

# Autism Spectrum Disorder: A Bibliography of Resources

November 2022

---

## Emma Stewart Resources Centre

Saskatchewan Teachers' Federation  
Office: Arbos Centre for Learning,  
2311 Arlington Avenue, Saskatoon, SK  
Mail: 2317 Arlington Avenue, Saskatoon, SK S7J 2H8  
Telephone: 306-373-1660      Email: [stf@stf.sk.ca](mailto:stf@stf.sk.ca)





Please note: Annotations have been excerpted and/or adapted from descriptions provided by the publishers.

027.663 M168

McMullin, Rachel M.; Walton, Kerry R.

**Supporting students on the autism spectrum : a practical guide for academic libraries**

Santa Barbara, CA : Libraries Unlimited, 2019.

*Subjects:* Academic libraries—Services to people with disabilities. Autism spectrum disorders. Libraries and the developmentally disabled.

*Summary:* This book will be invaluable for those in the academic library who want to understand how best to serve students on the autism spectrum and how those students can contribute to the library.

155.413 B962

Burmeister, Carol; Wilkins, Sheri

**FLIPP 2.0 : mastering executive function skills from school to adult life for students with autism**

Shawnee, KS : AAPC Publishing, 2021.

*Subjects:* Academic achievement. Adaptability (Psychology) in children. Attention in children. Children with autism spectrum disorders—Counseling of. Children—Life skills guide. Emotional maturity. Executive ability in children. Executive functions (Neuropsychology). Impulse control disorders in children. Problem solving in children. Success in children.

*Summary:* Readers will learn about executive function (EF) and how EF skills contribute to success in school, at home, and at work. Most importantly, readers receive specific instructions, templates, and how-to scenarios for 25 strategies—five strategies for each of the five FLIPP components—flexibility, leveled emotionality, impulse control, planning, and problem-solving. This book is indispensable for anyone who wants to minimize behavior challenges, maximize on-task behavior, and support positive social-emotional development in a child or student.

155.937087 S959

Read, Sue (Ed.)

**Supporting people with intellectual disabilities experiencing loss and bereavement : theory and compassionate practice**

London, UK : Jessica Kingsley Publishers, 2014.

*Subjects:* Bereavement. Counseling. Loss (Psychology). People with mental disabilities—Psychology.

*Summary:* This book looks at diverse experiences of loss across this population whether it be loss due to transition, the loss or death of others, or facing their own impending death. The book begins by offering theoretical perspectives on loss and compassion, bereavement, disenfranchised grief, spirituality, and psychological support. It then addresses contemporary practice issues in health and social care contexts and explores loss for specific communities with ID including children, individuals with autism, those in forensic environments, and those at the end of life.

305.235 L374

Laugeson, Elizabeth A.

**The science of making friends : helping socially challenged teens and young adults**

San Francisco, CA: Jossey-Bass, 2013.

*Subjects:* Social skills—Study and teaching. Developmentally disabled youth. Social skills in adolescence.

*Summary:* While a number of programs help young children with autism to develop social skills, until now there have been no such approaches for older kids and adults on the spectrum. This step-by-step guide helps parents, educators, and others to provide social coaching to teens and young adults on the spectrum.

305.2355 R591

Ripley, Kate

**Exploring friendships, puberty and relationships : a programme to help children and young people on the autism spectrum to cope with the challenges of adolescence**

London, England : Jessica Kingsley Publishers, 2014.

*Subjects:* Adolescence. Autism spectrum disorders in children. Friendship. Puberty.

*Summary:* This book is a comprehensive, evidence-based curriculum with supporting materials for helping young people on the autism spectrum aged 11+ to understand and cope with the many challenges of adolescence, including the important issues of puberty, sexuality, relationships, gender identity, safety and self-care.

306.70874 H333

Hartman, Davida

**Sexuality and relationship education for children and adolescents with autism spectrum disorders**

London, UK: Jessica Kingsley Publishers, 2014.

*Subjects:* Children with autism spectrum disorders. Sex (Biology). Sex instruction for people with mental disabilities. Youth with autism spectrum disorders.

*Summary:* This resource offers practical teaching advice geared towards the needs of young people on the autism spectrum. Beginning with information on good practice, policy, teaching methods and recent research, this book then divides into key sex education topics that assist professionals in developing their own individualized and developmentally appropriate curricula. Covering issues of gender, public and private, puberty, hygiene, emotions, sex and more, each topic provides an overview of the difficulties that children with autism might experience, discussion and activity ideas and photocopyable resources including instructional stories, checklists and illustrations.

306.9 G142

Gaines, Arlen Grad.; Polsky, Meredith Englander

**I have a question about death : clear answers for all kids, including children with autism spectrum disorder and other special needs**

*Subjects:* Autistic children. Children's questions and answers. Death—Juvenile literature.

*Summary:* Death is a difficult topic for any parent or educator to explain to a child, perhaps even more so when the child has Autism Spectrum Disorder or other Special Needs. This book is

designed specifically to help children with these additional needs to understand what happens when someone dies. The first book of its kind, it uses straightforward text and images to walk children through what it means when someone dies, as well as ways they might want to react or to think about the person. Using clear illustrations throughout and with information for parents and guardians, this book is essential for families with a child aged 5-11 with Autism Spectrum Disorder or other special needs.

362.716 T584

Timmins, Siobhan

**Successful social stories for school and college students with autism : growing up with social stories**

London, England: Jessica Kingsley Publishers, 2017.

*Subjects:* Autistic children—Behavior modification. Autistic youth—Behavior modification. Social skills in children. Students with disabilities.

*Summary:* This book includes 160 illustrations and clear examples based on the author's own experiences of raising a son with autism. The author explains how to identify the underlying issues, and articulate the key ideas so that young learners can find connections between stories to build a greater understanding of relationships, the adult world and their own identity. The book is an invaluable guide to creating bridges between young people and the parts of life they find most difficult.

371.9 C213

Canavan, Cary

**Supporting pupils on the autism spectrum in secondary schools : a practical guide for teaching assistants**

Abingdon, Oxon, UK : Routledge, 2015.

*Subjects:* Autistic youth—Education (Secondary). Teachers' assistants—Handbooks, manuals, etc.

*Summary:* This book provides a practical toolkit for supporting students on the autistic spectrum in mainstream secondary schools. It offers a clear, jargon-free explanation of autism spectrum conditions and examines the difficulties arising from these conditions and how they can impact on students' learning. Addressing issues which arise on a daily basis, it is full of practical advice and strategies for supporting students socially and academically across all areas of the curriculum.

371.9 G471

Giler, Janet Z.

**Socially ADDept : teaching social skills to children with ADHD, LD, and Asperger's. Revised edition**

San Francisco, CA : Jossey-Bass, 2010.

*Subjects:* Behavior disorders in children. Learning disabled children. Social skills in children.

*Summary:* This book helps educators and parents teach the hidden rules of social behavior to children with limited social skills, notably those with special needs like ADHD, learning disabilities, Asperger's and high-functioning autism, Tourette Syndrome, and nonverbal learning disabilities. This book is presented in a hands-on workbook format, complete with reproducible student worksheets that are also available for free download from the publisher web site.

371.9 T969

Twachtman-Cullen, Diane

**IEP from A to Z**

San Francisco, CA, Jossey-Bass, 2011.

*Subjects:* Educational tests and measurements. Children with disabilities—Education. Individualized education programs.

*Summary:* This book is a step-by-step guide to help educators, parents, and clinicians get the right education plan in place for students with Autism/Asperger's, ADHD, Emotional/Behavioral Disturbance, and related conditions.

371.9 W567

**When something's wrong. Strategies for teachers**

Toronto, ON: Healthy Minds Canada, 2013.

*Subjects:* Autism—Handbooks, manuals, etc. Tourette syndrome—Handbooks, manuals, etc. Schizophrenia—Handbooks, manuals, etc. Depression, Mental—Handbooks, manuals, etc. Depression, Mental—Handbooks, manuals, etc. Behavior disorders in children—Canada—Handbooks, manuals, etc. Child psychopathology—Canada—Handbooks, manuals, etc.

*Summary:* Contents: Anxiety disorders — Autism — Depression — Eating disorders — Impulse control disorders — Schizophrenia — Tourette syndrome.

371.904486 G827

Grenier, Michelle (Ed.)

**Physical education for students with autism spectrum disorders : a comprehensive approach**

Champaign, IL : Human Kinetics, 2014.

*Subjects:* Autism spectrum disorders. Physical education for children with disabilities.

*Summary:* This book is a practical resource that helps teachers design optimal plans for including students with ASD in general and adapted physical education classes. The manual contains numerous strategies, tools, and resources that assist teachers with individualizing instruction in ways that foster positive peer relationships as well as development of social and motor skills.

371.92 S636

Weinfeld, Rich

**Smart kids with learning difficulties : overcoming obstacles and realizing potential**

Waco, TX : Prufrock Press, 2013.

*Subjects:* Learning disabled children—Education. Gifted children—Education. Special education.

*Summary:* This book offers successful strategies for bright kids with Asperger's Syndrome, ADHD and other attention deficit disorders, dyslexia and other learning disabilities, and autism.

371.94 A618

Ansell, Gill D.

**Working with Asperger syndrome in the classroom : an insider's guide**

Philadelphia, PA: Jessica Kingsley Publishers, 2011.

*Subjects:* Asperger's syndrome. Autism spectrum disorders. Special education. Autistic children—Education. Developmental disabilities.

*Summary:* This guide to the basics will provide busy teachers and teaching assistants with everything they need to know to make their job easier, and to make a real difference to any student with AS in their care. The book begins by exploring how children with AS operate and the implications this has for mainstream school settings. It goes on to give practical advice for one-on-one working, DIY resources for visual learners, tools for effective assessment, and much more.

371.94 B293

Barton, Erin Elizabeth; Harn, Beth

**Educating young children with autism spectrum disorders**

Thousand Oaks, CA: Corwin, 2012.

*Subjects:* Autistic children—Education (Early childhood).

*Summary:* The authors discuss the causes of autism and present methods for educating children and assisting their families in supporting the educational process. Each chapter focuses on a critical issue and offers solutions, including: improving skills for communication, socialization, generalization, and self-management; designing instruction, intervention, and assessment; including families in developing goals and interventions, and more.

371.94 B522

Bernard-Opitz, Vera

**The cartoon and script curriculum for teaching social behavior and communication; using visual strategies to support behavioral programming for individuals with ASD**

Lenexa, KS: AAPC Publishing, 2017.

*Subjects:* Autism spectrum disorders—Patients—Education—Study and teaching. Autism spectrum disorders—Treatment—Study and teaching. Autistic children—Education—Study and teaching. Social skills in children—Study and teaching. Special education teachers—Handbooks, manuals, etc. Verbal ability in children—Study and teaching. Visual learning.

*Summary:* This book summarizes specific methods of Autism-specific Behavior Therapy (ABT), such as the basic discrete trial, naturalistic methods, visual support, and cognitive behavior interventions.

371.94 B653

Blome, Leslie; Zelle, Maureen

**Practical strategies for supporting emotional regulation in student with autism : enhancing engagement and learning in the classroom**

London, UK : Jessica Kingsley Publishers, 2018.

*Subjects:* Autistic children—Behavior modification. Autistic children—Education. Self-control in children.

*Summary:* The authors' years of experience working with students with autism has helped them develop nine effective cognitive and language strategies for enhancing their engagement and learning in the classroom. This book includes tips for using each strategy, plus reasons why they work, as well as sample goals for regulation and a 'cheat sheet' overview.

371.94 B736

Boroson, Barbara

**Decoding autism and leading the way to successful inclusion**

Alexandria, VA : ASCD, 2020.

*Subjects:* Autism spectrum disorders. Children with autism spectrum disorders—Education. Inclusive education.

*Summary:* With warmth and wisdom informed by her experience as a school administrator, autism educator, clinician, and parent, the author provides a holistic look at the challenges students on the spectrum face in the areas of anxiety, executive function, sensation, communication, socialization, engagement, and cognitive acquisition.

371.94 C226

Cannon, Lynn; Kenworthy, Lauren

**Unstuck and on target : an executive function curriculum to improve flexibility for children with autism spectrum disorder. Research edition**

Baltimore, MD : Paul H. Brookes Publishing Co., 2011.

*Subjects:* Autism spectrum disorders. Autistic children—Education.

371.94 C727

Colvin, Geoffrey; Sheehan, Martin R.

**Managing the cycle of meltdowns for students with autism spectrum disorder**

Thousand Oaks, CA: Corwin Press, 2012.

*Subjects:* Autism spectrum disorders. Autistic children—Behavior modification. Autistic children—Education.

*Summary:* This book outlines practical steps for preventing and responding to the various phases of meltdown behavior in students with autism spectrum disorder (ASD). This guide provides special and general education teachers with a six-phase positive behavior support model that includes interventions for each phase.

371.94 G778

Gray, Carol

**The new social story book. Fifteenth anniversary edition**

Arlington, TX : Future Horizons, 2015.

*Subjects:* Autistic children—Education. Developmentally disabled children. People with mental disabilities—Education.

*Summary:* This 15th anniversary edition of this book offers ready-to-use stories that parents and educators have depended on for years—with new sections added. Additions include how to most effectively use and apply the stories, how to improve the lives of younger children, and Social Stories for teens and adults with autism. Developed through years of experience, these strategically written stories explain social situations in ways children and adults with autism understand while teaching social skills needed to be successful at home, school, work, and in the community.

371.94 L579

Leon-Guerrero, RinaMarie S.; Martin, Jaime

**Show me the data! : data-based instructional decisions made simple and easy**



Shawnee Mission, KS: AAPC Pub., 2011.

*Subjects:* Autism spectrum disorders—Patients—Education. Autistic children—Education. Teachers of children with disabilities—Handbooks, manuals, etc. Teaching—Aids and devices.

*Summary:* CD-ROM contains printable forms.

371.94 O65

Ordetx, Kirstina

**Teaching theory of mind : a curriculum for children with high functioning autism, Asperger's syndrome, and related social challenges**

London, UK : Jessica Kingsley Publishers, 2019.

*Subjects:* Asperger's syndrome in children—Education—Curricula. Autistic children—Education—Curricula. Children with autism spectrum disorders—Education—Curricula.

*Summary:* This book provides an innovative, easy-to-follow curriculum for teaching children with autism spectrum disorders to relate to and interact with others successfully by developing basic Theory of Mind skills. Containing twelve lesson plans and 220 photocopiable cards, it is an essential resource for teachers and other education professionals.

371.94 P636

Pike, Marjorie; Gunzenhauser, Kelly

**Tips for teaching kids with Asperger's : practical strategies to help teachers improve school success for students with Asperger's Syndrome**

Greensboro, NC: Carson-Dellosa Publishing, LLC, 2013.

*Subjects:* Asperger's syndrome in children—Patients—Education. Teachers of children with disabilities—Training of—Handbooks, manuals, etc. Asperger's syndrome in children.

Asperger's syndrome—Patients—Education (Elementary).

371.94 R893

Rozema, Robert

**Seeing the spectrum : teaching English language arts to adolescents with autism**

New York, NY: Teachers College Press, 2018.

*Subjects:* Autism spectrum disorders. Autistic youth—Education. English language—Study and teaching. Special education teachers. Special education—Language arts.

*Summary:* This book offers practical, evidenced-based strategies for teaching literature, informational texts, writing, and communication to students on the spectrum. The final chapter illustrates how curriculum focused on commonly taught literary works can be reimaged to accommodate the needs and draw on the strengths of students on the spectrum.

371.94 T671

Toole, Janine

**How to talk with friends : a step-by-step social skills curriculum for children with autism**

Place of publication: Happy Frog Press, 2016.

*Subjects:* Autism spectrum disorders in children. Social skills in children—Study and teaching.

*Summary:* Making friends and maintaining friendships is a struggle for learners with Autism, Asperger's and similar social skills challenges. Often these children lack the conversation skills needed to communicate and engage with their peers. This hands-on manual is your step-by-step guide to helping your learner build strong conversation skills. Weekly social skills lessons

emphasize the entire spectrum of skill acquisition, from structured practice to generalization in the natural environment. Lessons are scripted for easy delivery and all required materials are included, making this resource suitable for both parents and professionals.

371.94 Y94

Yuill, Amanda

**What's the difference? : building on autism strengths, skills, and talents in your classroom**

Markham, ON : Pembroke Publishers Limited, 2021.

*Subjects:* Autism in children. Autistic children—Education.

*Summary:* What's the difference between teaching our students and our autistic students? Not much. This practical book argues that all students are unique. It focuses on integrating teaching autistic students into the teaching practice of the whole class. Based on extensive classroom experience, this highly readable book is full of anecdotes about engaged students growing in their learning. Lesson plans and checklists throughout the book help teachers get to know autistic students and help them with schoolwork, emotional regulation, communication, socializing, and staying safe. This timely book champions getting rid of labels so teachers can know every student as an individual.

613.7046 C542

Chissick, Michael

**Yoga for children and young people with autism : yoga games and activities to engage everyone across the spectrum**

London, England : Jessica Kingsley Publishers, 2019.

*Subjects:* Autistic children—Health and hygiene. Autistic youth—Health and hygiene. Hatha yoga for children—Therapeutic use.

*Summary:* This book is suitable for teaching everyone on the spectrum, with an emphasis on teaching those with more complicated needs. It is also relevant for use with children who have related needs such as ADHD and sensory processing challenges. Illustrated with images of the postures taught within, it is the perfect go-to resource for anyone interested in engaging children and young people in yoga.

616.85 P135

Paget, Mike; Frank, Kim

**High on the spectrum : asperger's, high-functioning autism and related personalities**

Chapin, SC : YouthLight, Inc., 2012.

*Subjects:* Asperger's syndrome in children. Asperger's syndrome. Autism in children. Autism spectrum disorders. Autism. Developmental disabilities.

*Summary:* This guidebook is for educators helping young people maximize their strengths and manage weaknesses. It promotes an in-depth understanding of Asperger's Syndrome, Nonverbal Learning Disabilities and related conditions and accommodations that may greatly increase long-term success. Grades K-12.

616.8588 J94

Jules, Susan

**Life skills workbook for teens with autism and special needs**

Place of publication : Publisher not identified, 2020.

*Subjects:* Parents of autistic children—Handbooks, manuals, etc. Parents of developmentally disabled children—Handbooks, manuals, etc. Social skills in adolescence. Youth with autism spectrum disorders—Life skills guides.

*Summary:* Life and social skills are extremely important for tweens and teenagers with Special Needs. Developing these skills can improve the self-esteem of the child and their sense of belonging. In addition, friendships and social relationships give the child the know-how for managing emotions, reacting to the feelings of others, as well as improving their ability in negotiation, cooperation, and solving problems.

616.85882 B587

Biel, Joe; Harper, Faith G.

**The Autism relationships handbook: how to thrive in friendships, dating, and love**

Portland, OR : Microcosm Publishing, 2021.

*Subjects:* Autism. Autistic people—Social life and customs.

*Summary:* What do you want out of a relationship? What is the difference between flirting and harassment? How do you have a fun date and get to know someone when eye contact and prolonged conversation aren't your strengths? How do you change a casual acquaintance into friendship or dating? How do you express your needs and make sure you're hearing your partner when they express theirs? How do you maintain a healthy, happy long-term relationship? Autistic readers will find valuable answers and perspectives in this book, whether you're just getting ready to jump into dating, seeking to forge closer friendships, or looking to improve your existing partnership or marriage.

616.85882 B967

Buron, Kari Dunn

**A 5 is against the law! : social boundaries, straight up! : a compassionate but honest guide for teens and young adults. Revised edition**

Place of publication: 5 Point Scale Publishing, 2021.

*Subjects:* Autism in adolescence. Autistic youth—Behavior modification. Autistic youth—Education. Social skills—Study and teaching. Youth with disabilities—Education.

*Summary:* This book offers an honest and compassionate look at the kinds of social situations many teens and young adults struggle with. The author uses a concrete, direct and simple approach, incorporating highly systemized scales and stories, to define and visually illustrate what is meant by social boundaries.

616.85882 G646

Goodall, Emma

**The autism spectrum guide to sexuality and relationships : understand yourself and make choices that are right for you**

London, England : Jessica Kingsley Publishers, 2016.

*Subjects:* Autism spectrum disorders. Autistic people—Social life and customs. People with mental disabilities—Sexual behavior. Self-care, Health.

*Summary:* This candid guide to sexuality, relationships and gender identity will help you to understand your own preferences and identity in the pursuit of platonic, romantic or sexual relationships. The author provides advice on what to do in situations where you feel under pressure and offers guidance on how to enjoy relationships safely.

616.85882 G753

Grandin, Temple

**The autistic brain : thinking across the spectrum**

Boston, MA: Houghton, Mifflin, Harcourt, 2013.

*Subjects:* Autism spectrum disorders. Autistic people—Mental health. Autism—Research.

*Summary:* The author introduces the advances in neuroimaging and genetic research that link brain science to behaviour, even sharing her own brain scan to show us which anomalies might explain common symptoms. She also highlights long ignored sensory problems and the transformative effects of treating autism symptom by symptom, rather than using an umbrella diagnosis. Most exciting, she argues that raising and educating kids on the spectrum isn't just a matter of focusing on their weaknesses. With the science that reveals their long-overlooked strengths, she shows us new ways to foster their unique contribution.

616.85882 G878

Grossberg, Blythe

**Autism and your teen : tips and strategies for the journey to adulthood**

Washington, DC : American Psychological Association, 2019.

*Subjects:* Autism in adolescence. Autism spectrum disorders. Teenagers.

*Summary:* If you have a child with an autism spectrum disorder (ASD), your journey together through the teenage years to adulthood may be complicated—not to mention confusing, rewarding, and financially challenging. This book offers scientifically validated guidance to help you raise your tween, teen, or young adult on the autism spectrum. It contains supportive advice for finding good medical and psychiatric care, helping your teen learn executive functioning and social skills to navigate middle and high school, and talking to your teen about sexual development and sexual activity. You will also find helpful resources for college and transition programs, as well as ideas for taking care of yourself as you embark on this stage of your parenting adventure.

616.85882 H333

Hartman, Davida

**The growing up book for boys : what boys on the autism spectrum need to know!**

London, England : Jessica Kingsley Publishers, 2015.

*Subjects:* Adolescence. Children with autism spectrum disorders—Life skills guides. Puberty. Teenage boys—Health and hygiene.

*Summary:* This growing up guide for boys is full of facts, tips and colour illustrations explaining puberty, body image, hygiene, friendship, crushes and more. Written in literal language and addressing sensory issues, safety, and social skills throughout, it offers an ideal introduction to the teenage years for boys with autism aged 9 to 14.

616.85882 H333

Hartman, Davida

**The growing up guide for girls : what girls on the autism spectrum need to know!**

London, UK : Jessica Kingsley Publishers, 2015.

*Subjects:* Autistic children—Juvenile literature. Children with autism spectrum disorders—Juvenile literature. Puberty—Juvenile literature. Teenage girls—Health and hygiene—Juvenile literature.

*Summary:* The pre-teen and teenage years are a bumpy time when bodies change, emotions are high and peers are developing at different paces. Using simple, literal language and delightful colour illustrations, this book explains the facts about body changes such as growing hair in new places, periods, wearing a bra and keeping spots away! It gives cool tips on what makes a real friend, what it means to have a crush on somebody, and how to stay safe online. Most importantly, it explains that every body is beautiful and unique and encourages young girls with autism to celebrate difference!

616.85882 P281

Pascuas, Catherine

**Social skills handbook for autism : activities to help kids learn social skills and make friends**

Vancouver, BC: Edx Autism Publishing, 2017.

*Subjects:* Autism spectrum disorders in children. Autistic children. Social skills. Special education—Activity programs.

*Summary:* More than 50 fun and simple games and activities help the child on the spectrum: make friends and be part of a group; interact with peers and develop social skills needed for playdates; problem solve, express feelings, and answer questions; deal with bullies, peer pressure, and manage stress; speak over the phone, send text messages, and share stories. Use the activities in this social skills book to teach school-age children with autism spectrum disorders or Aspergers. Whether you're a parent, special education teacher, or professional, you'll find ideas to help children develop the social skills they need to thrive at home, at school, and in the community.

616.85882 P644

Pimm, June

**The autism story**

Markham, ON : Fitzhenry & Whiteside, 2014.

*Subjects:* Autism spectrum disorders. Autism.

616.85882 S713

Soraya, Lynne

**Living independently on the autism spectrum : what you need to know to move into a place of your own, succeed at work, start a relationship, stay safe, and enjoy life as an adult on the Autism Spectrum**

Avon, MA: Adams Media, 2013.

*Subjects:* Autism spectrum disorders—Patients—Life skills guides.

*Summary:* The author will provide you with valuable advice to guide you through each step of your transition into adulthood. These strategies will help you cope with the feelings brought on by this change as well as deal with common challenges, like: budgeting and handling bills, finding the right residence and/or roommates, discovering a career path that complements your talents, interacting with coworkers and clients, and building relationships with friends and potential partners.

616.85883 O88

O'Toole, Jennifer Cook

**The Asperkid's (secret) book of social rules : the handbook of not-so-obvious social guidelines for tweens and teens with Asperger syndrome**

London, England: Jessica Kingsley Publishers, 2013.

*Subjects:* Asperger's syndrome in adolescence. Asperger's syndrome—Social aspect.

616.858832 D255

Davies, Catherine; Dubie, Melissa

**Intimate relationships and sexual health : a curriculum for teaching adolescents/adults with high-functioning autism spectrum disorders and other social challenges**

Shawnee Mission, KS : AAPC Publishing, 2012.

*Subjects:* Asperger's syndrome—Patients—Sexual behavior—Study and teaching. Autism spectrum disorders—Patients—Sexual behavior—Study and teaching. Autistic people—Education. Interpersonal relations—Study and teaching. Intimacy (Psychology)—Study and teaching. Sex instruction for people with mental disabilities. Sexual health—Study and teaching. Special education—Sexual health.

*Summary:* This book provides a complete curriculum for teaching about sexual health and intimate relationships, taking into consideration the learning preferences, sensitivity, social and other issues characteristic of individuals with autism spectrum disorders. Included are handouts, checklists, and a CD-ROM with blank forms and handouts.

618.928 G233

Garland, Theresa

**Self-regulation interventions and strategies : keeping the body, mind and emotions on task in children with autism, ADHD or sensory disorder**

Eau Claire, WI; PESI Publishing, 2014.

*Subjects :* Sensory disorders in children. Behavior modification.

*Summary :* This book features more than 200 practical and proven interventions, strategies and adaptations for helping children gain more control over their lives. Each chapter provides background and theoretical material to help the reader better understand the issues our children face.

618.9285 G444

Gibbs, Varleisha

**Self-regulation and mindfulness : over 82 exercises & worksheets for sensory processing disorder, ADHD and autism spectrum disorder**

Eau Claire, WI : PESI Publishing & Media, 2017.

*Subjects:* Attention-deficit hyperactivity disorder. Autism spectrum disorders in children. Mindfulness (Psychology)

*Summary:* This book provides a unique, evidence-based resource for helping children who have trouble self-regulating, staying focused, managing their senses and controlling their emotions, based on the latest research in neuroscience. Included are practical, kid friendly activities, exercises, coloring pages and worksheets to teach therapists, parents, educators and children about their brain and body so they can build the needed skills to self-regulate.

618.9285 G759

Grandin, Temple; Attwood, Tony

**Different — not less : inspiring stories of achievement and successful employment from adults with autism**

Arlington, TX: Future Horizons Inc., 2012.

*Subjects:* Asperger's syndrome—Patients—Anecdotes. Asperger's syndrome. Attention-deficit hyperactivity disorder. Attention-deficit-disordered adults—Anecdotes. Autism. Autistic people—Anecdotes.

*Summary:* Fourteen individuals with autism, Asperger's syndrome, or attention-deficit hyperactivity disorder share the challenges they experienced growing up, describing their lives, relationships, and eventual careers.

618.928522 L665

Levine, Karen; Chedd, Naomi

**Attacking anxiety : a step-by-step guide to an engaging approach to treating anxiety and phobias in children with autism and other developmental disabilities** London, England:

Jessica Kingsley Publishers, 2015.

*Subjects:* Cognitive therapy for children. Autistic children—Treatment. Anxiety in children—Treatment.

*Summary:* This book presents an enjoyable, simple model for tackling anxiety in children and teens with ASD, by building up tolerance to anxiety triggers, decreasing meltdowns and eliminating anxiety responses to fears and phobia. It covers common scenarios which can be adapted to suit the needs of each individual child or teen.

618.928526 B937

Bullivant, Fiona Fisher; Woods, Sharleen

**Autism and eating disorders in teens : a guide for parents and professionals**

London, UK : Jessica Kingsley Publishers, 2020.

*Subjects:* Autistic youth—Health and hygiene. Eating disorders in adolescence.

*Summary:* The relationship between autism and eating disorders is often overlooked or misunderstood. Written by two experienced clinicians working with young people, this book covers topics including identification of both conditions, diagnosis and the recovery process, challenging current thinking and promoting new ways of working to promote treatment and awareness. Autism and eating disorders often present in similar ways, whether through restrictive or selective eating behaviours, or rigid or obsessive thought patterns. As a result, individuals may receive treatment for one condition with the other — although present — going undiagnosed. This is a practical guide for the adults supporting this group of teens, recommending changes in policy and practice in order to improve the care of young people experiencing these conditions. Drawing on in-depth case studies highlighting the need for young people and their families to feel understood and listened to, the authors show how we can empower these young people to reach their full emotional and physical potential.

618.9285882 B368

Beardon, Luke

**Autism and Asperger syndrome in children : for parents and carers of the newly diagnosed**

London, UK : Sheldon Press, 2019.

*Subjects:* Asperger's syndrome in children.

*Summary:* Dr. Luke Beardon is a well-known expert in the field, and this book is an accessible, easy-to-read introduction for those encountering autism for the first time. Gently and honestly, it guides you through the issues you might encounter, busting the myths around autism and Asperger Syndrome, and explaining what the diagnosis means for your child, for you, and for your wider family. It looks at sensory profiles, helps you handle your child's anxiety, tackles education, and answers a variety of frequently asked questions.

618.9285882 B443

Bellini, Scott

**Building social relationships 2 : a systematic approach to teaching social interaction skills to children and adolescents on the autism spectrum. Second edition**

Lenexa, KS : AAPC Publishing, 2016.

*Subjects:* Autism spectrum disorders—Patients—Treatment—Study and teaching. Children with autism spectrum disorders—Treatment—Study and teaching. Communication disorders in children—Study and teaching. Communicative disorders in adolescence—Study and teaching. Social interaction in adolescence—Study and teaching. Social interaction in children—Study and teaching. Social skills in children—Study and teaching. Social skills—Study and teaching.

*Summary:* This is the improved and expanded version of the highly-regarded and award-winning book. It is both empirically-based and practical, intended for social skill therapists and parents.

618.9285882 B528

Bernier, Raphael A.; Dawson, Geraldine

**What science tells us about autism spectrum disorder : making the right choices for your child**

New York, NY : Guilford Press, 2020.

*Subjects:* Children with autism spectrum disorders. Parents of autistic children.

*Summary:* What have scientists learned about the causes of autism spectrum disorder? Why do different kids have such different symptoms, and what are the best ways to deal with them? Will there ever be a cure? From leading autism researchers, this accessible guide helps you put the latest advances to work for your unique child. Separating fact from fiction about causes, treatments, and prevention, the book guides you to make lifestyle choices that support the developing brain. From the impact of sleep, exercise, diet, and technology, to which type of professional help might be the right fit, the authors cover it all with expertise and compassion. Learn about the choices you face—and the steps you can take—to build a happier, healthier life for your child and family.

618.9285882 B573

**Beyond the spectrum : a family's year confronting autism [DVD]**

Winnipeg, MB: Merit Entertainment Inc., 2017.



*Subjects:* Autism in children. Autism spectrum disorders. Autism. Developmental disabilities. Documentary films. Nonfiction films.

*Summary:* This DVD offers a different perspective of children with ASDD as it examines early intervention and insight into an entire family struggling and coping with autism. A parents' quest to 'recover' their two-year-old son from Autism Spectrum Disorder (ASD) takes them on a bittersweet journey, testing them in ways they never expected.

618.9285882 C967

Cullinane, Diane

**Behavioral challenges in children with autism and other special needs : the developmental approach**

New York, NY : W. W. Norton & Company, 2016.

*Subjects:* Autistic children—Behavior modification. Behavior disorders in children. Children with disabilities—Psychology. Developmental disabled children—Behavior modification.

*Summary:* The author offers this guide for parents and therapists to approaching behavior problems in autism and other special needs conditions from a developmental perspective, working from the developmental individual-differences relationship (DIR) framework rather than a reward/punishment paradigm.

618.9285882 G753

Grandin, Temple; Moore, Debra

**Navigating autism : 9 mindsets for helping kids on the spectrum**

New York, NY : W. W. Norton & Company, 2021.

*Subjects:* Autistic children—Services for. Autistic children. Parents of autistic children. Social work with children with mental disabilities.

*Summary:* This book provides empowering strategies for anyone who works with children and teens on the spectrum. International best-selling writer and autist Temple Grandin joins psychologist Debra Moore in presenting nine strengths-based mindsets necessary to successfully work with young people on the autism spectrum. Examples and stories bring the approaches to life, and detailed suggestions and checklists help readers put them to practical use. Temple Grandin shares personal experiences and anecdotes from the thousands of parents and professionals who have sought her advice, while Debra Moore draws on more than three decades of work as a psychologist with kids on the spectrum and those who love and care for them.

618.9285882 H669

Hirschmann, Kris

**Kids and autism**

San Diego, CA : ReferencePoint Press, 2019.

*Subjects:* Autism in children. Autism spectrum disorders. Autistic children.

*Summary:* Autism is a disorder of the brain and nervous system that can affect a person's cognitive, communication, social, and physical skills in a wide variety of ways. It is a rising problem among youth worldwide. This book presents a realistic picture of this condition, what is known about its causes, what it's like to live with it, and the latest on treatments and cures.

618.9285882 P961

Prizant, Barry M.

**Uniquely human : a different way of seeing autism**

New York, NY : Simon & Schuster Paperbacks, 2015.

*Subjects:* Autism in children. Autism.

*Summary:* Autism therapy typically focuses on ridding individuals of "autistic" symptoms such as difficulties interacting socially, problems in communicating, sensory challenges, and repetitive behavior patterns. Now the author offers a new and compelling paradigm: the most successful approaches to autism don't aim at fixing a person by eliminating symptoms, but rather seeking to understand the individual's experience and what underlies the behavior.

618.9285882 R464

Reynolds, Kate E.

**Sexuality and severe autism : a practical guide for parents, caregivers and health educators**

London, UK : Jessica Kingsley Publishers, 2014.

*Subjects:* Autism spectrum disorders—Handbooks, manuals, etc. Autism spectrum disorders. Sex—Handbooks, manuals, etc.

*Summary:* Guiding you through the process of teaching about sex and sexuality, this book answers questions such as: Why is it necessary to teach this subject to my severely autistic child? When is the right time to start talking about these issues? How detailed and explicit should I be? What methods are most appropriate?

618.928916 L516

LeGoff, Daniel B.

**How LEGO-based therapy for autism works : landing on my planet**

London, England : Jessica Kingsley Publishers, 2017.

*Subjects:* Autism spectrum disorders in children—Treatment. LEGO toys. Play therapy. Social skills in children—Study and teaching.

*Summary:* Through a series of case histories of children with autism spectrum disorders (ASDs) who participated in LEGO(R) therapy, this book shows how and why this therapy is so effective. The book provides practical guidance and inspiration for professionals working with children to improve their social interaction skills.

813.6 M482

Meadows, Sally

**The two trees**

Regina, SK: Your Nickel's Worth Publishing, 2015.

*Subjects:* Autistic children—Juvenile fiction. Brothers—Juvenile fiction. Autism spectrum disorders—Juvenile fiction.