

Sexual Harassment, Abuse and Exploitation:

A Bibliography of Resources

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Please note: Annotations have been excerpted and/or adapted from descriptions provided by the publishers.

004.692 B365

Young, John G. (Ed.)

B careful when u txt : the dangers of texting and sexting [DVD]

Mount Kisco, NY: Human Relations Media, 2010.

Subjects: Cell phones—Social aspects. Social interaction in adolescence. Text messages (Telephone systems)—Social aspects.

Summary: This book gives tips for keeping yourself safe when texting, showing what dangerous consequences might result from not following what might be considered common sense practices when sending messages. It includes dramatizations of situations with negative consequences, including someone who is in a car with a driver who is texting, someone who sends a nude picture (sexting), someone who texts a rumour, someone who texts to make plans with a friend without confirming the plans by voice, and other scenarios.

155.232 W667

Wilcox, Christine

Understanding violent behavior

San Diego, CA: ReferencePoint Press, 2018.

Subjects: Aggressiveness. Violence--Psychological aspects.

Summary: Human beings are among the most murderous species on the planet. From child abuse to road rage to torture to genocide, people are capable of unspeakable acts of violence. While some violent instincts are rooted in the fight-or-flight response, psychologists believe that humans are especially violent because of their fierce loyalty to their social groups.

302.343 S912

Strauss, Susan

Sexual harassment and bullying : a guide to keeping kids safe and holding schools accountable

Lanham, MD : Rowman & Littlefield, 2012

Subjects: Bullying--Prevention. Bullying. Sexual harassment in education. Sexual harassment--Prevention.

Summary: Despite headlines that label all harassment among youth as bullying, there is in fact a difference between sexual harassment and bullying. This book discusses the similarities and important differences between the two, offering firsthand accounts from victims and others involved in combating the activities that victimize students. It provides parents, youth advocates, scout leaders, and other concerned adults with practical steps to partner with schools to prevent and intervene on the behaviors to help keep kids safe. The book clearly identifies the steps to take to hold schools accountable when a student has been harassed or bullied, even when the school is not stopping the behavior. Providing examples throughout the work, the author helps readers become better acquainted with the various activities that constitute sexual harassment and bullying and what they can do to combat the problem.

302.434 S912

Strauss, Susan

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305.3071 M612

Meyer, Elizabeth J.

Gender and sexual diversity in schools : an introduction

New York, NY: Springer, 2010.

Subjects: Gender identity—Study and teaching. Sex differences in education. Sex role—Study and teaching.

Summary: This book addresses issues such as working with same-sex parented families in elementary schools; integrating gender and sexual diversity topics into the curriculum; addressing homophobic bullying and sexual harassment; advising gay-straight alliances; and supporting a transgender or gender non-conforming student are addressed. The suggestions offered in this book are based on recent research evidence and legal decisions to help educators handle the various situations professionally and from an ethical and legally defensible perspective.

305.42 L778

Little stones [DVD]

United States : Gravitas Ventures, 2018.

Subjects: Documentary films. Nonfiction films. Women's rights.

Summary: This film follows the uplifting stories of four women using rap, graffiti, fashion and dance to fight for women's rights around the world. Graffiti artist Panmela Castro has risen to the top of the male-dominated graffiti world in Brazil by using street art to raise awareness about domestic violence. Sohini Chakraborty is a dance therapist in India who is helping young sex-trafficking survivors learn to regain respect of their bodies again. English, Bengali, French, German, Portuguese, Swahili, Pulaar, or Wolof dialogue; subtitles: English, Spanish, German; English subtitles for the deaf and hard of hearing.

305.48897071 A366

Alec, Elaine

Calling my spirit back

Place of publication : Tellwell Talent, 2020.

Subjects: Adult child sexual abuse victims—Canada—Biography. Alcoholics—Canada—Biography. Indian women—Canada—Biography. Indians of North America—Religious life. Indigenous Peoples in Canada. Mental healing—Canada. Sexual abuse victims—Canada—Biography. Spiritual healing—Canada.

Summary: These stories are teachings, prophecy and protocols shared throughout the years by elders, language speakers, medicine people and helpers. They have been the foundation to individual healing and learning self-love. The author is Syilx and Secwepemc, and although many of her teachings come from these places, they also intertwine with Indigenous knowledge shared through ceremony from many other nations. These teachings not only show us how to love and respect ourselves but they provide protocols and laws on how we are to plan for ourselves, our community and our economy, and they show us how to govern our people through matriarchal and egalitarian teachings. The stories shared here have taught the author how to cultivate safe space for herself and others. It is these teachings that helped her call her spirit back. Her story may be rooted in trauma, but it is not her only story.

306.70835 S518

Sexting. Sex plus text equals trouble [DVD]

San Francisco, CA: Cerebellum, 2010.

Subjects: Cell phones and teenagers. Educational films. Nonfiction films. Teenagers—Sexual behavior. Text messaging (Cell phone systems).

Summary: Sexting is a combination of sex and text messaging. Junior high and high school students demonstrate the threat of 'sexted' sexually explicit or suggestive photographs, messages, and videos. Real-life scenarios are presented along with the resulting consequences affecting a teenager's personal, social, and future life. Follow students through a variety of sexting situations stemming from careless fun to cyberbullying along with their painful effects. Grades 7-12

306.70835 W214

Wallis, Thalia; Wallis, Pete

Talking consent : 16 workshops on relationship and sex education for schools and other youth settings

London, UK : Jessica Kingsley Publishers, 2021.

Subjects: Interpersonal relations—Study and teaching (Secondary). Sex instruction. Sexual consent. Sexual health—Study and teaching (Secondary). Teenagers—Sexual behavior.

Summary: This book provides teachers and parents with guidance on how to talk to young people about consent, pornography, sexting, sex in the media, and other related topics, showing how to discuss these complicated issues in constructive ways.

306.76 G285

Gay, straight and accepted [DVD]

San Francisco, CA: Cerebellum Corp., 2012.

Subjects: Educational films. Gay teenagers. Homosexuality. Lesbian teenagers. Nonfiction films. Sexual orientation.

Summary: Life can get confusing for adolescents when they begin to develop sexual attractions. Through the perspective of straight teenagers, we meet students coming to terms with how they

feel and dealing with the anxiety of 'coming out'. We meet Noel, who became extremely depressed because she did not know how to deal with being a lesbian, and Sam, who is a victim of homophobic harassment. In the end students will realize that sexual orientation should not be isolating.

362.76 S689

Bell, Ellyn Roberts; Bell, Stacey Ault

Singing with the sirens : overcoming the long-term effects of childhood sexual exploitation

Berkeley, CA: She Writes Press, 2015.

Subjects: Adult child abuse victims—Rehabilitation. Sexually abused children—Mental health.

Summary: This book provides an exploration of the complex trauma that results from early abuses in women's lives, how women fall prey to many challenging circumstances as a result, and how to reclaim the power within.

362.76 Y67

You are in charge of your body [DVD]

Mt. Kisco, NY, Human Relations Media, 2013.

Subjects: Child abuse—Prevention—Juvenile films. Child sexual abuse—PSex crimes—Juvenile films. Psychological aspects—Juvenile films. Educational films. Instructional films. Nonfiction films. Sexual harassment—Juvenile films.

Summary: This DVD provides an age-appropriate, comprehensive curriculum developed by elementary school educators and sexual abuse experts. The goal is to protect young children from abuse by helping them to understand what sexual abuse is, how they can recognize it, how and whom to tell, and empowering kids to take charge of their bodies.

306.760835 H236

Handling bullies when you're LGBTQ [DVD]

Mount Kisco, NY : Human Relations Media, 2019.

Subjects: Bullying—Prevention. Bullying. Educational films. Nonfiction films. Sexual minority youth—Violence against.

Summary: Did you know that young people who identify as LGBTQ are at an increased risk for bullying? Young people who do not adhere to gender norms or “typical” heteronormative behavior are much more likely to be targeted for being different, even if they aren’t “out.” This program takes an in-depth look at the consequences of bullying in the LGBTQ community, including depression, truancy, substance abuse and even suicide. In fact, LGBTQ youth contemplate suicide at three times the rate of heterosexual peers. Viewers hear from LGBT young people who have experienced bullying first hand. Psychologist Robert Eckstein, discusses the emotional and physical effects of bullying on LGBTQ youth, and what they can do to combat bullying and feeling safe.

362.76092 B554

Besel, Donna

The unravelling : incest and the destruction of a family

Regina, SK: University of Regina Press, 2021.

Subjects: Adult child sexual abuse victims--Canada--Biography. Besel, Donna. Incest victims--Canada--Biography. Trials (Incest)--Canada.

Summary: This book is a brave retelling of the aftermath of reporting sexual assault in a small community. It's the antithesis of why a wedding should be memorable. In 1992, at a sister's nuptials, Besel's family members discovered that their father, Jock Tod, had molested their younger sister. As more survivors came forward, the family realized that their father had sexually assaulted four of the six sisters in a family of eleven children, and had been doing so for years. Despite there being enough evidence to charge their father, the trial and prosecution rocked Besel's family and deeply divided their small rural community. This book is a riveting telling of the destruction caused by sexual assault, and the physical, psychological, emotional, financial, and legal tolls survivors often shoulder. Donna Besel offers an honest portrayal of the years-long process, from disclosure to prosecution, that offers readers greater insight into the challenges victims of sexual assault face and the remarkable strength and resilience required to obtain some measure of justice.

306.7663 C431

Chahaby, Ma-Nee

A two-spirit journey : the autobiography of a lesbian Ojibwa-Cree elder

Winnipeg, MB : University of Manitoba Press, 2016.

Subjects: Chacaby, Ma-Nee,—1950- . Cree Indians—Ontario—Thunder Bay—Biography. Indigenous Peoples in Canada. Lesbians—Ontario—Thunder Bay—Biography. Ojibwa Indians—Ontario—Thunder Bay—Biography.

Summary: The author recounts her life as an Ojibwa-Cree lesbian, from her childhood to her eventual social activism. As a child, Chacaby learned spiritual and cultural traditions from her Cree grandmother and trapping, hunting, and bush survival skills from her Ojibwa stepfather. She also suffered physical and sexual abuse by different adults, and in her teen years became alcoholic herself. At twenty, Chacaby moved to Thunder Bay with her children to escape an abusive marriage. Abuse, compounded by racism, continued, but Chacaby found supports to help herself and others. Over the following decades, she achieved sobriety; trained and worked as an alcoholism counsellor; raised her children and fostered many others; learned to live with visual impairment; and came out as a lesbian. In 2013, Chacaby led the first gay pride parade in Thunder Bay. Ma-Nee Chacaby has emerged from hardship grounded in faith, compassion, humour, and resilience. Her memoir provides unprecedented insights into the challenges still faced by many Indigenous people.

362.76 M685

Mitzel, Jessica

Not your princess

Place of publication: Publisher not identified, 2016.

Subjects: Child sexual abuse. Mitzel, Jessica. Stockholm syndrome.

Summary: This book reveals the dark journey through abuse and the triumph of overcoming it in the hope of connecting with other abuse victims that are struggling, and to shed light on a major social issue.

362.7672 S215

Sanders, Jayneen

Let's talk about body boundaries, consent and respect : a book to teach children about body ownership, respectful relationships, feelings and emotions, choices and recognizing bullying behaviors

Victoria, Australia : UpLoad Publishing Pty Ltd, 2018.

Subjects: Child abuse—Prevention—Juvenile literature. Child sexual abuse—Prevention—Juvenile literature. Interpersonal relations—Juvenile literature. Personal space—Juvenile literature. Respect for persons—Juvenile literature.

Summary: This book explores consent and respect with children especially in relation to body boundaries, both theirs and others. A child growing up knowing they have a right to their own personal space, gives that child ownership and choices as to what happens to them. These concepts are presented in a child-friendly and easily-understood manner.

362.8292 P822

Poole, H. W.

Abuse among family and friends

Philadelphia, PA : Mason Crest, 2020.

Subjects: Family violence. Interpersonal relations. Sex crimes.

Summary: The sexual exploitation of children is one of our most disturbing social problems. It's far more common than most people realize: more children are coping with sexual abuse than with asthma. This book provides clear and supportive information on what sexual abuse is, how to get help, and how to help a friend who has experienced it.

362.88 P822

Poole, H. W.

Preventing sexual assault and harassment

Philadelphia, PA : Mason Crest, 2020.

Subjects: Sex crimes—Prevention. Sexual harassment—Prevention.

Summary: What began as a hashtag has become a revolution. In 2017 the Me Too movement dominated the headlines, impacting not only workplaces but also campuses and classrooms. This book takes a close look at the issues of sexual violence and harassment and provides information on what you can do to make yourself, your friends, and your community safer. Sexual violence and harassment are alarmingly widespread problems that we as a society have only just begun to confront. From the legal framework for fighting harassment to bystander intervention tips, and from safe-dating strategies to understanding sexual abuse, this series help readers navigate a complex world of shifting standards and expectations.

362.880820971 R299

Reclaiming power and place, volume 1a : the final report of the National Inquiry into Missing and Murdered Indigenous Women and Girls

Gatineau, QC : National Inquiry into Missing and Murdered Indigenous Women and Girls, 2019.

Subjects: Governmental investigations—Canada. Indigenous Peoples in Canada. Missing persons—Investigation—Canada. Murder victims—Canada. Native women—Crimes against—Canada. Native women—Violence against—Canada.

Summary: To continue reading the Final Report, please see Reclaiming power and place, volume 1b : the final report of the National Inquiry into Missing and Murdered Indigenous Women and Girls.

362.880820971 R797

Rose, Simon; Corrigan, Kathleen

Missing and exploited Indigenous women and girls

Collingwood, ON : Beech Street Books, 2021.

Subjects: Indigenous Peoples in Canada. Indigenous women—Canada—Social conditions—Juvenile literature. Indigenous women—Crimes against—Canada—Juvenile literature. Indigenous women—Violence against—Canada—Juvenile literature. Missing persons—Canada—Juvenile literature.

Summary: This book discusses the crisis of missing and murdered Indigenous women and girls in Canada, the national inquiry that was held to examine this crisis and offer recommendations for change, the factors that have contributed to this crisis, and how to honour the victims.

362.88083 C783

Coping with dating violence and abuse [DVD]

Mount Kisco, NY: Human Relations Media, 2014.

Subjects: Dating violence. Educational films. Interpersonal relationships. Nonfiction films. Teenage girls—Abuse of. Victims of dating violence. Youth and violence.

Summary: Includes: 20-minute video with 30-page PDF. Grades 7 - Post Secondary.

362.88083 T258

Teen dating abuse [DVD]

Falls Church, VA: Cerebellum Corporation, 2016.

Subjects: Dating violence. Educational films. Instructional films. Interpersonal relations. Nonfiction films. Youth and violence.

Summary: An effective program to combat teen dating abuse is an essential part of any high school and guidance curriculum. This program brings the causes and consequences of teen dating abuse to life through a series of dramatic vignettes, and viewers learn how any young person can be affected. Accompanying CD-ROM contains digital workbook/teacher's guide.

362.8808997 M939

MtPleasant, Jen

Missing and murdered Indigenous people in "Canada": an inclusionary approach to understanding violence against the original people of Turtle Island

Place of publication : publisher not identified, 2019.

Subjects: Indians of North America—Canada—Social conditions. Indians of North America—Crimes against—Canada. Indians of North America—Violence against—Canada. Indians, Treatment of—Canada—History. Indians, Treatment of—Canada. Indigenous Peoples in Canada.

Summary: Since European settlers first began to arrive on the shores of Turtle Island over 500 years ago, Indigenous people in "Canada" have been and continue to be the targets of: sexual violence and rape; physical, cultural and spiritual genocide; systemic and state violence; and, violent victimization. In this book, we explore Indigenous people and societies in the pre-, early-,

and post contact eras. We will learn about the various forms of violence in which Indigenous people have been and continue to be the targets of. For example, violent victimization and the pandemic of missing and murdered Indigenous people of all genders. We will also explore other areas in which Indigenous people have become victim to: over-representation in the criminal justice system and the homelessness population; poor quality of life in First Nations communities across Canada; high rates of fire-related deaths on-reserve; problematic education; high incidents of Indigenous people involved in gangs; over-representation of Indigenous children in care; and, high suicide rates.

362.883 D313

Defining sexual assault [DVD]

Mt. Kisco, NY: Human Relations Media, 2013.

Subjects: Acquaintance rape victims—Rehabilitation. Acquaintance rape—Prevention. Educational films. Rape victims—Rehabilitation. Rape—Prevention.

Summary: Three post-college survivors of sexual assault tell their stories while giving definitions of sexual assault and consent, discussing options for the victim after the assault, and providing ways to empower survivors. Social workers also offer input, particularly in describing what friends, roommates, and relatives can do to help victims. In the final part, risk reduction and bystander intervention are discussed. Throughout, there is emphasis on the assault not being the survivor's fault. It is also stressed that while there are precautions that can be made to limit chances of sexual assault, risk cannot be completely eliminated. Additionally, the promotion of bystander intervention encourages men and women to develop skills in diffusing situations so that they don't escalate into sexual violence. The survivors here are personable and will relate well with the audience.

362.883 G411

Ghafoerkhan, Olivia

Sexual assault : the ultimate teen guide

Lanham, MD: Rowman & Littlefield, 2017.

Subjects: Sex crimes—Juvenile literature. Sexual abuse victims—Services for—Juvenile literature. Sexually abused teenagers—Services for—Juvenile literature.

Summary: This book provides strategies, tools and resources to help readers cope with sexual violence, outlining ways they can get the help they need.

364.15082 M134

McDiarmid, Jessica

Highway of tears : a true story of racism, indifference and the pursuit of justice for missing and murdered Indigenous women and girls

Toronto, ON : Doubleday Canada, 2019.

Subjects: Canada—Race relations. Indigenous peoples in Canada. Missing persons—British Columbia, Northern. Murder victims—British Columbia, Northern. Native women—British Columbia—Social conditions. Native women—Crimes against—British Columbia. Native women—Violence against—British Columbia.

Summary: This book follows a series of unsolved disappearances and murders of Indigenous women in rural British Columbia. Along northern Canada's Highway 16, a yellow billboard reads GIRLS, DON'T HITCHHIKE. KILLER ON THE LOOSE. The highway is a 450-mile stretch of

dirt and asphalt, surrounded by rugged wilderness and snowy mountain peaks. It is known as the Highway of Tears. It is here that countless women and girls, most of them Indigenous, have vanished since 1969. The author reassembles the lives of the victims, who they were, where they came from, who loved them, and what led them to the highway and takes us into their families determined fight for the truth. Combining hard-hitting reporting with a keen, human eye, this book is a penetrating look at decades worth of tragedy and the fight to honor the victims by preserving their stories and providing them the justice they deserve.

364.15082 M678

Missing and murdered Aboriginal women in Canada [DVD]

Orangeville, ON : McIntyre Media Inc., 2016.

Subjects: Indian woman—Canada—Social conditions. Indian women—Crimes against—Canada. Indian women—Violence against—Canada. Indigenous women—Civil rights—Canada. Missing persons. Nonfiction films.

Summary: Indigenous women and girls in Canada experience a scale and severity of violence that constitutes a national human rights crisis.

364.153 B922

Buckey, A. W.

Sexual violence

San Diego, CA : ReferencePoint Press, 2020.

Subjects: Sex crimes. Sexual abuse victims.

Summary: This book explores the history behind rape, sexual harassment, and other forms of sexual violence, the effects of these issues on society, and ongoing efforts toward preventing sexual violence.

364.153 P822

Poole, Hilary W.

Coping with sexual violence and harassment

Broomall, PA : Mason Crest, 2020.

Subjects: Harassment. Offenses against the person—Prevention. Sex crimes.

Summary: No matter who you are, experiencing sexual violence or harassment can be devastating. But there is hope—many people have been through these situations and have come out the other side stronger than they were before. This book will help you get started on your way to recovery, from reporting an incident all the way to long-term strategies for self-care.

364.153 P822

Poole, Hilary W.

Dealing with dating and romance

Philadelphia, PA : Mason Crest, 2020.

Subjects: Harassment. Sex crimes.

Summary: This book will introduce you to key concepts like consent, provide advice about how to date safely, share information about what a healthy relationship is and how to build one, and offer counsel about getting out of relationships that are violent or toxic.

364.1532 G411

Bystander intervention. Putting a stop to sexual assault [DVD]

Mt. Kisco, NY: Human Relations Media, 2016.

Subjects: Acquaintance rape—Prevention. Educational films. Rape—Prevention.

Summary: Grades: 7 - Post Secondary.

364.154 M123

McCarthy, Katherine

Invisible victims : missing and murdered Indigenous women

Canada : VP Publications, 2016.

Subjects: Indian women—Crimes against—Canada. Indians of North America—Canada—Social conditions. Indigenous Peoples in Canada. Missing persons—Canada. Serial murderers—Canada.

Summary: Indigenous women and girls are more likely to suffer extreme violence than other women. So why is the level of violence towards Indigenous women reaching crisis levels? Centuries of discrimination, long term effects of the dreadful residential school era, and many other appalling government-approved practices have resulted in widespread racism towards Indigenous people. Attempts at genocide didn't cease centuries ago like many believe. They just became more subtle. This book is a shocking work that shines a spotlight on the Missing and Murdered Indigenous Women tragedy in Canada, its root causes and several cases. It also includes serial killers who specifically targeted Indigenous women as victims, as a direct result of indifference on the part of Canada's law enforcement, media and government.

364.1551 C976

Currie-McGhee, L. K. (Leanne K.)

Human rights in focus : human trafficking

San Diego, CA : ReferencePoint Press, 2018.

Subjects: Human rights. Human trafficking.

Summary: Globally, millions of people live in modern day slavery. Men, women, and children across the world are subject to forced labor and sexual exploitation at the hands of human traffickers. The challenges human trafficking victims face, the efforts to eradicate this crime, and how to assist victims are discussed in this book.

365.3409713 L814

Locked up. W5 [DVD]

Toronto, ON : CTV Television Network, 2019..

Subjects: Child abuse--Ontario--Canada. Documentary television programs. Juvenile detention homes--Ontario--Canada. Reformatories--Ontario--Canada. Sexual abuse--Ontario--Canada.

Summary: Locked up is a short W5 program that depicts the abusive history of the provincially run Brookside Training School in Ontario, where thousands of children who were deemed unmanageable were sentenced to spend time from 1931 to 1984. It features the case of Rick Brown, who was sentenced as a youth to an indeterminate amount of time at the reform school. He has joined a class action lawsuit against the Ontario government which has been started by former students who suffered abuse and mistreatment while they spent time at this and other similar provincial institutions. Note: This resource includes content of a mature and sensitive

nature. Educators are advised to consult their school division's materials selection policy before using this resource in their classroom.

Curriculum Notes: Law 30.

370.81 G624

Goldstein, Tara

Teaching gender and sexuality at school : letters to teachers

New York, NY : Routledge, 2019.

Subjects: Gender identity in education. Homophobia in schools. Sex differences in education. Sexual minorities—Education (Elementary). Sexual minorities—Education (Secondary).

Teacher-student relationships.

Summary: In a set of compelling letters to teachers, the author addresses a full range of issues facing students and families across the LGBTQ spectrum at elementary and secondary school. She talks to teachers about how they can support the LGBTQ students and families by normalizing LGBTQ lives in the curriculum, challenging homophobic and transphobic ideas, and building an inclusive school culture that both expects and welcomes LGBTQ students and their families. This book provides readers with the knowledge and resources they need to create safer and more positive classrooms themselves and discusses what it takes to build authentic, trusting relationships with LGBTQ students and families.

371.58 B938

Bullying : experiences and discourses of sexuality and gender

Abingdon, Oxon, England: Routledge, 2013.

Subjects: Bullying in schools—Psychological aspects. Bullying in schools. Harassment in schools. Sexual harassment in education.

Summary: This book provides a valuable insight into the experiences of young people and how bullying can impact upon them in the school environment. It offers an introduction to the key issues associated with bullying on the grounds of sex and sexual orientation, pointing to key policies and guidance on these difficult issues.

371.58 H429

Nuwer, Hank (Ed.)

Hazing : destroying young lives

Bloomington, IN : Indiana University Press, 2018.

Subjects: College students—Conduct of life. Greek letter societies. Hazing. Initiations (into trades, societies, etc.)

Summary: This hard-hitting compilation addresses the numerous, significant, and often overlooked impacts hazing, including sexual exploitation, mental distress, depression, and even suicide.

371.58 H615

Hey, Shorty! : a guide to combating sexual harassment and violence in schools and on the street

New York, NY: Feminist Press, 2011.

Subjects: Sexual harassment of women—Prevention. Sexual harassment—Prevention. Sexual harassment—Study and teaching.

Summary: Girls for Gender Equity, a nonprofit organization based in New York City, has developed a model for teens to teach one another about sexual harassment, what it is and how to prevent it.

371.78 S518

Sexual harassment in education and work settings : current research and best practices for prevention

Santa Barbara, CA: Praeger, 2015.

Subjects: Sexual harassment in education. Sexual harassment.

Summary: This book addresses current legal and psychological issues involved in campus and workplace violence, specifically sexual misconduct, and offers best practices for organizations seeking to prevent and respond to sexual misconduct.

371.786 F443

Fibkins, William L.

Sexual misconduct in the schoolhouse : prevention strategies for principals, teachers, coaches, and students

Lanham, MD: Rowman & Littlefield, 2017.

Subjects: Child sexual abuse by teachers—Prevention—Handbooks, manuals, etc. Coaches (Athletics)—Professional ethics—Handbooks, manuals, etc. Teachers—Professional ethics—Handbooks, manuals, etc.

Summary: This book seeks to educate principals, counselors, teachers, coaches, and support staff about sexual misconduct, while providing a training model to prepare school staff to avoid sexual misconduct, to encourage school leaders to upgrade their supervision efforts, and to provide needed outreach and intervention before sexual misconduct occurs.

371.78 S896

Straight talk about sexual harassment [DVD]

Mt. Kisco, NY : Human Relations Media, 2019.

Subjects: Educational films. Girls—Violence against. Sexual harassment in education. Sexual harassment—Prevention. Teenagers—Sexual behavior.

Summary: Teacher's Guide included on disc as a PDF file.

371.8266 M473

Mayo, Cris

LGBTQ youth and education : policies and practices

New York, NY: Teachers College Press, 2014.

Subjects: Gay youth—Education. Homosexuality and education.

Summary: Based on the diverse experiences of LGBTQ students and their allies, this essential volume brings together in one resource the major issues that schools must address to improve the educational outcomes for gender and sexual minority students, as well as all students. Many of these issues involve negative school-based experiences that teachers and administrators need to be aware of as they interact with students on a daily basis, including those that encourage dropping out, substance abuse, and disproportionate thoughts of suicide. This insightful work not only examines the challenges of discrimination, harassment, and alienation that LGBTQ youth face, but it also captures students' resilience and creativity in organizing against those challenges.

371.8266 S559

Short, Donn

Am I safe here? : LGBTQ teens and bullying in schools

Vancouver, BC: On Point Press, 2017.

Subjects: Bisexual students—Education—Canada. Bullying in schools—Canada. Gay students—Education—Canada. Lesbian students—Education—Canada. Sexual minority students—Canada. Teenagers—Canada. Transgender youth—Education—Canada.

Summary: This book shines a light on the marginalization and bullying faced by LGBTQ youth, offering a new conceptualization of school safety. The author treats students as the experts on what happens in their schools, giving them a chance to speak for themselves. They identify what it would take to make a school truly safe—insightfully explaining that safety doesn't come merely from security cameras, ID tags, and dress codes, but from a culture that values equity and social justice. Revealing the reality of going to school in an environment that implicitly (and sometimes explicitly) endorses homophobia, heterosexism, and heteronormativity, the students share their ideas about how to change school culture.

371.82997 W361

We were children = Nous étions des enfants [DVD]

Montreal, QC : National Film Board of Canada, 2012.

Subjects: Biographical films. Documentary films. Historical films. Indians of North America—Canada—History. Indigenous children—Abuse of—Canada. Nonfiction films. Off-reservation boarding schools—Canada.

Summary: As young children, Lyna and Glen were taken from their homes and placed in church-run boarding schools. The trauma of this experience was made worse by years of untold physical, sexual and emotional abuse, the effects of which persist in their adult lives. In this emotional film, the profound impact of the Canadian government's residential school system is conveyed unflinchingly through the eyes of two children who were forced to face hardships beyond their years. This DVD gives voice to a national tragedy and demonstrates the incredible resilience of the human spirit.

372.37 J67

Johnson, Jinny

Being safe

St. Catharines, ON: Crabtree Publishing, 2010.

Subjects: Accidents—Prevention—Juvenile literature. Safety education—Juvenile literature.

Summary: This easy-to-read book from the *Now We Know About* Series addresses ways to stay safe in various situations. The book highlights behaviours that jeopardize people's safety.

Curriculum Notes: Health education grade 4 (2010). USC4.4—Personal responsibility for safety.

372.37 S215

Sanders, Jayneen

My body! What I says goes!

Victoria, Australia : UpLoad Publishing Pty Ltd, 2016.

Subjects: Child sexual abuse--Prevention--Juvenile literature. Personal space--Juvenile literature. Privacy--Juvenile literature. Secrecy--Juvenile literature. Touch--Juvenile literature.

Summary: This picture book educates children about the importance of personal body safety. It focuses on developing student understanding of five body safety rules. Discussion questions and additional links to resources are included at the back of the book.

Curriculum Notes: Health education grade K. Health education grade 1 (2010). Health education grade 2 (2010). Health education grade 3 (2010). Health education grade 4 (2010).

372.37 S817

Steffy, Lynne

Shelly's shell

General Store Pub. House, 2010.

Subjects: Sexually abused children—Juvenile literature. Sexually abused children—Rehabilitation—Juvenile literature.

Summary: This book was designed to help children who have been sexually abused. Shelly, the main character, is ashamed to tell her mother that she has been sexually abused. Shelly withdraws from her favourite activities, and her shell begins to grow thicker and thicker. Finally, a wise swan helps Shelly to nurture and protect herself and to reclaim her life.

Curriculum Notes: Health education grade 2 (2010). Health education grade 3 (2010).

372.372 B879

Brown, Michelle

Please stop! Go tell!

United States : Michelle Brown, 2015.

Subjects: Child sexual abuse--Prevention--Juvenile literature. Privacy--Children--Juvenile literature. Safety education. Secrecy--Juvenile literature. Touch--Juvenile literature.

Summary: This resource is intended for parents, teachers and counselors who communicate with children about body safety. The story includes questions that invite reflection and responses from children.

Curriculum Notes: Health education grade K. Health education grade 1 (2010). Health education grade 2 (2010). Health education grade 3 (2010). Health education grade 4 (2010).

372.372 K47 OVERSIZE

Kids in the know. Personal safety program [kit]

Winnipeg, MB: Canadian Centre for Child Protection, 2016.

Subjects: Child sexual abuse—Prevention. Children and strangers. Children—Crimes against—Prevention. Children's accidents — Prevention. Safety education.

Summary: Books: Titles: *Baxter Bunny brings his buddies — Hooty knows — Cosmo trusts his instincts — Tulee means business — Teatree's keep and speak secrets.* Comic books: *Zoe & Molly online — Zoe & Molly online : caught in the net.*

372.372 S215

Sanders, Jayneen.

No means no! : teaching children about personal boundaries, respect and consent; empowering kids by respecting their choices and their right to say, 'No!'

Victoria, Australia : UpLoad Publishing Pty Ltd, 2015.

Subjects: Child sexual abuse—Prevention—Juvenile literature. Privacy—Juvenile literature. Respect—Juvenile literature. Secrets—Juvenile literature. Touch—Juvenile literature.

Summary: This picture book explores the topic of personal boundaries, respect and consent using attainable language. It provides examples of how children can voice their feelings by using a simple phrase that is easy to understand. It includes a section of notes to the reader and discussion questions for parents, caregivers and educators.

Curriculum Notes: Kindergarten curriculum. Health grade 1 (2010). Health grade 2 (2010).

372.3720440942 G259

Gates, Jenni; Buckler, Scott

Lessons in love and understanding : relationships, sexuality and gender in the classroom

Thousand Oaks, CA : Corwin, 2020.

Subjects: Interpersonal relations—Study and teaching (Elementary)—England. Interpersonal relations—Study and teaching (Secondary)—England. Sex instruction for children—England. Sexual health—Study and teaching (Elementary)—England. Sexual health—Study and teaching (Secondary)—England.

Summary: Sex and gender are delicate and nuanced issues for all of us and can be intimidating topics to teach. This practical, empathetic book aims to dispel some of the uncertainties that many teachers have and empower them to lead inclusive, age-appropriate lessons in primary and secondary schools. Taking an approach that celebrates the individual identity of all learners, and underpinned by an awareness of the complexity of language around these topics, this book offers a careful evaluation of the 2020 Relationship and Sex Education policy for schools in England, and how schools can offer intelligent, socially responsible, sex education that goes beyond simply meeting statutory requirements.

613.6071 S897

Stranger danger awareness. Grades 3-6 : the five traps [DVD]

Falls Church, VA: Cerebellum Corporation, 2016.

Subjects: Children and strangers. Crime prevention. Educational films. Instructional films. Nonfiction films. Safety education. Safety.

Summary: This DVD is a comprehensive stranger danger program showing young viewers how to avoid five common traps bad strangers use (the pet trap, the car trap, the authority trap, the playmate trap, and the technology trap) through a series of dramatic vignettes. It also shows them how the strangers they encounter every day on their way to and from school, in stores, and online can be dangerous, regardless of their appearance.

613.95 B573

Beyond the basics: a resource for educators on sexuality and sexual health

Ottawa, ON: Action Canada for Sexual Health & Rights, 2017.

Subjects: Sex instruction. Sexually transmitted diseases—Prevention.

Summary: This book offers the tools to teach your people about sexuality and sexual health from a sex positive, human rights perspective. Covering topics that range from anatomy to consent and healthy relationships, this book approaches sexuality education across all gender identities and sexual orientations with activities that help move students from receiving information to making decisions based on critical thinking skills and empowerment.

Curriculum Notes: Health education grade 6 (2009). Health education grade 7 (2009). Health education grade 8 (2009). Health education grade 9 (2009).

616.8582239 E57

Engel, Beverly

It wasn't your fault : freeing yourself from the shame of childhood abuse with the power of self-compassion

Oakland, CA: New Harbinger Publications, Inc., 2015.

Subjects: Adult child abuse victims. Self-esteem. Shame.

Summary: Shame is one of the most destructive of human emotions. If you suffered childhood physical or sexual abuse, you may experience such intense feelings of shame that it almost seems to define you as a person. To begin healing, it's important for you to know that it wasn't your fault. In this gentle guide, the author presents a mindfulness and compassion-based therapeutic approach to help you overcome the debilitating shame that keeps you tied to the past. By following the step-by-step exercises in this book, you'll gain a greater understanding of the root cause of your shame. By cultivating compassion toward yourself, you will begin to heal and move past your painful experiences.

616.85836 L833

Lohmann, Raycelle Cassada; Raja, Sheela

The sexual trauma workbook for teen girls : a guide to recovery from sexual assault and abuse

Oakland, CA: Instant Help Books, 2016.

Subjects: Rape. Sex crimes. Sexual abuse victims. Teenagers—Crimes against.

Summary: This book offers healing, real-life stories from survivors and powerful, evidence-based tools to help you reclaim your life after sexual abuse or trauma.

616.85882 W957

Wrobel, Mary J.

Taking care of myself2 : for teenagers and young adults with ASD

Arlington, TX: Future Horizons, 2017.

Subjects: Autistic youth—Health and hygiene. Autistic youth—Sexual behavior. Puberty. Sex instruction for people with mental disabilities.

Summary: Written specifically for teenagers and young adults with Autism Spectrum Disorders (ASD), this instructional book is meant to be used by parents, instructors, therapists, and individuals on the Autism spectrum. Teenagers and young adults with ASD typically want what everyone in their age group does. Topics such as dressing for different events; feeling anxious in social situations; and public versus private behaviors are included in this book. Being independent means understanding and managing their health and personal safety, to the best of their ability. This includes important topics such as: staying healthy, anxiety, depression, feeling suicidal, social media, sexual harassment and even rape. Forming relationships, especially intimate relationships, are of special interest to teens and young adults on the Autism spectrum. Several topics such as developing a variety of relationships; as well as sex and sexual relationships are covered in this book. Other topics include: finding and keeping friends, finding a boyfriend or girlfriend, how do we define sex, safe and responsible sex, deciding to have sex with a partner, and sex as a choice.

618.200835 F674

Fonda, Jane

Being a teen : everything teen girls & boys should know about relationships, sex, love, health, identity & more

New York, NY: Random House, 2014.

Subjects: Adolescent psychology. Sex instruction for teenagers. Teenage pregnancy.

Teenagers—Health and hygiene. Teenagers—Sexual behavior.

Summary: The author discusses sex and sexuality for boys and girls, covering how teens should take care of their bodies, embrace their experiences, and strengthen self-esteem. This book includes information on bullying, sexual abuse, eating disorders, pregnancy, and more.

618.928521 B959

Burke Harris, Nadine.

The deepest well : healing the long-term effects of childhood adversity

Boston, MA : Houghton Mifflin Harcourt, 2018.

Subjects: Child mental health. Psychic trauma in children. Stress in children.

Summary: Dr. Nadine Burke Harris was already known as a crusading physician delivering targeted care to vulnerable children. But it was Diego — a boy who had stopped growing after a sexual assault — who galvanized her journey to uncover the connections between toxic stress and lifelong illnesses. The stunning news of Burke Harris's research is just how deeply our bodies can be imprinted by ACEs—adverse childhood experiences like abuse, neglect, parental addiction, mental illness, and divorce. Childhood adversity changes our biological systems, and lasts a lifetime. For anyone who has faced a difficult childhood, or who cares about the millions of children who do, the fascinating scientific insight and innovative, acclaimed health interventions in this book represent vitally important hope for preventing lifelong illness for those we love and for generations to come.

618.928521 N163

Nakazawa, Donna Jackson

Childhood disrupted : how your biography becomes your biology, and how you can heal

New York, NY: Atria Paperback, 2015.

Subjects: Adult child abuse victims--Mental health. Parent and child. Post-traumatic stress disorder. Psychic trauma in children.

Summary: The emotional trauma we suffer as children not only shapes our emotional lives as adults, but it also affects our physical health, longevity, and overall wellbeing. Scientists now know on a bio-chemical level exactly how parents' chronic fights, divorce, death in the family, being bullied or hazed, and growing up with a hypercritical, alcoholic, or mentally ill parent can leave permanent, physical "fingerprints" on our brains. When children encounter sudden or chronic adversity, stress hormones cause powerful changes in the body, altering the body's chemistry. The developing immune system and brain react to this chemical barrage by permanently resetting children's stress response to "high," which in turn can have a devastating impact on their mental and physical health as they grow up.

646.77 H434

Unhealthy dating relationships: Are you blinded by the bright light of love? [DVD]

Southington, CT: Mazzarella Media, 2011.

Subjects: Dating (Social customs). Dating violence. Interpersonal relations. Invective. Jealousy.

Nonfiction films. Possessiveness. Psychological abuse. Teenagers—Abuse of.

Summary: Unfortunately jealousy, possessiveness, and emotional and physical abuse are accepted behaviors in far too many young relationships. This program challenges teens to take time for a relationship check up. Each scenario presents true-to-life relationship challenges just about every young person faces as some point. The program helps viewers identify characteristics and behaviors that are not conducive to healthy relationships. Students are encouraged to assess their relationship honestly as to fairness, respect, trust and communication. Grades 7-12.

741.5971 J79

Jonnie, Brianna; Shingoose, Nahanni

If I go missing [graphic novel]

Toronto, ON : James Lorimer & Company Ltd., Publishers, 2019.

Subjects: Graphic novels. Indigenous Peoples in Canada. Native women—Canada—Social conditions—Comic books, strips, etc. Native women—Crimes against—Canada—Comic books, strips, etc. Native women—Violence against—Canada—Comic books, strips, etc.

Summary: A powerfully illustrated graphic novel for teens about the subject of missing and murdered Indigenous people. Combining graphic fiction and non-fiction, this young adult graphic novel serves as a window into one of the unique dangers of being an Indigenous teen in Canada today. The text of the book is derived from excerpts of a letter written to the Winnipeg Chief of Police by fourteen-year-old Brianna Jonnie — a letter that went viral and in which, Jonnie calls out the authorities for neglecting to immediately investigate and involve the public in the search for missing Indigenous people, and urges them to "not treat me as the Indigenous person I am proud to be" if she were to be reported missing. Indigenous artist Neal Shannacappo provides the artwork for the book. Through his illustrations he imagines a situation in which a young Indigenous woman does disappear, portraying the reaction of her community, her friends, the police and media. An author's note at the end of the book provides context for young readers about Missing and Murdered Indigenous Women and Girls in Canada.

741.5971 R649

Robertson, David.

Betty: the Helen Betty Osborne story [graphic novel]

Winnipeg, MB : Highwater Press, 2015.

Subjects: Graphic novels. Indigenous women—Crimes against—Canada—Comic books, strips, etc. Indigenous women—Violence against—Canada—Comic books, strips, etc. Osborne, Helen Betty, 1952-1971—Comic books, strips, etc.

Summary: Helen Betty Osborne, known as Betty to her closest friends and family, dreamed of becoming a teacher. She left home to attend residential school and later moved to The Pas, Manitoba, to attend high school. On November 13, 1971, Betty was abducted and brutally murdered by four young men. Initially met with silence and indifference, her tragic murder resonates loudly today. Betty represents one of almost 1,200 Indigenous women in Canada who have been murdered or gone missing. This is her story.

741.5971 R649

Robertson, David

Sugar falls : a residential school story [graphic novel]

Winnipeg, MB : Highwater Press, 2011.

Subjects: Graphic novels. Indigenous Peoples in Canada. Native Peoples—Canada—Residential schools—Comic books, strips, etc. Off-reservation boarding schools—Comic books, strips, etc.

Summary: Daniel's school assignment is to report a personal account from a residential school survivor. April introduces Daniel to her Kokum, Betsy, who is a residential school survivor. Betsy was abandoned when she was a young girl and was adopted by a loving family. When she was 8 years old, a priest took her away from her family and places her in a residential school. Betsy endured the loss of her culture and suffered physical and sexual abuse. Betsy managed to find her inner strength to be strong, hold onto her language and her spirit.

Curriculum Notes: English language arts 20 (2012).

741.5971 R649

Robertson, David

Will I see? [graphic novel]

Winnipeg, MB : Highwater Press, 2016.

Subjects: Graphic novels. Indigenous women—Crimes against—Canada—Comic books, strips, etc. Indigenous women—Violence against—Canada—Comic books, strips, etc.

Summary: May, a young teenage girl, traverses the city streets, finding keepsakes in different places along her journey. When May and her kookum make these keepsakes into a necklace, it opens a world of danger and fantasy. While May fights against a terrible reality, she learns that there is strength in the spirit of those who have passed. But will that strength be able to save her? A story of tragedy and beauty, this graphic novel illuminates the issue of missing and murdered Indigenous women.

813.6 G664

Gordon, Michael

My body bubble

Place of publication: Publisher not identified, 2021.

Subjects: Child sexual abuse--Prevention--Juvenile fiction. Interpersonal relations--Juvenile fiction. Personal space--Juvenile fiction. Respect for persons--Juvenile fiction.

Summary: Saying NO to hugs is OK. All preschoolers and young kids want to touch everything and everyone as they learn about the world around them. As much as kids enjoy physical contact with close family members, it doesn't always mean that they are okay with strangers or friends touching them.

813.6 K48

Kilbourne, Christina

Dear Jo: the story of losing Leah—and searching for hope

Erin, ON: Why Knot Books, 2014.

Subjects: Best friends—Juvenile fiction. Computer crimes—Juvenile fiction. Guilt—Juvenile fiction. Internet—Juvenile fiction. Missing children—Juvenile fiction. Online chat groups—Juvenile fiction.

Summary: Through her journal entries (i.e., Jo), 13-year-old Max reveals how her friend Leah went missing after she and Max had been chatting online with strangers. Max describes her guilt, her anger, her sadness, and her efforts to help the police find Leah and capture an Internet

predator. The book offers a section with valuable Internet safety tips for children and their parents.

Curriculum Notes: Health education grade 5 (2010).

813.6 L833

Lohans, Alison

No place for kids

Victoria, BC: Wandering Fox, 2014.

Subjects: Homeless persons—Fiction. Runaway teenagers—Fiction. Sisters—Fiction. Young adult fiction.

Summary: In this book, contemporary subjects such as death, abandonment, child abuse and homelessness are dealt with in a way that helps youth explore these issues and think of their own ability to deal with adversity and survive. Sisters Sarah and Jennifer leave their alcoholic father in search of an aunt in Vancouver after being faced with possible sexual abuse from one of their father's friends. Along the way, they enter the dangerous world of the homeless. The plot and characters are well developed and the author makes good use of Canadian settings. Discussions could be lively when talking about the issues arising from this novel.

Curriculum Notes: Health education grade 9 (2009).

813.6 O58

O'Neill, Louise

Asking for it

New York, NY: Quercus, 2016.

Subjects: Ireland—Fiction. Rape victims—Fiction. Rape—Investigation—Fiction. Young adult fiction. Young women—Crimes against—Fiction.

Summary: Emma O'Donovan is a beautiful, popular, 18-year-old. When she attends a local party, she drinks too much and most of the night becomes a blur. She is found by her parents the next morning, passed out in front of their home. In the days following the party, Emma finds out through social media that she was sexually assaulted at the party while she was under the influence of alcohol and drugs. As Emma begins to recover from the trauma, she finds her self-image is shaken, along with her relationships with her family, friends and the local community.

Curriculum Note: English language arts 30 (2013). This novel centres around an incident of sexual assault. Educators are advised to consult their local learning resources evaluation policy before using this resource.