

Social and Emotional Learning: A Bibliography of Resources

November 2022

Emma Stewart Resources Centre

Saskatchewan Teachers' Federation
2317 Arlington Avenue, Saskatoon, SK S7J 2H8
Telephone: 306-373-1660 Email: esrc@stf.sk.ca



*Annotations have been excerpted and/or adapted from descriptions provided by the publishers.

152.4 G624

Goldsmith, Scott

Experiential activities for enhancing emotional intelligence : a group counseling guide to the keys to success

Champaign, IL : Research Press Publishers, 2014.

Subjects: Emotional intelligence—Study and teaching—Activity programs. Emotions in children.

155.41247 B974

Burton, Fiona; Wells, Melanie

Anger management : a practical resource for children with learning, social and emotional difficulties

Milton Keynes, England: Speechmark, 2017.

Subjects: Anger in children.

Summary: This book delivers a practical and meaningful program which all children (including those with learning difficulties) will find easy to access and enjoy. This book includes eight sessions that cover: understanding anger; understanding feelings; self-esteem; triggers and fuses; learning to think differently; physiology and relaxation; and more.

155.418 R147

Lynch, Christopher

Totally chill, my complete guide to staying cool : a stress management workbook for kids with social, emotional, or sensory sensitivities

Shawnee Mission, KN : AAPC Pub., 2012.

Subjects: Social skills in children—Juvenile literature. Stress management for children—Juvenile literature. Sensory integration dysfunction in children—Treatment—Juvenile literature. Problem solving. Relaxation. Senses and sensation in children—Juvenile literature. Social skills. Adaptability (Psychology) in children—Juvenile literature. Relaxation—Technique—Juvenile literature. Stress management. Problem solving in children—Juvenile literature. Senses and sensation.

Summary: This workbook is designed to help students cope with and develop ways to prevent stress and anxiety. Topics include relaxation, flexible thinking, problem solving, getting organized, being healthy, getting along with other kids, and using strengths and talents.

155.4189042 S179

Saltzman, Amy

A still, quiet place : a mindfulness program for teaching children and adolescents to ease stress and difficult emotions

Oakland, CA : New Harbinger Publications, Inc., 2014.

Subjects: Stress management for children. Educational psychology. Emotions in children. Emotions in adolescence. Stress management for teenagers.

Summary: This book presents an eight-week mindfulness-based stress reduction (MBSR)

program that therapists, teachers, and other professionals can use to help children and adolescents manage stress and anxiety in their lives, and develop their natural capacities for emotional fluency, respectful communication, and compassionate action. One of the easiest ways to find the still quiet place within is to practice mindfulness—paying attention to your life experience here and now with kindness and curiosity. The easy-to-implement mindfulness practices in this guide are designed to help increase children and adolescents’ attention, learning, resiliency, and compassion by showing them how to experience the natural quietness that can be found within.

155.455 S678

Neihart, Maureen (Ed.)

Social and emotional development of gifted children : what do we know? Second edition
Waco, TX : Prufrock Press Inc., 2016.

Subjects: Gifted children. Child development. Child psychology.

Summary: This second edition includes an entirely new section on the psychosocial aspects of talent development, addressing the burgeoning interest and research base regarding gifted performance. The book also includes several new topics that have emerged from the research in the past decade, such as the neuroscience of talent development and motivation for talent development.

179.9 M995 OVERSIZE

My social and emotional learning foundations. I am in control of myself [kit]

New Rochelle, NY : Newmark Learning, 2016.

Subjects: Behavior. Conduct of life. Reading (Primary). Self-control.

Summary: MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: 6 lap books — 36 small books (6 copies of 6 titles) — 1 poster — 60 b&w books (10 copies of 6 titles) — 6 journals — 10 family guides — 1 teacher's guide. Titles: *I can make a plan* — *I am a star!* — *Don't give up!* — *Let's get it started* — *Dylan's questions* — *I will find a way*. Grades: PreK, K, 1.

303.32 M651

Miller, Susan A.

Social development of three- and four-year-olds

Lewisville, NC: Gryphon House, 2017.

Subjects: Social interaction in children. Preschool teaching. Social skills—Study and teaching (Preschool).

Summary: Preschoolers tend to be social beings. Whether they are playing with dolls side by side, building block castles together, or rolling down hills with friends, most young children enjoy the company of others. Playing together comes naturally, but you can help them negotiate turn taking, learning how to mend hurt feelings, and practicing communicating positively while

they play. This book highlights the milestones children tend to reach during the preschool years as they develop socially. You will see classroom scenarios that can provide insights into some of the ways young children make social connections, express their preferences, and play together. As a guide and facilitator, you can share strategies that will help preschoolers learn to be cooperative team members and kind friends while having fun together.

302.14083 A481

Amador, Shawn

Teaching social skills through sketch comedy and improv games : a social theatre approach for kids and teens including those with ASD, ADHD, and anxiety

London, England : Jessica Kingsley Publishers, 2018.

Subjects: Drama in education. Drama—Therapeutic use. Improvisation (Acting). Social skills in children—Study and teaching.

Summary: This book provides guidance on how to deliver fun and transformative activities to develop social skills in teenagers and children. Drawing on ideas from Social Thinking, CBT, mindfulness and assertiveness training, this book develops games, skits and short plays which can be adapted to suit children and teenagers including those who are gifted, typical, and those with mild to moderate cognitive abilities. These activities will help participants become more assertive and flexible as well as improving confidence, focus and self-esteem. Social Theatre® can be used in small groups, in class or throughout the school, as well as in group therapy sessions. It provides a new and inclusive way to teach social skills and collaborative learning and is especially useful for those with anxiety, depression, ADHD and ASD.

302.2244 J73

Johnston, Peter; Champeau, Kathy

Engaging literate minds : developing children's social, emotional, and intellectual lives, K-3

Portsmouth, NH : Stenhouse Publishers, 2020.

Subjects: Literacy—Study and teaching.

Summary: Building a just, caring, literate society has never been more important than it is today. By embracing the ideas and teaching strategies in this book, you can help children to become socially, emotionally, and intellectually healthy. Not only do these classroom practices develop the skills to achieve district benchmarks and beyond, they help develop children's humanity.

303.3207 T564

Tierney, Jeff; Green, Erin

Teaching social skills to youth : an easy-to-follow guide to teaching 183 basic to complex life skills. Third edition

Boys Town, NE: Boys Town Press, 2016.

Subjects: Children—Life skills guides. Executive functions (Neuropsychology). Emotional maturity—Study and teaching. Socialization—Study and teaching. Social learning—Study and teaching. Interpersonal relations in children—Study and teaching. Social interaction in children—Study and teaching. Social skills in children—Study and teaching.

Summary: This third edition offers the step-by-step component behaviors to skills ranging from basic to complex, including new insights and information based on the latest research findings.

Details about multi-tiered approaches to social and emotional learning and how skills relate to executive function are also discussed.

305.231 M651

Miller, Susan A.

Emotional development of three- and four-year-olds

Lewisville, NC : Gryphon House, 2017.

Subjects: Preschool children—Psychology. Social interaction in children. Preschool teaching—Psychological aspects. Emotions in children.

Summary: Whether you see a preschooler laughing or crying, hugging or tugging on a playmate, taking risks or seeking comfort from an adult, you know that they are developing their emotional skills and growing up in many ways every day. And they need your help. This book shares common milestones and typical scenarios to help you recognize various ways that preschoolers express their feelings and interact with others. You will also learn strategies for supporting and nurturing their growth. As you support preschoolers struggling to handle emotional challenges that occur during everyday interactions with adults and other children, you will help them learn the skills to navigate their emotional ups and downs in more positive ways.

370.114 C752

Conklin, Tom

Social and emotional learning. Grades 5 & up : essential lessons for student success

New York, NY: Scholastic, 2014.

Subjects: Moral education (Middle school). Learning, Psychology of. Middle school education—Activity programs. Affective education. Classroom management. Social environment.

Summary: This book offers engaging lessons, strategies, and tips that help students develop self-awareness and manage social challenges so they can focus on academics.

370.114 O58

Hinrichsen, Kris

180 days of social-emotional learning for second grade : practice, assess, diagnose [kit]

Huntington Beach, CA : Shell Education, 2022.

Subjects: Creative activities and seat work. Decision making—Study and teaching. Emotional intelligence—Study and teaching. Social skills in children—Study and teaching.

Summary: Contents: *Making things right* — *New ideas* — *Women who changed the world*.

370.114 O58

Edgerton, Jennifer

180 days of social-emotional learning for sixth grade : practice, assess, diagnose [kit]

Huntington Beach, CA : Shell Education, 2022.

Subjects: Creative activities and seat work. Decision making—Study and teaching. Emotional intelligence—Study and teaching. Social skills in children—Study and teaching.

Summary: Contents: *Real or fake news?* — *Social media* — *Victoria's victory*.

370.15 M695

Mofield, Emily; Peters, Megan Parker

Teaching tenacity, resilience, and a drive for excellence : lessons for social-emotional learning for grades 4-8

Waco, TX : Prufrock Press Inc., 2018.

Subjects: Academic achievement. Learning, Psychology of.

Summary: This book equips teachers to cultivate psychosocial skills that prepare students to tackle challenges, take intellectual risks, and develop a diligence to achieve. Students learn to be mindful of their talents and passions, their beliefs about their abilities, and how their thoughts and emotions influence behaviors and relationships with others. Lessons include engaging activities to support approach-oriented coping, mastery goals, emotional regulation, interpersonal skills, and cognitive-behavioral approaches to channel thoughts and behaviors into a tenacious drive for learning and excellence.

370.15 M995 OVERSIZE

My social and emotional learning foundations. I believe in myself [kit]

New Rochelle, NY : Newmark Learning, 2016.

Subjects: Confidence. Reading (Primary). Self-esteem in children.

Summary: MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: Titles: *I can make a plan — I am a star! — Don't give up! — Let's get it started — Dylan's questions — I will find a way.* Grades: PreK, K, 1.

370.15 S121

Sackstein, Starr

Assessing with respect : everyday practices that meet students' social and emotional needs

Alexandria, VA : ASCD, 2021.

Subjects: Educational equalization. Emotional intelligence—Study and teaching. Motivation in education. Social learning—Study and teaching. Teacher-student relationships.

Summary: Learn how approaching assessment through the lens of social and emotional learning can help ensure fair, equitable assessment; enhance learning; and improve students' emotional health.

370.15 S127

Saenz, Adam L.

The EQ intervention : shaping a self-aware generation through social and emotional learning

Austin, TX : Greenleaf Book Group Press, 2020.

Subjects: Educational psychology. Emotional intelligence—Study and teaching. Motivation in education. Social learning. Social skills—Study and teaching.

Summary: Emotional intelligence in the classroom matters more now than ever. Written by a

licensed psychologist with years of experience, *The EQ Intervention* is an accessible, deep-dive exploration into the critical value of practicing Social and Emotional Learning (SEL) skills.

370.1523 B924

Buckley, Mary Anne

Sharing the blue crayon : how to integrate social, emotional, and literacy learning

Portland, ME: Stenhouse Publishers, 2015.

Subjects: Social learning. Learning—Social aspects. Literacy—Study and teaching. Group work in education. Emotions.

370.153 B887

Bruce, Nefertiti

Socially strong, emotionally secure : 50 activities to promote resilience in young children

Silver Spring, MD: Gryphon House, 2010.

Subjects: Resilience (Personality trait)—Study and teaching (Early childhood). Social learning. Emotions in children. Home and school.

370.1534 B474

Benson, Jeffrey

Improve every lesson plan with SEL

Alexandria, VA : ASCD, 2021.

Subjects: Affective education. Emotional intelligence. Reflective learning. Social learning. Social skills—Study and teaching.

Summary: The book identifies SEL skills in three broad categories: skills for self, interpersonal skills, and skills as a community member. It offers research-based strategies for seamlessly integrating these skills into every section of lesson plans, from introducing a topic in a way that sparks students' interest, to accessing prior knowledge, providing direct instruction, allowing time for experimentation and discovery, using formative assessment, and closing a lesson in a purposeful rather than haphazard manner.

370.1534 C318

Carrizales-Engelmann, Dianna; Feuerborn, Laura L.

Merrell's strong kids, grades 3-5 : a social & emotional learning curriculum

Baltimore, MD : Paul H. Brookes, 2016.

Subjects: Social learning. Child development. Emotional intelligence. Affective education.

Summary: Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 C318

Carrizales-Engelmann, Dianna; Feuerborn, Laura L.

Merrell's strong kids, grades 6-8 : a social & emotional learning curriculum

Baltimore, MD : Paul H. Brookes, 2016.

Subjects: Child development. Social learning. Emotional intelligence. Affective education.

Summary: Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 C318

Carrizales-Engelmann, Dianna; Feuerborn, Laura L.

Merrell's strong teens, grades 9-12 : a social & emotional learning curriculum

Baltimore, MD : Paul H. Brookes, 2016.

Subjects: Child development. Social learning. Emotional intelligence. Affective education.

Summary: Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 C455

Chandler, Amber

The flexible SEL classroom : practical ways to build social emotional learning in grades 4-8

New York, NY: Routledge, 2018.

Subjects: Affective education. Emotional intelligence—Study and teaching. Reflective teaching. Social learning—Study and teaching.

Summary: Help middle school students tackle daily challenges both in and out of the classroom. This title offers practical strategies for incorporating social emotional learning into your instruction so students can learn to successfully manage their emotions, set goals, build relationships, and make good decisions. Grounded in classroom experience, the author's advice can be adapted to suit different needs, so you can create a Flexible Classroom and reach all learners.

370.1534 C891

Cranston, Amy

Creating social and emotional learning environments

Huntington Beach, CA : Shell Education, 2020.

Subjects: Affective education. Emotional intelligence. Social learning.

Summary: This book defines SEL and digs into the real work of how to incorporate SEL in K-12 schools. It makes the connection between research and practical application. The real-life examples and testimonials of SEL in the classroom will help educators effectively implement SEL programming. Featured case studies demonstrate real-world applications of SEL in different types of K-12 learning environments. It addresses students' different interests and varied learning styles and features Mindful Moments that encourage understanding, learning, and reflection.

370.1534 E66

Erdelyi, Julie

Activities, games, and lessons for social learning : a practical guide

Thousand Oaks, CA : Corwin, 2020.

Subjects: Affective education. Creative activities and seat work. Social learning. Social skills—Study and teaching.

Summary: This book is an evidence-based resource that guides educators, specialists, and others

who work with children in implementing best practices for social learning. Whether used in the classroom, out-of-school programs, or the home, this collection of hands-on activities puts social learning theory into practice to help all children develop the social skills that support success in school and beyond. While educators understand the need for social-emotional learning, they quickly realize that this type of teaching is complex. Social-emotional learning is not typically addressed in teacher training programs, and when teachers realize the complexity involved, they often avoid this type of instruction as a result of feeling underprepared. This book responds to this need as well as to what many of today's teachers are finding—that increasing numbers of students are coming to school with much less innate social understanding than in earlier years. This book unpacks the complexities of social learning in three key areas: self-regulation, social communication, and perspective taking. For each of these three areas, readers will find a thorough discussion of the topic, followed by a corresponding set of ready-to-use activities that support explicit instruction and "learning by doing."

370.1534 F626

Flippo, Tara

Social and emotional learning in action : experiential activities to positively impact school climate

Lanham, MD : Rowman & Littlefield, 2016.

Subjects: Activity programs in education. Affective education. Experiential learning. Social learning.

Summary: Social and Emotional Learning in Action (SELA) is an easy to use sourcebook facilitated by teaching and/or counseling practitioners primarily in school settings. The pedagogical basis for these lessons are shaped around the research findings of the Collaborative for Academic, Social, and Emotional Learning (CASEL), indicating that the inclusion of social and emotional development programs positively affect academic achievement.

370.1534 F893

Frey, Nancy; Fisher, Douglas

All learning is social and emotional : helping students develop essential skills for the classroom and beyond

Alexandria, VA : ASCD, 2019.

Subjects: Affective education. Learning, Psychology of. Social learning.

Summary: Along with a toolbox of strategies for addressing 33 essential competencies, you'll find real-life examples highlighting the many opportunities for social and emotional learning within the K-12 academic curriculum. Children's social and emotional development is too important to be an add-on or an afterthought, too important to be left to chance. Use this book's integrated SEL approach to help your students build essential skills that will serve them in the classroom and throughout their lives.

370.1534 F893

Frey, Nancy; Fisher, Douglas

The social-emotional learning playbook : a guide to student and teacher well-being

Thousand Oaks, CA : Corwin, 2022.

Subjects: Affective education. Behavior modification. Classroom environment.

Summary: Social and emotional learning (SEL) is like any academic subject students learn in

school—their learning expands and deepens, year after year. As an educator, what can you do to support not only your students' well-being and SEL development, but your own? This book provides the language, moves, and evidence-based advice you need to identify and nurture social and emotional learning in yourself, your students, and your school. Sparking deep reflection and transformative growth, this highly interactive playbook profiles six tenets of social and emotional learning—building resilience, belonging and prosocial skills, emotional regulation, relational trust and communication, individual and collective efficacy, and community of care.

370.1534 G831

Gresham, Frank M.

Effective interventions for social-emotional learning

New York, NY : Guilford Press, 2018.

Subjects: Affective education. Emotional intelligence. Mindfulness (Psychology). Social interaction in children. Social learning.

Summary: This book reviews evidence-based, multi-tiered practices for promoting social-emotional learning (SEL) with typically developing students as well as those with special needs. The author describes how to systematically assess K-12 students' social skills and plan and implement universal, selected, and intensive interventions. His approach is grounded in cutting-edge research on social-emotional competencies and their role in adjustment and academic achievement.

370.1534 H236

Handbook of social and emotional learning : research and practice

New York, NY: Guilford Press, 2015.

Subjects: Social learning. Affective education.

370.1534 H241

Hankin, Vered; Omar Devorah

Talking treasure : stories to help build emotional intelligence and resilience in young children

Champaign, IL: Research Press, 2012.

Subjects: Resilience (Personality trait) in children. Emotional intelligence.

Summary: The ten stories in this book are timeless. Each one is followed by a Parent and Teacher EQ Guide to help children explore their inner thoughts and feelings. The guide includes questions and comments to provide insights about the meaning of the stories and raise relevant psychological issues, to help children think about how the stories apply to their lives and to sharpen their emotional intelligence. It also describes activities children can do so the themes of the stories are not only heard but also experienced.

370.1534 H249

Hansen, C. Bobbi

The heart and science of teaching : transformation applications that integrate academic and social-emotional learning

New York, NY : Teachers College Press, 2019.

Subjects: Academic achievement—Psychological aspects. Affective education. Emotions and cognition. Social learning. Student teachers—Training of.

Summary: This is the text that preservice teachers will take into practice and practicing teachers will turn to again and again to improve classroom culture and learning, with clear guidelines for essential SEL and academic linkages, a wealth of selective extensive teaching resources in multiple media and feedback from real teachers who have adopted this work in their classrooms.

370.1534 H694

Hoerr, Thomas R.

Taking social-emotional learning schoolwide : the formative five success skills for students and staff

Alexandria, VA : ASCD, 2020.

Subjects: Affective education. Emotional intelligence. School environment—Social aspects. Social learning.

Summary: Growing numbers of people recognize that social-emotional learning (SEL) is central to a well-rounded education and to success in life outside and beyond the school building. What's missing is the know-how and framework for weaving SEL into the fabric of the school.

370.1534 K17

Kapustka, Katherine; Bright, Sarah

Integrating social and emotional learning with content : using picture books for differentiated teaching in K-3 classrooms

New York, NY : Routledge, 2022.

Subjects: Affective education. Gifted children—Education (Elementary)—Curricula. Language arts—Correlation with content subjects. Picture books for children—Educational aspects.

Summary: This title builds a framework for creatively and effectively using picture books to integrate social and emotional learning (SEL) with teaching across content areas. Thoughtful book choices in mixed-ability early elementary classrooms have the power to not only support gifted students as they develop academically, but also provide an opportunity to address their unique social and emotional needs, such as asynchronous development and an early awareness of complex and challenging issues in their lives and the world at large. Picture books are an invaluable tool for this work because the characters, topics, and settings increasingly represent and celebrate the lived experiences of diverse student populations, supporting culturally responsive teaching. Packed with lesson plans, book lists and more, this book is perfect for teachers in gifted and mixed-ability classrooms as well as homeschooling parents looking to help their children make meaningful connections between their culture, languages, and lived experiences and the academic content and SEL skills they are being taught in the classroom.

370.1534 K92

Kress, Jeffrey S.; Elias, Maurice J.

Nurturing students' character : everyday teaching activities for social-emotional learning

New York, NY : Routledge, 2020.

Subjects: Character—Study and teaching. Classroom management—Psychological aspects. Education—Moral and ethical aspects. Emotional maturity. Moral education. Personality development. Social learning.

Summary: This book is an easy-to-use guide to incorporating social-emotional and character

development (SECD) into your teaching practice. The links are clear: elementary and middle school students have better odds of academic success if you nurture their social and emotional skills. Drawing on broad field experience and the latest research, this book offers intuitive techniques for infusing your everyday teaching and classroom management with SECD opportunities. With topics ranging from self-regulation and problem-solving to peer communication and empathy, these concrete strategies, practical worksheets, and self-reflective activities will help you foster a positive classroom culture.

370.1534 M159

McKown, Clark

Assessing students' social and emotional learning : a guide to meaningful measurement

New York, NY :W. W. Norton & Company, 2019.

Subjects: Affective education. Emotional intelligence. Psychological tests for children. Social learning.

Summary: An essential guide to using social and emotional assessment in support of teaching and learning. Assessing children's social and emotional learning skills is a critical and underappreciated element of all SEL programming. This book provides educators with practical information that they can use to clarify their assessment goals, identify viable assessment options that meet their needs, and understand and use assessment data to inform their practice and improve student outcomes.

370.1534 M989

Mussey, Season

Mindfulness in the classroom : mindful principles for social and emotional learning

Waco, TX : Prufrock Press Inc., 2019.

Subjects: Affective education. Mindfulness (Psychology).

Summary: This book introduces eight mindful principles that support social and emotional learning for teachers and students in today's schools, leading to increased empathy, kindness, self-awareness, integrity, self-control, and honesty. The book provides an introduction and theoretical overview of mindfulness, followed by a discussion of the eight mindful principles. Research-based evidence is presented alongside differentiated teaching activities and classroom examples, helping to bridge the gap from theory to practice. Larger implications for schools and society are also discussed, including a call to use these principles to teach the whole child.

370.1534 M989

Mussey, Season

Social-emotional learning through STEAM projects, grades 4-5

New York, NY : Routledge, 2022.

Subjects: Affective education. Arts—Study and teaching (Elementary)—Social aspects. Science—Study and teaching (Elementary)—Social aspects. Social learning.

Summary: This book helps educators target the development of social and emotional learning (SEL) competencies for high-ability learners through interdisciplinary, project-based inquiry. Aligned with STEAM content standards, each of the nine projects introduces students to a real-world problem through essential questions and the presentation of a primary source document. Both the content and inquiry process support SEL competencies, from self-awareness to self-management, social awareness, relationship skills, and responsible decision making. As students

work to understand and pose solutions to each problem, they gain the knowledge and practical skills needed to become more socially and emotionally competent individuals in their classroom communities.

370.1534 M995 OVERSIZE

My social and emotional learning foundations. I have feelings [kit]

New Rochelle, NY : Newmark Learning, 2016.

Subjects: Emotions—Juvenile literature. Reading (Primary).

Summary: MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: Titles: *My happy day — The day I felt sad — I was so mad — Don't worry, Mason — Are you scared, Jacob? — Jealous of Josie*. Grades: PreK, K, 1.

370.1534 P438

Perez, Kathy

The social-emotional learning toolbox: practical strategies to support all students

Baltimore, MD : Paul H. Brookes Publishing Co., 2022.

Subjects: Affective education. Behavior modification. Classroom environment.

Summary: Created by a seasoned educator with three decades of experience, this engaging, research-supported guidebook is filled with classroom-tested tips and techniques for teachers who want to begin integrating SEL practices into each part of their school day. You'll learn the fundamentals of designing effective classroom environments and lessons with easy-to-implement, inclusive SEL supports for every student, whether they have ongoing behavior and learning challenges or just need a little extra help. With engaging and unique strategies and numerous online printable tools and worksheets, you'll help your students reduce acting-out behaviors, strengthen relationships, and develop critical skills like self-discipline and empathy.

370.1534 R727

Rogers, Jennifer E.

Leading for change through whole-school social-emotional learning : strategies to build a positive culture

Thousand Oaks, CA : Corwin, 2019.

Subjects: Affective education. Emotional intelligence—Study and teaching. School improvement programs. School management and organizations. Social learning.

Summary: This book provides a framework for readers to begin their own implementation. It gives them an understanding of the current research on SEL and systems change and contains links to other resources to continue the process. It also provides questions to prompt reflection for change agents and their teams to consider during implementation. Finally, it provides the reader with real-world experiences. School teams can use the information to design professional development and track their progress. Tools to collect evidence of the decision-making process that schools have made during implementation will be integrated throughout the book.

370.1534 S768

Sprenger, Marilee

Social emotional learning and the brain : strategies to help your students thrive

Alexandria, VA : ASCD, 2020.

Subjects: Affective education. Brain. Cognitive neuroscience. Teacher-student relationships—Psychological aspects.

Summary: Brain expert Marilee Sprenger explains how applying neuroscience to social-emotional learning yields strategies that create supportive classroom environments and improve outcomes for all students.

370.1534 T169

Tantillo Philibert, Carla

Everyday SEL in early childhood : integrating social emotional learning and mindfulness into your classroom. Second edition

New York, NY : Routledge, 2022.

Subjects: Affective education. Emotional intelligence. Reflective teaching. Social learning—Study and teaching (Early childhood)

Summary: With this book, you'll gain practical strategies for teaching Social Emotional Learning (SEL), mindfulness, and well-being to help improve the human connection between you and your students. You'll find out how to lead students through mindfulness activities, simple yoga poses, and breath work techniques. Topics include mindful practices, well-being strategies to combat stress and anxiety, giving your students the space to understand their emotions and strengthen peer-to-peer communication, developing the foremost and essential SEL competencies, and engaging in experiential activities to strengthen SEL skills. The new edition reflects the latest CASEL guidelines and includes updated activities, as well as a brand new directory of terms, and an intentional focus on educators' and students' socio-emotional well-being.

370.1534 T169

Tantillo Phillibert, Carla

Everyday SEL in elementary school : integrating social-emotional learning and mindfulness into your classroom

New York, NY: Routledge, 2016.

Subjects: Social values—Study and teaching (Elementary). Mindfulness (Psychology). Social skills—Study and teaching (Elementary). Social learning. Affective education.

Summary: This book presents practical strategies for teaching social-emotional learning (SEL), mindfulness, and movement to help your elementary students maintain positive relationships, assume responsibility, become bodily aware, and grow into productive, contributing citizens. You'll find out how to lead students through games, simple yoga poses, breathing techniques, and other activities that are easy to incorporate and help you manage your classroom.

370.1534 T169

Tantillo Philibert, Carla

Everyday SEL in high school : integrating social emotional learning and mindfulness into your classroom. Second edition

Abingdon, Oxon, UK : Routledge, 2022.

Subjects: Affective education. Emotional intelligence. Reflective teaching. Social learning—Study and teaching (Secondary)

Summary: With this book, you'll gain practical strategies for teaching Social Emotional Learning (SEL), mindfulness, and well-being to help improve the human connection between you and your students. You'll find out how to lead students through mindfulness activities, simple yoga poses, and breath work techniques. Topics include mindful practices, well-being strategies to combat stress and anxiety, giving your students the space to understand their emotions and strengthen peer-to-peer communication, developing the foremost and essential SEL competencies, and engaging in experiential activities to strengthen SEL skills. The new edition reflects the latest CASEL guidelines and includes updated activities, as well as a brand new directory of terms, and an intentional focus on educators' and students' socio-emotional well-being.

370.1534 T169

Tantillo Philibert, Carla

Everyday SEL in middle school :

New York, NY : Routledge, 2016.

Subjects: Social values—Study and teaching (Middle school). Affective education. Social learning. Social skills—Study and teaching (Middle school). Mindfulness (Psychology).

Summary: This book presents practical strategies for teaching social-emotional learning (SEL), mindfulness, and movement to help your middle school students maintain positive relationships, assume responsibility, become bodily aware, and grow into productive, contributing citizens. You'll find out how to lead students through games, simple yoga poses, breathing techniques, and other activities that are easy to incorporate and help you manage your classroom.

370.1534 T866

Trujillo, Michelle L.

Start with the heart : igniting hope in schools through social and emotional learning

Thousand Oaks, CA : Corwin, 2019.

Subjects: Affective education. Self-consciousness (Awareness). Social learning. Teacher-student relationships. Teachers—Conduct of life.

Summary: In this book, the author shows how positive school culture is anchored in social and emotional learning as a way of being. She guides educators to explore their own SEL aptitudes, inspires school-wide investment in a philosophy of connection, and offers ample tools, strategies, and solutions for integrating five SEL competencies into schools. Jump start conscientious connections in your school community and create a foundation for trust that allows students and educators to feel appreciated, effective, and productive.

370.1534 W581

Whitcomb, Sara A.; Parisi Damico, Danielle M.

Merrell's strong start, Pre-K : a social & emotional learning curriculum

Baltimore, MD : Paul H. Brookes Publishing, 2016.

Subjects: Social learning. Child development. Affective education. Education—Social aspects. Emotional intelligence.

Summary: Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.1534 W581

Whitcomb, Sara A.; Parisi Damico, Danielle M.

Merrell's strong start, Grades K-2 : a social & emotional learning curriculum

Baltimore, MD: Paul H. Brookes Publishing, 2016.

Subjects: Child development. Social learning. Affective education. Education—Social aspects. Emotional intelligence.

Summary: Social-emotional competence is the foundation of school and social success. The *Strong Kids(TM)* series is the fun and easy way to help your students develop the social-emotional skills they need to manage their challenges and succeed in school and life.

370.158 L558

Lemov, Doug; Lewis, Hilary

Reconnect : building school culture for meaning, purpose, and belonging

Hoboken, NJ : Jossey-Bass, 2023.

Subjects: Affective education. Belonging (Social psychology). COVID-19 Pandemic, 2020- — Influence. Public schools. School environment. Social learning.

Summary: In this book, you'll find hands-on solutions to build or rebuild students' sense of shared work and community in an era of increasing isolation and disconnections.

371.1 B174

Balch, Tonya C.; Oliver, Brandie M.

Building great mental health professional-teacher teams : a systematic approach to social-emotional learning for students and educators

Bloomington, IN : Solution Tree Press, 2021.

Subjects: Affective education. School improvement programs. Students—Mental health services. Teachers—Professional relationships.

Summary: Teaching is no longer only about academics—it has become about educating the whole child. Practical and research-based, this resource empowers teachers, school counselors, psychologists, and social workers to harness their collective power to support learners in their social-emotional lives. Discover how to form teams, navigate group challenges, and collectively pave the pathway to meaningful, purposeful, and sustainable student success.

371.1024 C344

Cassetta, Gianna; Sawyer, Brook

Classroom management matters : the social-emotional learning approach children deserve

Portsmouth, NH: Heinemann, 2015.

Subjects: Inclusive education. Classroom management—Social aspects.

Summary: The classroom management strategy shared in this book shifts you away from professionally draining rewards-and-consequences systems that threaten children rather than connect with them. Instead of tips and techniques, the author presents a plan for explicitly teaching children how to be effective learners and accountable members of the classroom.

371.26 E42

Elias, Maurice J.; Ferrito, Joseph J.

The other side of the report card : assessing students' social, emotional, and character development

Thousand Oaks, CA: Corwin, 2016.

Subjects: Educational tests and measurements. Personality development—Evaluation.

Summary: Although parents and teachers spend more time in conferences talking about behavior than they do about rubrics and test scores, too many teachers are still guessing when it comes to using outdated behavior ratings and comments to describe the whole child. With this book, you'll take report cards to the next level, integrating social-emotional learning and character development into any grading system.

371.334 W814

Wiseman, Rosalind; Fisher, Douglas

The distance learning playbook for parents: how to support your child's academic, social, and emotional development in any setting

Thousand Oaks, CA : Corwin, 2021.

Subjects: Computer-assisted instruction. Distance education. Education—Parent participation. Internet in education. Parent-teacher relationships. Teacher-student relationships. Web-based instruction.

Summary: This bookengaging outlines supportive strategies for navigating virtual environments to ensure effective and impactful learning that aligns the needs and expectations of teachers, parents, and students alike.

371.358 D623

Djabrayan Hannigan, Jessica; Hannigan, John E.

SEL from a distance : tools and processes for anytime, anywhere

Thousand Oaks, CA : Corwin, 2021.

Subjects: Affective education. Behavior modification. Emotional intelligence—Study and teaching. Social learning.

Summary: The pandemic and subsequent switch to distance learning, combined with recent instances of racial injustice, have put a spotlight on the cracks in the practice of social and emotional learning (SEL). More than ever before, schools are shifting their focus and prioritizing SEL competencies- around the nation and the world. To easily and effortlessly build SEL into virtual, blended, or in-person environments, the authors have drawn together a collection of tools and processes for SEL that can be applied in any learning environment.

371.394 B436

Bellanca, James A.

Personalized deeper learning : blueprint for teaching complex cognitive, social-emotional, and digital skills

Bloomington, IN : Solution Tree Press, 2021.

Subjects: Individualized instruction. Machine learning. Self-managed learning.

Summary: Access simple yet powerful personalized learning plans that any teacher—regardless of grade, existing curriculum, or student load—can adapt, scale, and sustain. Achieve deep

learning with teaching strategies that foster students' cognitive, digital, and social-emotional learning (SEL) skills.

371.3943 M958

Mullen, Greg

Creating a self-directed learning environment : standards-based and social-emotional learning

Thousand Oaks, CA : Corwin, 2020.

Subjects: Constructivism (Education). Education—Standards. Self-managed learning.

Summary: Implementing new teaching practices can feel like juggling. This book shows you how to balance standards-based learning, social-emotional learning, and cognitive development and build realistic plans for success. With a flexible, three-tiered, visual framework designed for school-wide collaboration, it helps you build on your school's strengths and the potential of existing programs.

371.82694 P238

Parker, Don

Building bridges : engaging students at risk through the power of relationships

Bloomington, IN : Solution Tree Press, 2019.

Subjects: Affective education. Classroom management. Social skills in children—Study and teaching. Students with disabilities. Students with social disabilities. Teacher-student relationships.

Summary: Research shows that discipline problems are prevalent in schools and continue to be one of the greatest challenges in education. In this book, the author shows educators how to address this issue head-on. He shares an array of evidence-based strategies to build teacher-student relationships and create a welcoming learning environment that fosters student engagement, motivation, and achievement.

371.94 C784

Coplan, Robert J.; Rudasill, Kathleen Moritz

Quiet at school : an educator's guide to shy children

New York, NY: Teachers College Press, 2016.

Subjects: Children with social disabilities—Education. Bashfulness in children. Social interaction in children.

Summary: This book demystifies the latest research on shyness. It offers a comprehensive and accessible guide to everything teachers should know about shy children. Topics covered include how shyness develops in childhood, the unique challenges faced by shy children at school, and general strategies and specific techniques for improving shy children's social, emotional, and academic functioning at school. Despite an increase in research on shyness, shy children are still not well understood by teachers and other school personnel. This book offers research-based practices for creating safe and inclusive learning environments that will help shy students thrive.

371.94 K97

Kuypers, Leah M.

The zones of regulation : a curriculum designed to foster self-regulation and emotional control

Santa Clara, CA : Think Social Publishing, Inc., 2011.

Subjects: Behavior disorders in children. Children with disabilities—Education. Self-management (Psychology)—Study and teaching. Social skills—Study and teaching.

Summary: This curriculum's learning activities are presented in 18 lessons. To reinforce the concepts being taught, each lesson includes probing questions to discuss and instructions for one or more learning activities. Many lessons offer extension activities and ways to adapt the activity for individual student needs. The curriculum also includes worksheets, other handouts, and visuals to display and share. These can be photocopied from this book or printed from the accompanying USB drive.

371.95 F676

Fonseca, Christine

I'm not just gifted. Grades 4-7 : social-emotional curriculum for guiding gifted children

Waco, TX: Prufrock Press, Inc., 2015.

Subjects: Emotions in children—Study and teaching. Social skills in children—Study and teaching. Gifted children—Education.

Summary: This book includes ready-to-use lesson plans, worksheets, lists of resources, and more for easy teacher use.

372.1 K92

Kriete, Roxann; Davis, Carol

The morning meeting book. K-8. Third edition

Turner Falls, MA: Northeast Foundation for Children, Inc., 2014.

Subjects: Socialization—Study and teaching (Elementary). Interpersonal communication—Study and teaching (Elementary). Education, Elementary—Activity programs.

Summary: Promote a climate of trust, academic growth, and positive behavior by launching each school day with a whole class gathering. In the new 3rd edition of this essential text, you'll find: step-by-step, practical guidelines for planning and holding Responsive Classroom Morning Meetings in K-8 classrooms; descriptions of Morning Meeting in action in real classrooms; 100 ideas for greetings, sharing, activities, and messages: some tried-and-true and some new updated information on sharing; guidance on adapting meeting components for different ages and abilities, including upper grades and English Language Learners; and explanations of how Morning Meeting supports mastery of Common Core State Standards, 21st century skills, and core competencies enumerated by the Collaborative for Academic, Social and Emotional Learning (CASEL).

372.11024 P484

Petersen, Katia

Activities for building character and social-emotional learning. Grades 6-8

Minneapolis, MN: Free Spirit, 2012.

Subjects: Moral education (Middle school). Classroom management. Learning, Psychology of. School environment. Affective education. Middle school education—Activity programs.

Summary: Each book in this series contains hundreds of lesson plans to help teachers build attitudes of respect and caring, reduce problem behaviours, empower students to solve problems, and educate the whole child socially, emotionally, and academically. The lessons' literature-based connections allow teachers to "build in" rather than "add on" social-emotional learning (SEL) as part of the daily curriculum.

372.21 B452

Beloglovsky, Miriam; Daly, Lisa

Early learning theories made visible

St. Paul, MN: Redleaf Press, 2015.

Subjects: Education—Philosophy. Child development. Early childhood education.

Summary: With classroom vignettes and photographs, this book makes the works of Jean Piaget, Erik Erikson, Lev Vygotsky, Abraham Maslow, John Dewey, Howard Gardner, and Louise Derman-Sparks visible, accessible, and easier to understand. Each theory is defined - through engaging stories and visuals - in relation to cognitive, social-emotional, and physical developmental domains.

372.21 C561

Church, Ellen Booth

Getting to the heart of learning : social-emotional skills across the early childhood curriculum

Lewisville, NC : Gryphon House, Inc., 2015.

Subjects: Early childhood education—Activity programs. Education—Social aspects. Emotional intelligence. Social learning.

Summary: This book weaves social emotional learning into activities that support math, science, literacy and motor skills. Rather than adding in activities throughout the day, these explorations integrate social emotional learning across the curriculum through group involvement and building community.

372.37 S644

Smith, Connie Jo.; Hendricks, Charlotte M.

Growing, growing strong. 4, Social and emotional learning : a whole health curriculum for young children

St. Paul, MN: Redleaf Press, 2014.

Subjects: Health education (Preschool). Health education (Primary). School children—Health and hygiene—Study and teaching. Curriculum planning.

Summary: Activities for age 3 to Kindergarten.

372.374 M995 OVERSIZE

My social and emotional learning foundations. I get along with others [kit]

New Rochelle, NY : Newmark Learning, 2016.

Subjects: Interpersonal relations in children. Reading (Primary). Social interaction in children.

Summary: MySELF (Social Emotional Learning Foundations) helps children build social and emotional intelligence and literacy skills through shared reading of engaging texts that prompt discussions about real-world experiences. Child-centered themes support social and emotional growth, address Common Core Foundational Reading Skills Standards, and integrate family

involvement with classroom instruction. Stories are written from the first person perspective and center around a diverse group of relatable children. Real-world photos, high-quality illustrations, and delightful narrators aid in teaching social and emotional skills without a heavy-handed approach. Contents: Titles: *Thanks for sharing, Tommy — I can be kind — I show respect — That's not fair! — Charlie is responsible — Be honest, Jess*. Grades: PreK, K, 1.

372.374 W776

Winner, Michelle Garcia; Murphy, Linda K.

Social thinking and me [kit]

Santa Clara, CA : Social Thinking Publishing, 2016.

Subjects: Social interaction in children—Study and teaching. Social skills in children—Study and teaching. Social skills—Study and teaching.

Summary: Contents: Book 1. *Kids' guidebook to social emotional learning* — Book 2.

Thinksheets for social emotional learning.

372.623 D354

Delisle, Deborah S.; Delisle, James R.

Creating strong kids through writing. Grades 4-8 : 30-minute lessons that build empathy, self-awareness, and social-emotional understanding

Waco, TX: Prufrock Press Inc., 2019.

Subjects: Creative writing (Elementary education)—Study and teaching. Education, Elementary—Study and teaching. English language—Composition and exercises—Study and teaching (Elementary).

Summary: This book is a perfect resource for teachers seeking quick, ready-to-use writing lessons that encourage social and emotional growth, personal development, introspection, and innovative thinking in students.

372.86 A547

Anderson, Leigh; Glover, Donald R.

Building character, community, and a growth mindset in physical education : activities that promote learning and emotional and social development

Champaign, IL: Human Kinetics, 2017.

Subjects: Physical education for children. Physical education and training—Activity programs. Moral education (Elementary). Social learning.

Summary: This book offers more than 60 large-group warm-up activities, character-building activities, and team-building challenges. The book, which comes with a web resource, will help you prepare students for success in college and beyond.

615.85154 F263

Faulkner, Simon

Rhythmn to recovery : a practical guide to using rhythmic music, voice and movement for social and emotional development

London, England : Jessica Kingsley Publishers, 2017.

Subjects: Music therapy. Drum circles. Socialization.

Summary: Learn how to utilise rhythm and reflection in both therapeutic and educational settings with this practical guide. This book presents a model of practice with a proven track record for

social and emotional development, with examples of fun, interactive rhythmic exercises to use with both individuals and groups.

618.92852 H736

Holland, Melissa L.; Malmberg, Jessica; Gimpel Peacock, Gretchen

Emotional and behavioral problems of young children : effective interventions in the preschool and kindergarten years

New York, NY: Guilford Press, 2017.

Subjects: Kindergarten. Adjustment disorders in children. Preschool children—Mental health.

Summary: This book addresses the most frequently encountered emotional and behavioral problems in 3- to 6-year-olds. Strategies for collaborating with parents are emphasized.

Practitioners are taken step by step through assessing and treating conduct problems, anxiety and other internalizing problems, and everyday concerns involving toileting, eating, and sleep. User-friendly features include 36 reproducible parent handouts, assessment forms, and other clinical tools.

649.5 M224

Mainstone-Cotton, Sonia

Promoting young children's emotional health and wellbeing : a practical guide for professionals and parents

London, England: Jessica Kingsley Publishers, 2017.

Subjects: Emotional intelligence. Play therapy. Child development. Child psychology.

Summary: Positive wellbeing in a child's earliest years is known to influence their future development. This clear, informative book offers practical suggestions for those working with children aged 0 - 5, including games and activities designed to promote children's emotional health.

782.42083 R539

Ricketts, Amadee

Gentle hands and other sing-along songs for social-emotional learning

Minneapolis, MN : Free Spirit Publishing, 2018.

Subjects: Children's songs—Pictorial works—Texts. Children's songs.

Summary: Shake up your story time with these twelve sing-along songs based on classic tunes kids already know and love. This beautifully illustrated songbook teaches important social-emotional skills for everyday life. Favorite songs like "Frère Jacques" and "B-I-N-G-O" get turned on their heads with new, easy-to-remember lyrics offering lessons on how to manage anger, asking for help, what to do when you're afraid, being a good friend, when to use a quiet voice, and many others. Digital content includes downloadable sheet music for all songs.