, SC: YouthLight, 2005.

Subjects: Counseling in elementary education. Group guidance in education. Group counseling for children.

Summary: Provides a unique approach to stimulate interaction and learning on the topics of anger management, friendship, self-concept, and school success skills. This resource includes: a needs assessment (parent, teacher, and student) for each topic to help determine the specific needs of the group; choice of over 15 skill-building group session activities for each topic with a correlation chart to the needs assessment; the use of parent/teacher letters to encourage reinforcement of the skills presented; group energizers and icebreakers; group forms & outlines; optional service learning assignments for students; and a post-assessment for each group. Grades 2-5.

616.8900835 U57

**Strengths-based counseling with at-risk youth / Ungar, Michael.**

Thousand Oaks, CA: Corwin Press, 2006.

Subjects: Youth with social disabilities - Services for. Problem youth - Services for.

Summary: This book provides the tools both to understand and access strengths buried beneath problem behaviours. It offers specific, effective strategies for working with adolescents to construct positive identities and realistic action plans. Features include: six strategies for youth engagement, covering common problem behaviours such as drug use, violence, delinquency, and promiscuity; an entire chapter on bullying; an abundance of real-life examples and counseling narratives; and a Resilient Youth Strengths Inventory to assess resilience and identify areas that need strengthening.

362.76 M143

**Steps to healthy touching : activities to help kids understand and control their problems with touching / MacFarlane, Kee. Cunningham, Carolyn.**

Indianapolis, IN: JIST Publishing, 2003.

Subjects: Sexually abused children - Treatment. Children and sex. Sex instruction for children.

Summary: Offers a unique approach to treating the problem of children with sexually inappropriate behaviours. Through drawing and writing activities, this interactive workbook helps kids admit their problem and learn ways to deal with it. They learn to: understand and accept responsibility for their problems, express their feelings appropriately, and control their behaviour by watching for warning signs and asking for help when they need it.

618.9289 B794

**Straight talk about psychological testing for kids** / Braaten, Ellen. Felopulos, Gretchen.  
New York: Guilford Press, 2004.

Subjects: Psychological tests for children.

Summary: This authoritative guide gives parents the inside scoop on how psychological testing works and how to use testing to get the best help for their child. The authors spell out the entire process of testing for dyslexia, ADHD, math and reading disorders, Asperger's syndrome, depression, anxiety, and other common childhood problems. Parents learn what different tests actually measure and how to crack the code of jargon-filled reports, numerical scores, and educational recommendations.

618.928589 S927

**Struggle for control [DVD] : child and youth behavior disorders**

Montreal, QC: National Film Board, 2006.

Subjects: Behavior disorders in adolescence. Attention-deficit hyperactivity disorder. Oppositional defiant disorder in children. Oppositional defiant disorder in adolescence. Conduct disorders in children. Conduct disorders in adolescence.

Summary: Provides information and insight for parents struggling to understand such behaviours as attention deficit hyperactivity disorder, oppositional defiant disorder and conduct disorder. Also explores the concerns and emotional trials that come with dealing with such disorders.

371.93 M643

**Student resistance in the classroom : effective prevention and intervention strategies for non-compliant and disruptive students (K-6)** / Miles, Ronald D.

Chapin, SC: YouthLight, 2005.

Subjects: Problem children - Education. Classroom management. School discipline. Motivation in education.

Summary: This book will provide critical insight into building a proactive educational environment, implementing successful intervention strategies, and employing techniques for motivation and reinforcement. Includes a "Dictionary of Interventions" that provides useful and immediate strategies for dealing with 20 types of disruptive behaviour.

303.3207 K29

**Talkabout [DVD] : social communication skills** / Kelly, Alex.

Bicester, England: Speechmark, 2006.

Subjects: Social skills - Study and teaching.

Interpersonal communication - Study and teaching.

Summary: Contains acted scenarios for each skill being taught, modeling both appropriate and inappropriate social communication.

371.9 K29

**Talkabout relationships : building self-esteem and relationship skills** / Kelly, Alex.

Bicester, England: Speechmark, 2004.

Subjects: Learning disabled. Social skills - Study and teaching. Self-esteem in people with disabilities. Interpersonal relations - Study and teaching.

Summary: Reflects current literature and research on developing relationships for people with learning disabilities, and aims, through groupwork, to improve self-esteem and relationship skills in people who are having difficulties in making or maintaining friends.



361.32 R288

**Tangled relationships : managing boundary issues in the human services** / Reamer, Frederic G.  
New York: Columbia University Press, 2001.

Subjects: Social workers - Professional relationships. Human services personnel - Professional relationships. Counselor and client. Social service.

Summary: Some boundary issues, like beginning a sexual relationship with a client, are obvious pitfalls to avoid, but what about more subtle issues, like hugging a client or disclosing personal information to a client? What are the boundaries of maintaining a friendship with a former client or the relative of a client? When do conflicts-of-interest overburden the client-practitioner relationship? Frederic Reamer, a leading authority on professional ethics, offers a definitive and up-to-date analysis of boundary issues, a rapidly emerging topic in the field of human services. One of the only works in the field to provide a conceptual framework for the dual relationship between practitioner and client, this book provides an in-depth look at the complex forms these relationships take. It also gives practical risk-management models to aid human service professionals in the prevention of problematic situations and the managing of dual relationships.



809.933527 P912

**Teaching about disabilities through children's literature** / Prater, Mary Anne. Dyches, Tina Taylor.

Westport, CT: Libraries Unlimited, 2008.

Subjects: Children's literature - History and criticism. Children with disabilities in literature.

Summary: This book is written to provide teachers, social workers, school psychologists, counselors, and other professionals who work with children a comprehensive guide to selecting and using children's books to teach about disabilities. With the support of this book readers will be able to: select appropriate children's literature that includes characters with disabilities; use children's books to teach awareness, knowledge, understanding, and acceptance of individuals with disabilities; follow unit and lesson plans for recommended books that include characters with

disabilities; implement standard lesson plans and discussion guides for self-selected books that include characters with disabilities; and recognize what books are available and recommended in this genre. The book includes reproducible lesson and unit plans and extensive annotated bibliographies of over 100 books. Grades K-12.

371.9046 C774

**Teaching kids with mental health & learning disorders in the regular classroom : how to recognize, understand, and help challenged (and challenging) students succeed** / Colley, Myles L.

Minneapolis, MN: Free Spirit Publishing, 2007.

Subjects: Children with mental disabilities - Education. Learning disabled children - Education. Inclusive education.

Summary: Written by a clinical psychologist, this user-friendly, jargon-free guide describes mental health and learning disorders often observed in school children, explains how each might be exhibited in the classroom, and offers expert suggestions on what to do (and sometimes what not to do).

371.9 K67

**Teaching social competence : social skills and academic success** / Knapczyk, Dennis. Rodes, Paul.  
Verona, WI: IEP Resources, 2001.

Subjects: Social skills - Study and teaching. Special education. Individualized instruction.

Summary: This book provides social skills assessment and intervention strategies for staff working with children in Grades 1-6. Poor social skills not only make for unhappy and often lonely students, they have a measurable impact on academic achievement. On the other hand, achievement improves when social skills improve. The authors recognize that school is a social environment with its own definition of appropriate behaviour. They urge social behaviour assessments based on behaviour of socially competent peers. When preparing interventions, they suggest setting attainable goals and working on one skill at a time. The book includes numerous reproducibles to help you observe, assess and plan successful interventions.

303.3207 D745

**Teaching social skills to youth : a step-by-step guide to 182 basic to complex skills plus helpful teaching techniques** / Dowd, Tom.

Boys Town, NE: Boys Town Press, 2005.

Subjects: Social skills in children - Study and teaching. Social interaction in children - Study and teaching. Interpersonal relations in children - Study and teaching.

Summary: Features the step-by-step component behaviours to 182 skills, from the basic (following instructions and introducing yourself) to the complex (managing stress and resolving conflict). Opening chapters explain the individual and group teaching techniques that enable youth to recognize when, where, or with whom to use a particular skill. The authors also show how to plan skill-based treatment interventions for youth with difficult problems such as substance abuse, aggression, running away, depression, and attention deficits. Includes CD-ROM with reproducible social skills posters for instructional use.

371.1024 M588

**Teaching toward solutions : a solution focused guide to improving student behavior, grades, parental support and staff morale (2<sup>nd</sup> ed.)** / Metcalf, Linda.

Williston, VT: Crown House Publishers, 2002.

Subjects: Classroom management. Teacher-student relationships. Behavior modification. Solution-focused therapy. Problem children - Education.

Summary: This book gives teachers another option when traditional behavioural and academic plans fail. It presents practical resources that give teachers at all levels positive strategies for dealing effectively with all kinds of individual and group behaviour problems and for creating a more collaborative and productive classroom environment in which everyone becomes responsible for their own actions and their own solutions. Step by step, it shows how to help students begin their own change process. Includes dozens of forms, letters and activities that can be reproduced.

362.76 H565

**Teen's guide to personal safety & preventing sexual abuse** / Herrerias, Catalina.

Indianapolis, IN: KidsRights, 2005.

Subjects: Child sexual abuse - Prevention. Teenagers - Life skills guides.

Summary: The best way for teenagers to protect themselves against sexual abuse is through education. With this book, teens will learn how to set limits for themselves concerning sex, to feel more comfortable communicating, and to become more educated about preventing and dealing with abuse.

372.14 Z96

**Top 10 topics for school counselors : favorite group activities for grades 3-8** / Zusmer, Roxanne.

Austin, TX: PRO-ED, 2005.

Subjects: Counseling in elementary education. Educational counseling. Group counseling for children. Summary: This book is filled with reproducible activities, in-depth questions, sample dialogue, and background information. The clearly written activities can be used in large and small settings. Topics include: diversity & tolerance; transition, mobility, and adjustment to social, economic, and cultural changes; eating disorders; harassment and conflict among students; divorce; grief and loss; self-awareness; peer relationships; communication skills; and goal-setting and organizational skills.

649.153 G811

**Treating explosive kids : the collaborative problem-solving approach** / Greene, Ross W. Ablon, J. Stuart.

New York: The Guilford Press, 2006.

Subjects: Problem children. Behavior disorders in children. Child rearing. Parent and child.

Summary: This book provides a detailed framework for effective, individualized intervention with highly oppositional children and their families. Many vivid examples and Q&A sections show how to identify the specific cognitive factors that contribute to explosive and noncompliant behaviour, remediate these factors, and teach children and their adult caregivers how to solve problems collaboratively. The book also describes challenges that may arise in implementing the model and provides clear and practical solutions.



616.8524 W913

**Treating somatization : a cognitive-behavioral approach** / Woolfolk, Robert L. Allen, Lesley A.  
New York: Guilford Press, 2007.

Subjects: Somatization disorder. Medicine, Psychosomatic.

Summary: This guide presents an innovative approach for treating somatization disorder and related problems, such as fibromyalgia, irritable bowel syndrome, and chronic fatigue syndrome. The authors' program integrates cognitive-behavioural techniques with strategies to build emotional self-awareness and interventions to help patients understand and alter their illness behaviour. The book reviews the conceptual underpinnings of the approach, discusses its ongoing testing and refinement, and offers clear-cut guidelines for assessment and treatment. Special features include illustrative case material, many pointers for practice, and reproducible appendices that provide a 10-session mini-manual and helpful handouts and forms.

371.93 V872

**Vocational and transition services for adolescence with emotional and behavioral disorders : strategies and best practices** / Bullis, Michael. Fredericks, H. D. Bud.

Champaign, IL: Research Press, 2002.

Subjects: Youth with disabilities - Vocational guidance. Social skills - Study and teaching (Secondary). Behavior disorders in teenagers.

Summary: This book presents a comprehensive blueprint for establishing and conducting a successful community-based vocational and transition program. The approach focuses on areas crucial for helping adolescents make a successful transition to adult life. The authors provide numerous case examples and program guidelines. The appendices include a questionnaire to assess criminal conduct involvement; reproducible program forms; and a protocol for conducting follow-up interviews with participants.



371.58 K62

**What kind of language is that? : a framework for discussing name-calling and verbal harassment in high school and how it can be stopped** / Kitamura, Leah. Lauridsen, Kristi.

Maple Ridge, BC: Maple Ridge-Pitt Meadows School District No. 42, 2004.

Subjects: Teasing - Prevention. Harassment - Prevention. Bullying - Prevention. Prejudices - Prevention.

Summary: The book explores in depth the issues of appropriate language, social responsibility, and challenges popular stereotypes.

371.78 C951

**When children are abused : an educator's guide to intervention** / Crosson-Tower, Cynthia.

Boston, MA: Allyn & Bacon, 2002.

Subjects: Child abuse - Prevention. Child abuse - Reporting. School social work. Home and school. Abused children - Services for.

Summary: This book describes the importance of educators, their role in recognizing abuse and neglect, the signs and causes of abuse, the potential of sexual abuse via the Internet, and then provides careful, thorough information on when and how educators can intervene. First-hand accounts are provided throughout.

155.937 L763

**When students grieve : a guide to bereavement in the schools (2<sup>nd</sup> ed.)** / Liotta, Alfred J.

Horsham, PA: LRP Publications, 2003.

Subjects: Teenagers and death. Children and death. Grief in adolescence. Grief in children. Bereavement in adolescence. Bereavement in children.

Summary: Designed as a hands-on reference for school administrators and counseling personnel, this book examines procedural and logistical issues associated with bereavement - along with common student reactions - to help you effectively counsel grieving students.

371.4 Y39

**A year of school counseling : tools and techniques for K-12 themes throughout the year** / Muller-Ackerman, Barbara (Ed.)  
Chapin, SC: YouthLight, 2002.

Subjects: Educational counseling. Education - Calendars.

Summary: For each month, the materials in this book follow a guidance and counseling theme such as: beginnings; safe schools; partnerships and collaborations; human rights; transitions; parent/family involvement; child advocacy; career education; and more.



331.702 D923

**Your promising future : career development tools for young adults (student book & instructor's guide)** /  
Dunn, Meta.

Indianapolis, IN: JIST Works, 2004.

Subjects: Vocational guidance. Career education.

Summary: This curriculum takes a fun-filled, quick, and real approach to helping students figure out who they are and where they're going by creating enthusiasm with more than 75 activities, including: journaling, word searches, puzzles, competitions, role-playing, and much more!





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