



TEACHERS'  
BENEFITS

# TEACHER PENSION AND BENEFIT PLANS

**ADMINISTERED BY THE SASKATCHEWAN  
TEACHERS' FEDERATION**

2317 Arlington Avenue, Saskatoon SK S7J 2H8

August 16 to June 30, Monday-Friday 8:30 a.m.-5 p.m.

July 1 to August 15, Monday-Friday 8:30 a.m.-4 p.m. [www.stf.sk.ca](http://www.stf.sk.ca)

**Log in to MySTF to access personal STF benefits information**

## MEMBERS' HEALTH PLAN

For general inquiries or changes  
to personal information, contact  
the Federation at:

T: 1-800-667-7762;

306-373-1660

F: 306-374-1122

E: [health@stf.sk.ca](mailto:health@stf.sk.ca)

[www.stf.sk.ca/MySTF](http://www.stf.sk.ca/MySTF)

For the submission, status, or  
history of claims, and the coverage  
or balance of your benefits,  
contact GreenShield Canada at:

[gsceverywhere.ca/register](http://gsceverywhere.ca/register)

T: 1-888-711-1119

## MEMBER & FAMILY ASSISTANCE PROGRAM



Please log in to MySTF  
to view the dedicated  
MFAP phone number:

[www.stf.sk.ca/pension-benefits/  
teacher-benefits/mfap/](http://www.stf.sk.ca/pension-benefits/teacher-benefits/mfap/)

## SASKATCHEWAN TEACHERS' RETIREMENT PLAN

T: 1-800-667-7762;

306-373-1660

F: 306-955-1157

E: [strp@stf.sk.ca](mailto:strp@stf.sk.ca)

(The STRP does not exchange personal  
information via email.)

## TEACHERS' LONG-TERM DISABILITY PLAN

T: 1-800-667-7762;

306-373-1660

F: 306-373-5235

E: [disability@stf.sk.ca](mailto:disability@stf.sk.ca)

## PORTAPLAN – OPTIONAL LIFE INSURANCE

T: 1-800-667-7762;

306-373-1660

F: 306-374-1122

E: [portaplan@stf.sk.ca](mailto:portaplan@stf.sk.ca)



# TEACHER PENSION & BENEFIT PLANS

Administered by the Saskatchewan Teachers' Superannuation Commission

129 – 3085 Albert Street, Regina SK S4S 0B1

[www.stsc.gov.sk.ca](http://www.stsc.gov.sk.ca)



## Teachers' Dental Plan

**Government of Saskatchewan**

T: 1-877-364-8202

306-787-6440

[mail@stsc.gov.sk.ca](mailto:mail@stsc.gov.sk.ca)

**For the submission, status, or history of claims, and the coverage or balance of your benefits, contact Green Shield Canada at:**

[gsceverywhere.ca/register](http://gsceverywhere.ca/register)

T: 1-888-711-1119



## Saskatchewan Teachers' Superannuation Plan

*(Pension plan for new teachers in Saskatchewan before July 1980)*

T: 1-877-364-8202; 306-787-6440

[mail@stsc.gov.sk.ca](mailto:mail@stsc.gov.sk.ca)



## Teachers' Group Life Insurance

*(Mandatory)*

T: 1-877-364-8202; 306-787-6440

[mail@stsc.gov.sk.ca](mailto:mail@stsc.gov.sk.ca)

